Membership Rates

Membership	Annual Pre-Pay	Semi-Annual Pre-Pay
Individual	$459 ($369)	$289 ($229)
Couple	$579 ($464)	$379 ($299)
Family	$749 ($599)	$419 ($334)

Short Term Rate Options	Week Pass	Month Pass
Individual	$59 ($49)	$89 ($69)
Couple	$89 ($69)	$169 ($139)
Family	$179 ($139)	$269 ($214)

Day Pass Rates	
Individual	$12 ($10)
Youth (must be accompanied by a paying adult)	$6

Individual: 18-59 years old **Couple:** Two individuals living in the same household
Family: Two individuals and minor (17 and under) dependents living in the same household

20% discount for:
(prices in parenthesis)

Seniors: 60 years and older

Students: 15-17 year olds and anyone with a current student ID.

Military and First Responders: Veterans, active-duty military, EMS, Fire and Police personnel with valid ID

Guidelines for Minors (17 years and younger)

Parent/Guardian must sign waiver on site prior to entry.

15-17 year olds may use facility, including cardio, weight machines, free weights, basketball and racquetball courts and group fitness classes. While direct parental supervision is not required, parents/guardians are responsible for the behavior of their children while at the facility.

12-14 year olds may use the facility, under constant adult supervision, with the exception of the free weight room. Parents/guardians are responsible for ensuring safe and proper use of equipment.

5-11 year olds may use the basketball and racquetball courts, and participate in group fitness classes under constant adult supervision. Parents/guardians are responsible for ensuring safe and proper use of equipment.

betsie fitness
Benzie County's Local Gym

BETSIE HOSICK HEALTH & FITNESS CENTER

MUNSON HEALTHCARE Paul Oliver Memorial Hospital