American Cancer Society Programs and Services Otsego Memorial Hospital

1.800.227.2345

Trained cancer information specialists are available 24 hours a day, seven days a week to answer questions about cancer, link callers with resources in their communities, and give information on local events.

www.cancer.org

This user-friendly site includes a cancer resource center with in-depth information on every major type of cancer, as well as an e-mail service to answer your cancer questions.

Personal Health Manager

Coping with cancer is an immense and complicated burden for cancer patients and their loved ones. The avalanche of information, numbers, forms, procedures, and specialized knowledge can be overwhelming. The Personal Health Manager Kit is an easy-to-use tool designed to help patients organize and keep track of appointments, medications, test results, insurance, bills, and various other logistical and practical details associated with cancer.

Cancer Survivors Network

The Cancer Survivors Network is a free online community created by and for people with cancer and their families. This online community is a welcoming, safe place for people to find hope and inspiration from others who have "been there."

Health Insurance Assistance Service

The Health Insurance Assistance Team assists cancer patients, survivors, constituents with symptoms, concerned family members and friends, and health professionals inquiring about health insurance-related issues on behalf of a constituent. This free service can be accessed by calling 1.800.227.2345.

Road To Recovery

If finding a ride is a problem for you, we may be able to help. The Road To Recovery program provides rides to and from treatment for people with cancer who do not have a ride or are unable to drive themselves. Volunteer drivers donate their time and the use of their personal vehicles, so patients can get to the treatments that they need. Please call **1.800.227.2345** at least **4 days prior** to the appointment. Road To Recovery is available Otsego, Crawford, and Cheboygan Counties however if you are in need and your county is not listed, the American Cancer Society may still be able to help. Please contact us for help in finding transportation resources.

Reach To Recovery

Reach to Recovery matches trained breast cancer survivor volunteers to breast cancer patients to create a peer support network to discuss breast cancer diagnosis and treatment.

Look Good...Feel Better

Look Good...Feel Better is a free program that teaches people who are in active cancer treatment ways to help them with appearance-related side effects. This program is offered jointly by the American Cancer Society, the Personal Care Products Council Foundation, and the National Cosmetology Association. Look Good...Feel Better classes are offered in Petoskey, Grayling, Alpena, Traverse City, and Charlevoix. Please call **1.800.227.2345** to register.

Hope Lodge (Nationwide)

The American Cancer Society Hope Lodge is a place where cancer patients and their families can find help and hope when home is far away. Each Hope Lodge offers cancer patients and their families a free, temporary place to stay when they are traveling for cancer treatment. Not having to worry about where to stay or how to pay for lodging allows Hope Lodge guests to focus on the most important thing: getting well. Michigan's Hope Lodge located in Grand Rapids.

Hotel Partners (Nationwide)

Traveling for cancer treatment and need a place to stay? For more information or to request lodging, please call *1.800.227.2345* for more information.

Wig Salon

The American Cancer Society establishes partnerships with local salons to provide free wigs to cancer patients. These salons donate their time to provide free wigs through our program. Please call the salon directly to set up an appointment. American Cancer Society Wig Salons near you:

- Gaylord
 - Allure Hair Salon & Day Spa, 720 S. Otsego Avenue, Gaylord, MI 49735 989.448.8882
- Alpena
 - o M3 Salon, 175 N State St. Suite M, Alpena MI 49707 989.356.4664
- Cheboygan
 - o *Bella Mia Salon*, 11523 N Straits Highway, Cheboygan MI 49721 231.627.3176
- Grayling
 - o Salon Rue, 402 James Street, Grayling, MI 49738 -989.348.8555
- Petoskey
 - o Salon Nouveau Vous, 438 East Lake Street, Petoskey MI 49770- 231.487.1991
- Traverse City
 - o Traverse City Beauty College, 920 Hastings Street, Traverse City, MI 49686 -231.929.0710