

Munson Healthcare Press Conference



MUNSON HEALTHCARE

Today's Speakers

Tuesday, January 25, 2022

Christine Nefcy, M.D., FAAP, Chief Medical Officer, Munson Healthcare

Wendy Hirschenberger, M.P.H., C.P.H.A., Health Officer, Grand Traverse County Health Department

Lisa Peacock, M.S.N., M.P.H., R.N., WHNP-BC, Health Officer, Benzie-Leelanau District Health Department and Health Department of Northwest Michigan

Jennifer Morse, M.D., M.P.H., FAAFP, Medical Director, District Health Department #10

Dianne Michalek, Chief Marketing and Communications Officer, Munson Healthcare



Christine Nefcy, M.D., FAAP

Chief Medical Officer

Munson Healthcare

Current Data: COVID-19 in Michigan

State of Michigan **Cumulative Cases** **Increase**
 2,168,367 **44,142**

	CUMULATIVE CASES	CUMULATIVE DEATHS
MHC Regions	100,086	1,661
State of Michigan	2,168,367	31,539
USA	69,727,991	858,470
Global	349,641,119	5,592,266

State of Michigan Breakout

	CUMULATIVE CASES	CUMULATIVE DEATHS	DAILY CASES*	DAILY DEATHS*
Confirmed	1,905,639	29,226	39,372	36
Probable	262,728	2,313	4,770	1
TOTAL	2,168,367	31,539	44,142	37

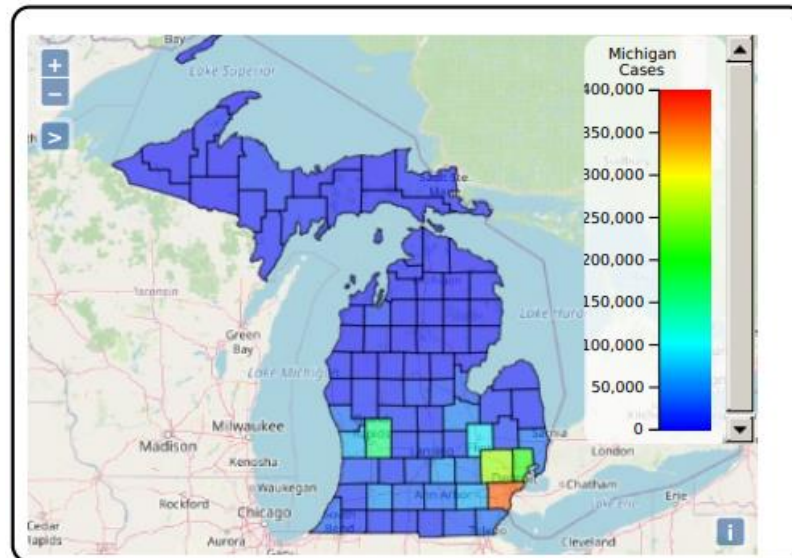
*Weekend State daily volume may be combined for Saturday and Sunday

State of Michigan Diagnostic Tests

	POSITIVE	NEGATIVE	TOTAL	% POSITIVE
YTD	2,371,630	19,337,870	21,709,500	10.9%
14 Day Avg	21,046	44,471	65,518	32.1%
1/23/2022	12,860	33,480	46,340	27.8%

State of Michigan Cases Per 100,000 Persons

	CUMULATIVE	LAST 14 DAYS
Confirmed	19,081	2,248
Probable	2,631	390
TOTAL	21,712	2,638



Current Data: COVID-19 in Northern Michigan

MHC Region **Cumulative Cases**
100,086 **Increase**
2,070

	CUMULATIVE CASES	CUMULATIVE DEATHS
MHC Regions	100,086	1,661
State of Michigan	2,168,367	31,539
USA	69,727,991	858,470
Global	349,641,119	5,592,266

MHC Region Breakout

	CUMULATIVE CASES	CUMULATIVE DEATHS	DAILY CASES*	DAILY DEATHS*
Confirmed	73,225	1,497	1,593	1
Probable	26,861	164	477	0
TOTAL	100,086	1,661	2,070	1

