

Summary: Several updates to Violent Restraints have been made; highlights include:

1. **New:** Violent Restraint order name that displays in **red** with a High Alert Face-to-Face reminder upon order selection.
2. **Chart Not Done option has been disabled** for the following nursing tasks:
 - a. Restraint Initiation.
 - b. Violent Restraint Care Plan.
 - c. Obtain Violent Restraint Order.
3. **New:** Enter/Obtain Violent Restraint Order notification frequency is generated based on Violent Restraint age requirements.
 - a. Providers are instructed to enter a Violent Restraint Order via an open/close chart alert.
 - b. Nurses are alerted to the Obtain Violent Restraint Order via a nursing task.
 - i. The Obtain Violent Restraint Order Task navigates to IView for required documentation of provider name and time.
4. **New:** Restraint Order Warning within the Restraint Monitoring Plan of Care Violent Patient form, prompting confirmation that the current Violent Restraint order meets time specifications based on patient's age.
5. **New:** System rule ensures that there cannot be duplicate or conflicting Restraint Orders at any time. When a second Restraint Order is entered, it will discontinue the previous order.

Additionally, Non-Violent Restraint Patient Plan of Care tasks updated to generate at a frequency of every 2 hours system wide.

Action required: Review the latest version of the Restraint education below.

When: April 16, 2024

Support: Help Desk at 231-935-6053

Restraint Types

Non-Violent Restraints are initiated to ensure the physical safety or medical treatment of a non-violent, non-self-destructive patient.

- Examples of situations where this type of restraint may be ordered:
 - Patients who are at risk of dislodging lines, tubes, drains, or other medical equipment.
 - Patients who are at risk for significant injury due to an underlying medical condition, where other interventions have failed to protect the patient from injury.
- Twice as Tough restraints do not imply the patient needs violent restraint orders.

Violent Restraints are initiated to manage violent or self-destructive behavior that jeopardizes the immediate safety of the patient, staff, or others.

- Violent restraints do not imply the need for Twice as Tough restraints.

Summary Restraint Documentation

Restraint Type	Restraint Initiation & Pathway Tasks	Provider Evaluation & Documentation	Restraint Monitoring and Plan of Care Tasks	Obtain Restraint Order Tasks		Restraint Discontinuation Debrief
Non-Violent	Upon Initiation	Within 24 hrs. of Restraint Application	Every 2 hrs.	Renewal Every 24 hrs.		Optional
Violent	Upon Initiation and with each new Restraint Order	Face to Face Required within 1 hr. of Restraint Application and prior to new Restraint Order every 24 hrs.	Every 15 min.	NEW Restraint Order		Required
				18 y/o +	Every 4 hrs.	
				9-17 y/o	Every 2 hrs.	
				Under 9 y/o	Every 1 hr.	

Restraint Orders

- The nurse immediately contacts the provider (Physician, PA, or NP) to evaluate and place the order.
 - If restraints have been applied prior to an order being obtained, due to urgent patient safety concerns, the RN describes the need for restraints, obtains the order for the specific restraint type(s) applied, and documents a Focus Note.

Note: When entering a verbal restraint order, enter the Provider's name and Verbal Order with Read Back. **Do NOT use Nurse Per Protocol.**

- Restraints Non-Violent or High Alert Restraints Violent order is entered.

The screenshot shows a search for 'restraint' in the EHR system. The search results list 'Restraints Non-Violent', 'Restraints Renewal Non-Violent', and 'High Alert Restraints Violent'. The 'High Alert Restraints Violent' option is selected. Below the search results, the order details for 'Restraints Non-Violent' are shown, including the start date/time (03/12/2024 1555) and the restraint type (4 Side Rails (1pt) | Mitt, LEFT (1 pt)). A dropdown menu is open, showing options for different restraint types and locations, with a note to 'HOLD CTRL KEY TO SELECT MULTIPLE'.

- Selection of the High Alert Restraints Violent order triggers a face-to-face notification reminder.



Restraint Documentation

- The **provider is required to evaluate** the patient within:
 - 24 hours of Non-Violent Restraint application.
 - **1 hour of Violent Restraint application with a face-to-face assessment, AND prior to new Restraint order every 24 hours.**
- Once the Restraint order is placed, a **Restraint Initiation task** generates to the Nurse. The task initiates documentation of the **Restraint Initiation** form.
 - Selection of the Restraint Initiation Pathway generates the Violent or Non-Violent Restraint Pathway form.

Restraint Initiation

The Restraint Initiation Date/Time indicates the beginning of an episode of restraints, and it is a contributing value for calculating the length of an episode of restraints.

Restraint Initiation Date/Time: [Date/Time Picker]

Restraint Initiation Pathway

Restraint Initiation Pathway

Non-violent restraints
 Violent restraints
 Seclusion (Behavioral Health unit)

Please update the patient's precautions to reflect restraints by checking "restraint."

