

## Outpatient Orthopedics Quick Reference Guide

**Objective:** Ensure your ICD-10 success by documenting at the required level on future orders. Limit the use of unspecified diagnosis codes; drive for specificity when anatomy, etiology, or severity is known.

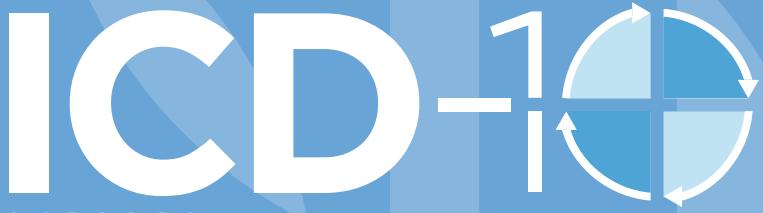
ICD-9 Codes Produced from Order	ICD-10 Code Equivalents of ICD-9 Codes	Requirements for ICD-10 Success
	Not Specific	Specific
717.9: Unspecified internal derangement of knee	M23.90: Unspecified internal derangement of unspecified knee	<ul style="list-style-type: none"> <li>• L laterality</li> <li>• Specific ligaments when applicable</li> </ul> <p>Type of Knee Derangement:</p> <ul style="list-style-type: none"> <li>• Chronic instability</li> <li>• Loose body</li> <li>• Meniscus</li> <li>• Old</li> <li>• Spontaneous disruption of ligament(s)</li> <li>• Other</li> </ul>
729.5: Pain in Limb	M79.609: Pain in unspecified limb	<ul style="list-style-type: none"> <li>• Lower or upper limb?</li> </ul> <p>Lower Limb Pain:</p> <ul style="list-style-type: none"> <li>• Ankle</li> <li>• Foot</li> <li>• Hip</li> <li>• Knee</li> <li>• Lower leg</li> <li>• Thigh</li> <li>• Toe</li> </ul> <p>Upper Limb Pain:</p> <ul style="list-style-type: none"> <li>• Axilla</li> <li>• Elbow</li> <li>• Finger</li> <li>• Forearm</li> <li>• Hand</li> <li>• Shoulder</li> <li>• Upper arm</li> <li>• Wrist</li> </ul>

### General Orthopedic Documentation Necessity:

- Type of osteoarthritis (primary vs secondary)
- Acuity of meniscus tears/dislocations
- Rotator cuff tears (complete vs incomplete)
- Type of fracture, specific location, and laterality

Please submit ICD-10 questions to [icd10help@mhc.net](mailto:icd10help@mhc.net).

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Specific ICD-10-CM Codes	
Code	Definition
Knee Derangements	
M23.52	Chronic instability of knee, left knee
M23.51	Chronic instability of knee, right knee
M23.42	Loose body in knee, left knee
M23.41	Loose body in knee, right knee
M23.011	Cystic meniscus, anterior horn of medial meniscus, right knee
M23.012	Cystic meniscus, anterior horn of medial meniscus, left knee
M23.021	Cystic meniscus, posterior horn of medial meniscus, right knee
M23.022	Cystic meniscus, posterior horn of medial meniscus, left knee
M23.031	Cystic meniscus, other medial meniscus, right knee
M23.032	Cystic meniscus, other medial meniscus, left knee
M23.041	Cystic meniscus, anterior horn of lateral meniscus, right knee
M23.042	Cystic meniscus, anterior horn of lateral meniscus, left knee
M23.051	Cystic meniscus, posterior horn of lateral meniscus, right knee
M23.052	Cystic meniscus, posterior horn of lateral meniscus, left knee
M23.061	Cystic meniscus, other lateral meniscus, right knee
M23.062	Cystic meniscus, other lateral meniscus, left knee
M23.211	Derangement of anterior horn of medial meniscus due to old tear or injury, right knee
M23.212	Derangement of anterior horn of medial meniscus due to old tear or injury, left knee
M23.221	Derangement of posterior horn of medial meniscus due to old tear or injury, right knee
M23.222	Derangement of posterior horn of medial meniscus due to old tear or injury, left knee
M23.231	Derangement of other medial meniscus due to old tear or injury, right knee
M23.232	Derangement of other medial meniscus due to old tear or injury, left knee
M23.241	Derangement of anterior horn of lateral meniscus due to old tear or injury, right knee
M23.242	Derangement of anterior horn of lateral meniscus due to old tear or injury, left knee
M23.251	Derangement of posterior horn of lateral meniscus due to old tear or injury, right knee
M23.252	Derangement of posterior horn of lateral meniscus due to old tear or injury, left knee
M23.261	Derangement of other lateral meniscus due to old tear or injury, right knee
M23.262	Derangement of other lateral meniscus due to old tear or injury, left knee
M23.311	Other meniscus derangements, anterior horn of medial meniscus, right knee
M23.312	Other meniscus derangements, anterior horn of medial meniscus, left knee
M23.321	Other meniscus derangements, posterior horn of medial meniscus, right knee