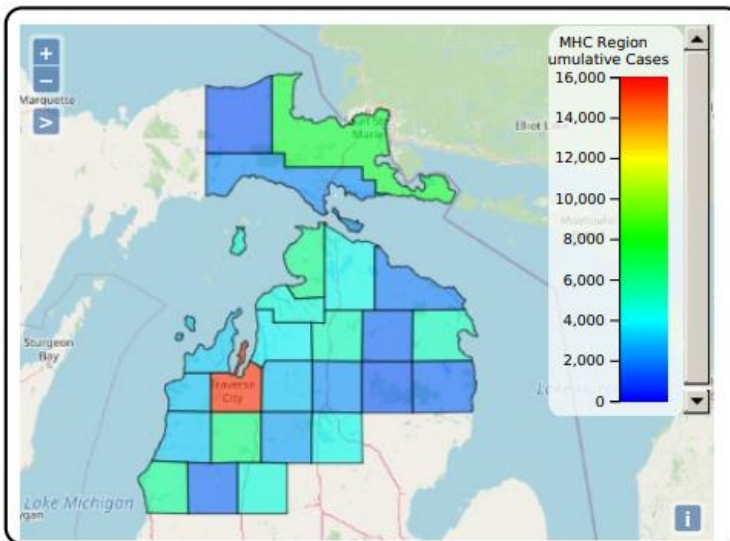
*Weekend State daily volume may be combined for Saturday and Sunday

MHC Region Diagnostic Tests

	POSITIVE	NEGATIVE	TOTAL	% POSITIVE
YTD	80,629	742,958	823,587	9.8%
14 Day Avg	570	1,528	2,098	27.2%
1/23/2022	529	1,308	1,837	28.8%

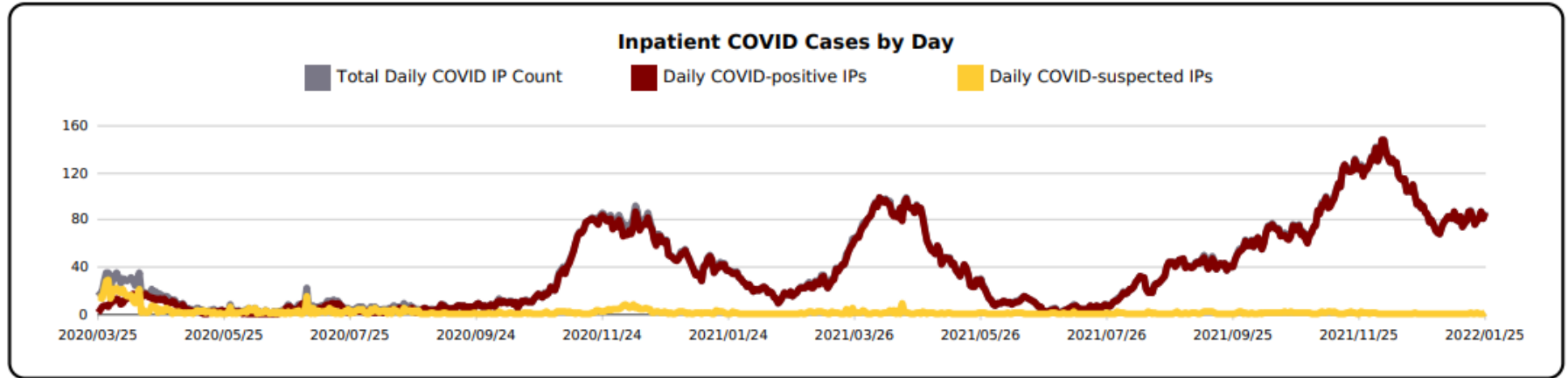
MHC Cases Per 100,000 People

	CUMULATIVE	LAST 14 DAYS
Confirmed	12,568	1,202
Probable	4,610	859
TOTAL	17,178	2,061