Precautions (THIS visit only)

<input type="checkbox"/> None	<input type="checkbox"/> Elopement	<input type="checkbox"/> no heparin/heparin products
<input type="checkbox"/> Guard at bedside	<input type="checkbox"/> fall risk	<input type="checkbox"/> Pain pump
<input type="checkbox"/> latex sensitive	<input type="checkbox"/> insulin pump	<input type="checkbox"/> radium implant
<input type="checkbox"/> odor sensitive	<input type="checkbox"/> limb alert LLE	<input checked="" type="checkbox"/> restraint
<input type="checkbox"/> aspiration precautions	<input type="checkbox"/> limb alert LUE	<input type="checkbox"/> security risk
<input type="checkbox"/> behavioral health 1:1 monitoring	<input type="checkbox"/> limb alert RLE	<input type="checkbox"/> seizure precautions
<input type="checkbox"/> behavioral health close observation	<input type="checkbox"/> limb alert RUE	<input type="checkbox"/> suicide precautions
<input type="checkbox"/> behavioral health general	<input type="checkbox"/> neutropenic precautions	<input type="checkbox"/> swallowing precautions

Any selections in this field are only valid for this visit, until deselected and/or None is selected

Restraints for Nurses

Cerner FirstNet and PowerChart EDUCATION

- The **Restraint Patient Plan of Care** tasks generate the **Restraint Monitoring Violent or Non-Violent form** at defined time intervals, depending on the restraint type:
 - Non-Violent every 2 hours.
 - Violent every 15 minutes.

- Selection of **Yes, Restraints Still Needed**, within the Violent or Non-Violent Restraint form, opens the **Violent or Non-Violent Monitoring Plan of Care form**.

- The **Violent Restraint Plan of Care** form contains a **Restraint Order Warning**, prompting confirmation that the current Violent Restraint order meets time specifications based on patient's age.

7. The frequency and type of the **renewal or new order** is determined by the Restraint type and patient’s age (for Violent Restraints):

- Non-Violent Restraints **renewal order** is required every 24 hours.
- Violent Restraints **new order** is required with the following time frames:
 - Every 4 hours for adults 18+ years of age.
 - Every 2 hours for children and adolescents 9-17 years of age.
 - Every 1 hour for children under 9 years of age.

Note: A system rule ensures that there cannot be duplicate or conflicting Restraint Orders at any time. When a second restraint order is entered, it will discontinue the previous order.

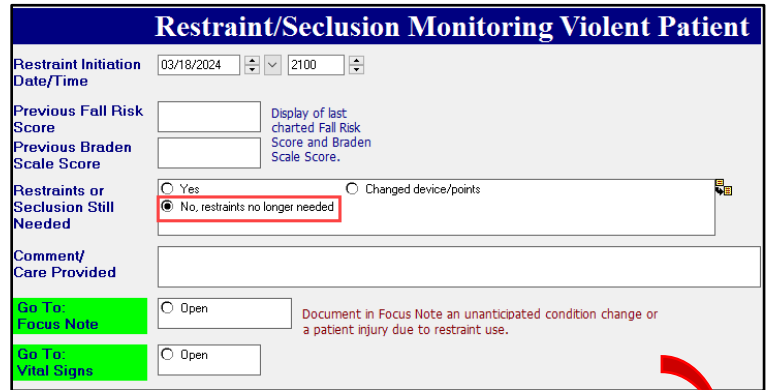
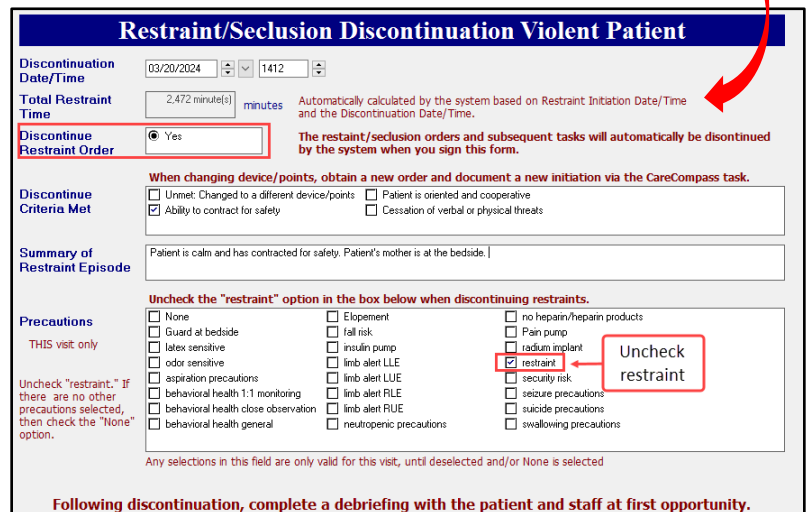
8. Enter/Obtain Violent Restraint notification frequency is generated based on Violent Restraint age requirements.

- **Providers** are instructed to enter a **Violent Restraint Order** via an **open/close chart alert**.
- **Nurses** are alerted to the Obtain Violent Restraint Order via a nursing task.
- The **Obtain Violent Restraint Order task navigates to IView** for required documentation of provider name and time.

Violent Restraint Order Task	
*Provider Notified	[]
*Time Provider Notified	[]
Notification Response Comments	[]

Restraint Discontinuation for Nurses

1. Select the **Restraint Monitoring** (Non-Violent or Violent) form from a task or from Ad Hoc.
 - **Select No, restraints no longer needed.**
2. The Restraint Discontinuation (Non-Violent or Violent) form will open.
 - **Uncheck restraints** from the Precautions field.
 - Upon signing the form, all restraint orders will be discontinued.

Note: Do NOT discontinue Restraints from the Orders page.

3. For **Violent Restraints**, complete the **Debrief task** generated to Nurses upon discontinuation.

Note: A temporary, directly supervised release that occurs for the purpose of caring for a patient's needs (e.g., toileting, feeding, or range of motion exercises) is **not considered a discontinuation of the restraint** because the staff member is present and is serving the same purpose as the restraint.

Note: Patients who expire within 24 hours of application of restraints, or who expire while restraints are in use, must be reported to Risk Management. CMS regulations mandate a report be submitted within 24 hours of the patient's death.