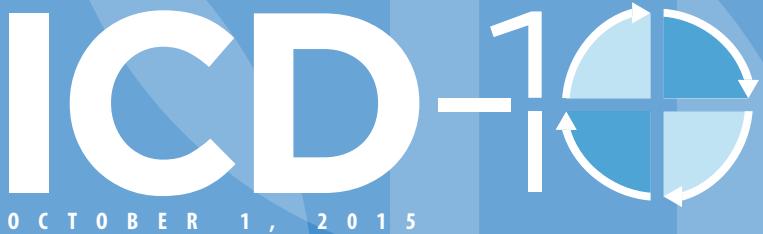
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Specific ICD-10-CM Codes	
Code	Definition
Knee Derangements - continued	
M23.322	Other meniscus derangements, posterior horn of medial meniscus, left knee
M23.331	Other meniscus derangements, other medial meniscus, right knee
M23.332	Other meniscus derangements, other medial meniscus, left knee
M23.341	Other meniscus derangements, anterior horn of lateral meniscus, right knee
M23.342	Other meniscus derangements, anterior horn of lateral meniscus, left knee
M23.351	Other meniscus derangements, posterior horn of lateral meniscus, right knee
M23.352	Other meniscus derangements, posterior horn of lateral meniscus, left knee
M23.361	Other meniscus derangements, other lateral meniscus, right knee
M23.362	Other meniscus derangements, other lateral meniscus, left knee
M23.611	Other spontaneous disruption of anterior cruciate ligament of right knee
M23.612	Other spontaneous disruption of anterior cruciate ligament of left knee
M23.621	Other spontaneous disruption of posterior cruciate ligament of right knee
M23.622	Other spontaneous disruption of posterior cruciate ligament of left knee
M23.631	Other spontaneous disruption of medial collateral ligament of right knee
M23.632	Other spontaneous disruption of medial collateral ligament of left knee
M23.641	Other spontaneous disruption of lateral collateral ligament of right knee
M23.642	Other spontaneous disruption of lateral collateral ligament of left knee
M23.671	Other spontaneous disruption of capsular ligament of right knee
M23.672	Other spontaneous disruption of capsular ligament of left knee
M23.8X1	Other internal derangements of right knee
M23.8X2	Other internal derangements of left knee
Limb Pain	
M25.511	Pain in right shoulder
M25.512	Pain in left shoulder
M25.521	Pain in right elbow
M25.522	Pain in left elbow
M25.531	Pain in right wrist
M25.532	Pain in left wrist
M25.551	Pain in right hip
M25.552	Pain in left hip
M25.561	Pain in right knee
M25.562	Pain in left knee

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Code	Definition
Limb Pain - continued	
M25.571	Pain in right ankle and joints of right foot
M25.572	Pain in left ankle and joints of left foot
M79.601	Pain in right arm
M79.602	Pain in left arm
M79.604	Pain in right leg
M79.605	Pain in left leg
M79.621	Pain in right upper arm
M79.622	Pain in left upper arm
M79.631	Pain in right forearm
M79.632	Pain in left forearm
M79.641	Pain in right hand
M79.642	Pain in left hand
M79.644	Pain in right finger(s)
M79.645	Pain in left finger(s)
M79.651	Pain in right thigh
M79.652	Pain in left thigh
M79.661	Pain in right lower leg
M79.662	Pain in left lower leg
M79.671	Pain in right foot
M79.672	Pain in left foot
M79.674	Pain in right toe(s)
M79.675	Pain in left toe(s)

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