Munson Healthcare Hospitalization Trends

Updated: 01/25/2022

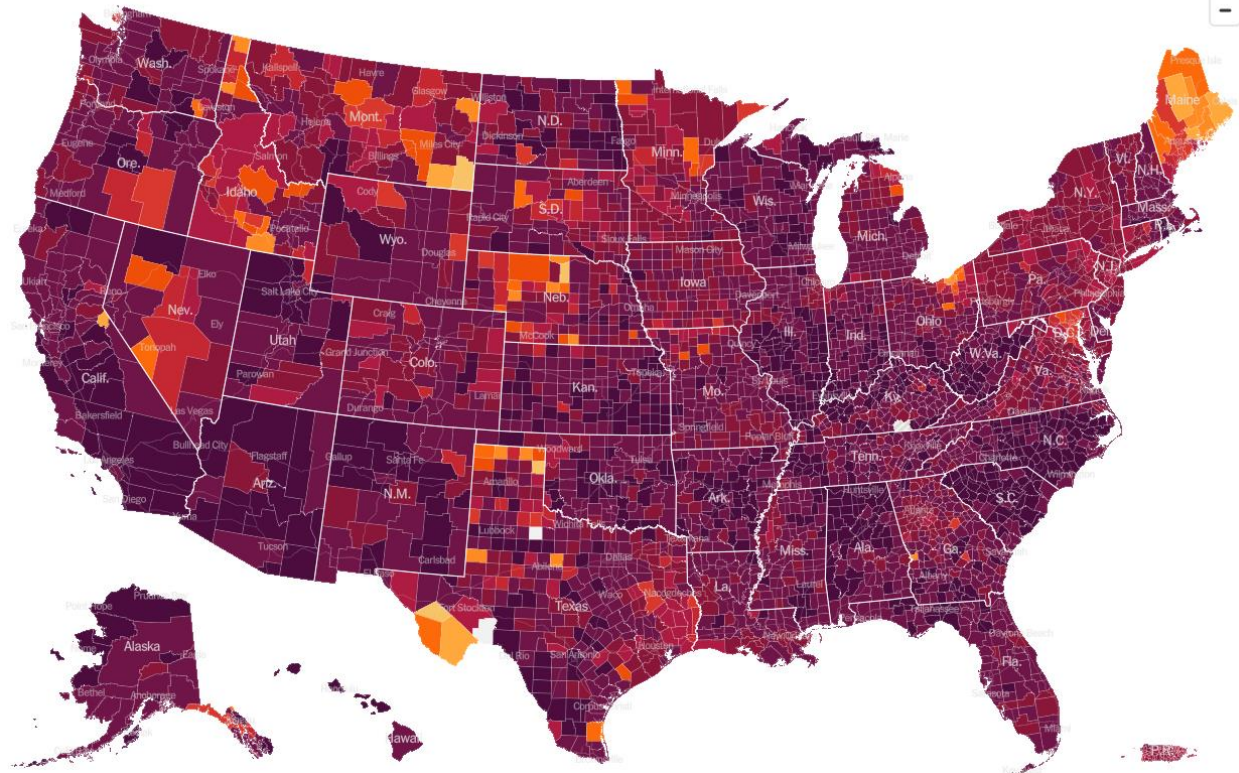


Hot spots

AVERAGE DAILY CASES PER 100,000 PEOPLE IN PAST WEEK

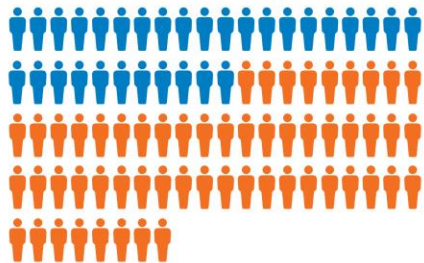
10 30 50 70 100 250

FEW OR MISSING DATA



COVID-19 Hospitalizations

January 25, 2022



88 Hospitalized

31 Vaccinated
(5 Boosted)

57 Unvaccinated

These numbers represent the number of patients who are hospitalized due to COVID-19 and not other reasons.



30 In the ICU

6 Vaccinated
(0 Boosted)

24 Unvaccinated

Of the total number of patients hospitalized for COVID-19, this represents how many are in an ICU and their vaccination status.



