## **Hospice Grief Support Groups Available to Attend Via Telephone**

Munson Healthcare Hospice Grief Support Groups are temporarily available to attend via conference call in place of in-person meetings. All groups and workshops remain free and open to the community. Dialin instructions are listed below.

Please call the Bereavement Office in advance at **800-252-2065** or email **HospiceBereavement@mhc.net** to RSVP and receive a passcode for joining your group:

Cadillac Home Health Support Group
 Tuesdays 11 am – 12:30 pm
 Call 231-213-0100, enter conference ID 21931# and passcode when prompted

Frankfort POMH Grief Support Group
 Fridays (Except 1st Friday each month) at 11:00 am
 Call 231-213-0100, enter conference ID 21932# and passcode when prompted

Gaylord Home Health Grief Support Group
 4th Friday each month at 11 am
 Call 231-213-0100, enter conference ID 21930# and passcode when prompted

Grayling Home Health Grief Support Group
 3rd Friday each month at 11 am
 Call 231-213-0100, enter conference ID 21930# and passcode when prompted

Houghton Lake Senior Center
 Grief Support Group (4th Thursday each month, 3:30 – 5 pm)
 10-Week Understanding Your Grief Workshop (Thursdays, Feb. 13 – April 16, 1:30 – 3 pm)
 Call 231-213-0100, enter conference ID 21930# and passcode when prompted

Kalkaska Memorial Grief Support Group
 1st Friday each month at 11 am
 Call 231-213-0100, enter conference ID 21930# and passcode when prompted

 Mancelona Senior Center 10-Week Understanding Your Grief Workshop Wednesdays at 1 pm, June 10 – July 29
 Call 231-213-0100, enter conference ID 21930# and passcode when prompted

Suttons Bay Grief Support Group
 2nd and 4th Monday each month at 11 am
 Call 231-213-0100, enter conference ID 21932# and passcode when prompted

Traverse City
 Hospice House Grief Support Group (1st and 3rd Monday each month at 10 am)

 Senior Center Grief Support Group (Tuesdays at 11 am)

Peninsula Library Grief Support Group (1st and 3rd Tuesday each month at 2 pm) Call **231-213-0100**, enter conference ID 21932# and passcode when prompted