

Date:

Patient Name:

Date of Birth:

Cowell Family Cancer Center Distress Screening

Please check if you have experienced concerns with the following since being diagnosed with cancer:

Financial Concerns:

- Concerns with Transportation to and from Oncology Appointments
- Unable to afford Household Bills
- Unable to afford Medical Bills
- Lack of Medical Coverage or High Deductible/Copays
- Worried about Prescription Coverage for Oral Medications
- Other:

Comments:

Psychosocial Concerns:

- Concerns with Social Role (i.e., as a father, mother, partner, caregiver)
- Family Health Issues
- Feeling Dependent on Others
- Fear of Medical Procedures (needles, enclosed spaces, surgery)
- Managing Work/School
- Finding Community Resources Close to Home
- Changes in Body Image
- Communicating Diagnosis
- Fear or Worry about the Future
- Feeling Down, Depressed or Blue
- Thoughts of Ending your Life *
- Concerns for Being Harmed at Home *
- Spiritual/Existential Concerns
- Other:

Comments:

Medical Concerns:

- Need help with Daily Living Tasks
- Changes in Breathing
- Changes in Urination
- Fatigue
- Feeling Swollen
- Pain
- Skin Dry/Itchy
- Tingling in Hands or Feet
- Changes in Sexual Functioning
- Changes in Ability to Have Children
- Poor Concentration
- Difficulties with Sleep
- Substance Abuse
- Understanding Treatment Options
- Other

Comments:

Dietary Concerns:

- Constipation or Diarrhea (Changes in bowel movement color, frequency and/or form)
- Nausea/Vomiting
- Mouth Sores/Dry Mouth
- Taste/Smell Changes
- Early Satiety (feeling full quicker)
- Difficulties/Painful Chewing or Swallowing (specify)
- Poor Appetite lasting for the past two weeks or more
- Tube Feeling/TPN *
- Consuming liquid diet only *
- Consuming nutritional supplements only *

Comments:

**The following resources are available to all patients at Cowell Family Cancer Center.
Please indicate if you are interested in any of these services:**

- Social Work *Automatic Referral
- Financial Navigation
- Dietitian *Automatic Referral
- Palliative Care