4 On Ventilator(s)

1 Vaccinated
(0 Boosted)

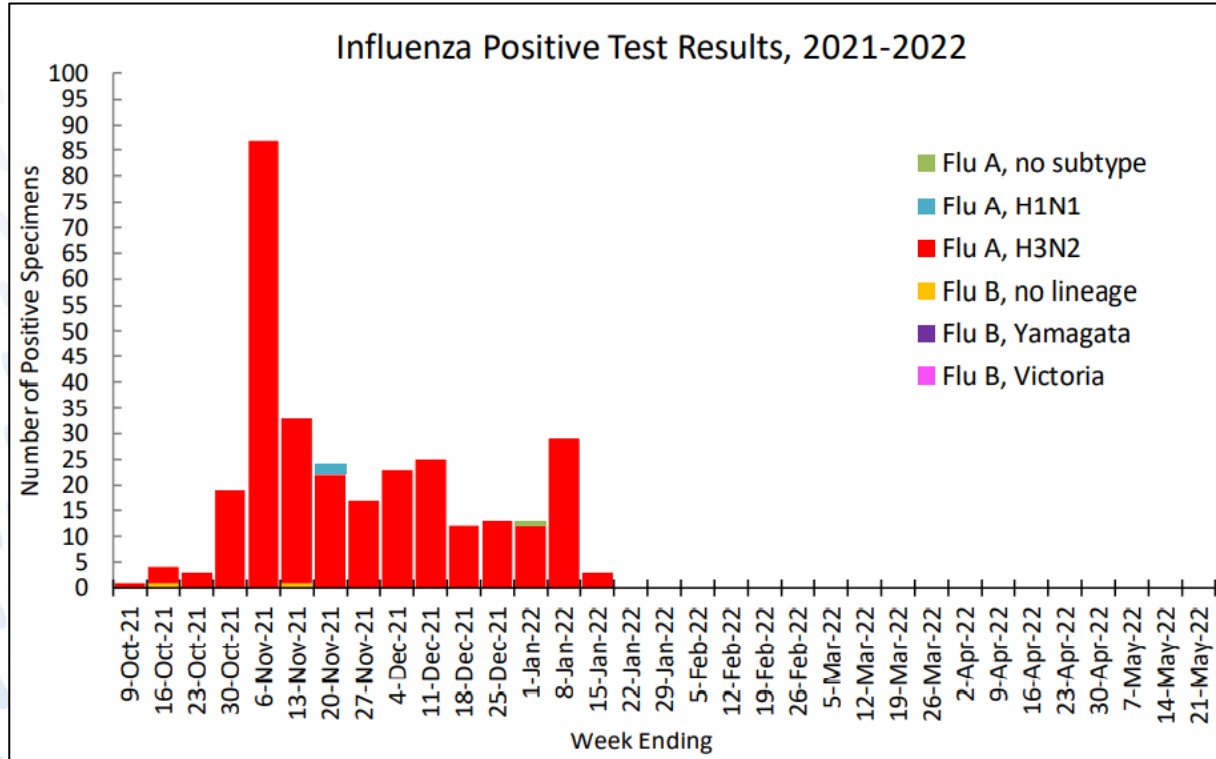
3 Unvaccinated

Of the total number of patients hospitalized for COVID-19, and in an ICU, this represents how many are on a ventilator and their vaccination status.



For more information, visit munsonhealthcare.org

Flu Cases in Michigan

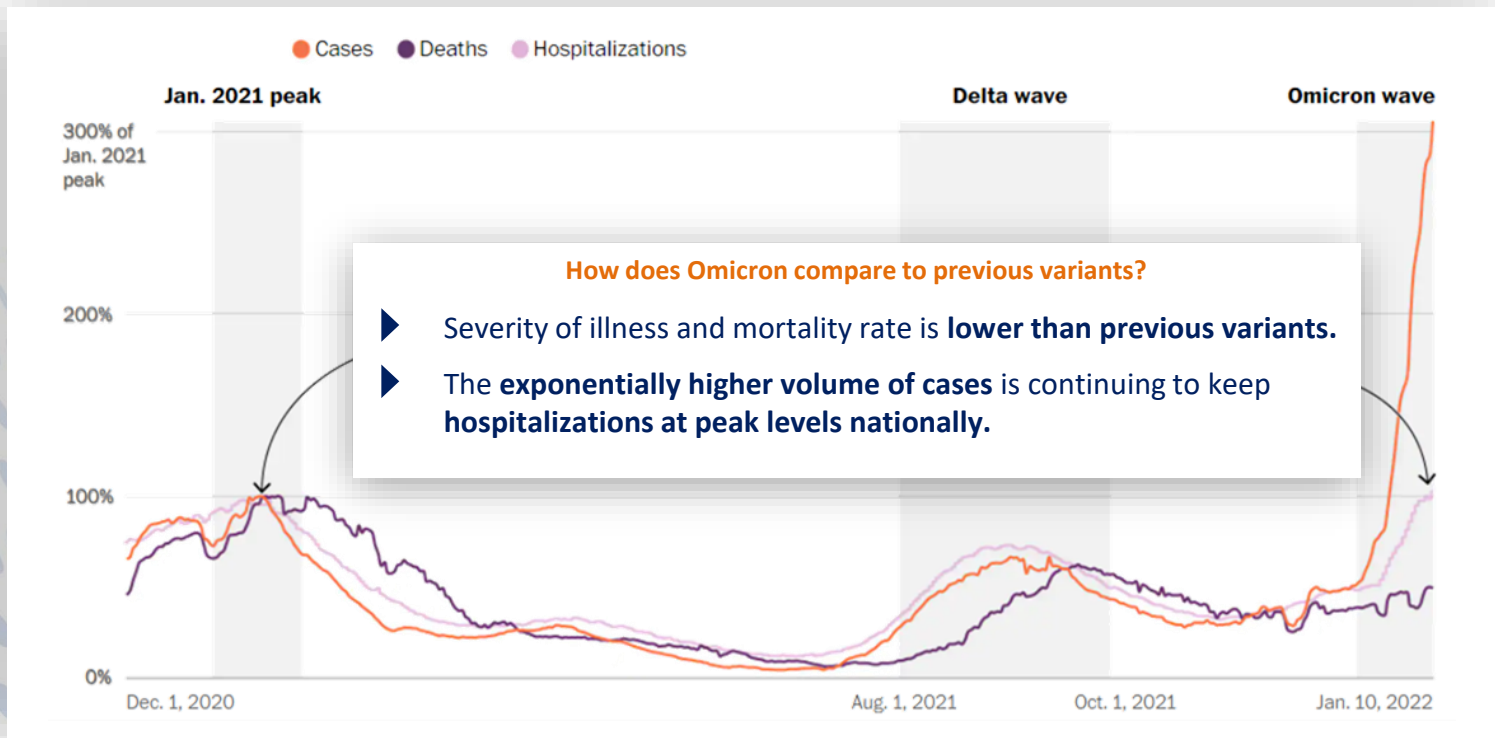


One flu outbreak in a school setting has been reported in northern Michigan.

Michigan Data (10/9/21 – 1/15/22)

Michigan.gov

Omicron volume continues to put hospitals at risk



Source: Department of Health and Human Services;
Johns Hopkins University; Washington Post

COVID-19 Treatment Options Remain Limited

Vaccination is Your Best Option to:

- Avoid COVID-19
- Avoid hospitalization
- Avoid serious illness

**Monoclonal Antibody treatment
demand exceeds current supply**

COVID-19 Infusion Treatment for Patients with Mild to Moderate Symptoms

If qualified, monoclonal antibody therapy for patients 12+ years must be administered within 10 days of the onset of symptoms.



Get free at-home COVID-19 tests

Every home in the U.S. is eligible to order 4 free at-home COVID-19 tests. The tests are completely free. Orders will usually ship in 7-12 days.

Order your tests now so you have them when you need them.

[Order Free At-Home Tests](#)

If you need a COVID-19 test now, please see [other testing resources](#) for free testing locations in your area.

www.covidtests.gov/





Health Department Updates



Grand Traverse County Health Department

Wendy Hirschenberger, M.P.H., C.P.H.A.
Health Officer

Grand Traverse County COVID-19 Case Numbers and Trends:

Grand Traverse County has climbed to its highest level of community transmission rate yet, with the weekly case rates doubling every 2 weeks since January 1, 2022.

- 1,042 newly identified cases and 1 death in last 7 days
- Average of 149 cases per day for the last 7 days
- Since 1/1/2022, 3,010 new cases have been reported
- The current 7 day average of cases has quadrupled since January 1, 2022
- Highest number new cases reported for 1 day at 219 new cases on January 17, 2022
- Percent Positivity: 28.7% (highest yet)
- Deaths rates have decreased in the past 2 weeks (3 total)

Grand Traverse County COVID-19 Case Numbers and Trends:

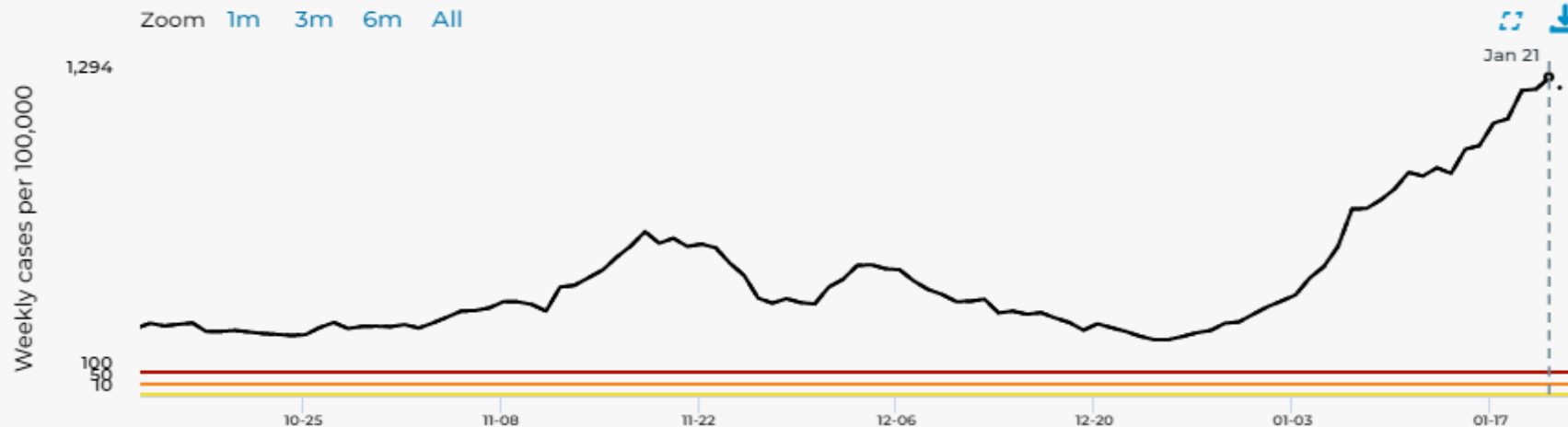
✓ **New Cases**
Jan 15 - Jan 21

1,294.5
weekly cases per
100,000 population

1,205
weekly cases



Weekly cases per 100,000
GRAND TRAVERSE COUNTY



CURBSIDE COVID-19 TESTING at 1320 Airport Access Road, Traverse City

<https://www.gtcountymi.gov/2496/COVID-19-Testing-Information>

- Currently, Monday- Friday, check scheduling link daily for openings
- Appointments are required and released on a rolling basis; check daily for new appointments
- All ages are welcome
- Curbside- remain in your vehicle and please wear a mask during testing
- Please bring a form of ID
- No cost
- No doctor's order needed
- Test results will be provided onsite (while those being tested remain in their vehicle)

VACCINATION CLINICS: This week

Ages 5-11 at the Main Health Department located at 2600 LaFranier Rd., Traverse City

- **Appointments are released Wednesdays at 10 am for the following week at www.gtcountymi.gov/2394**
 - First Doses: Wednesday 01/26 from 1:00 - 3:30 pm
 - Second Doses: (second doses are already prescheduled)

Ages 12+ at the Cherryland Mall Clinic (1700 South Garfield Ave)

- **Appointments are required and released on Wednesdays at 10 am www.gtcountymi.gov/2394**
 - Tuesday 01/25, Wednesday 01/26, Thursday 01/27, and Sunday 01/30
 - Times: 9 a.m. - 4:00 p.m.
- Pfizer, Moderna, and J&J offered (dose 1, dose 2s, and boosters).
- Check online at www.gtcountymi.gov/2211 for up-to-date clinic times.

VACCINATION CLINICS: Starting NEXT week (February 1st)

Cherryland Mall Clinic (1700 South Garfield Ave)

- Walk-ins only
- All ages welcome 5+ (5-17 must be accompanied by an adult)
- Pfizer, Moderna, and J&J offered (dose 1, dose 2s, and boosters).
- Check online at www.gtcountymi.gov/2211 for up-to-date clinic times.

SHIFTING CONTRACT TRACING and CASE INVESTIGATION PROCESS

- Due to significant case increases and more efficient spread of the COVID-19 omicron variant in Michigan and locally,
- Combined with waning public participation in contact tracing and case investigation,
- Grand Traverse County Health Department is shifting away from individual level contact tracing and case investigations to focus on high priority community groups and those in congregate settings.
- The health department asks that individuals who test positive for COVID-19 notify any and all potential close contacts to help mitigate the spread of COVID-19 in Grand Traverse County.
- This shift is consistent with state and other local health departments and will begin immediately.

KNOW YOUR ROLE IN PREVENTING THE SPREAD OF OMICRON

<https://www.gtcountymi.gov/2231/COVID-19-Novel-Coronavirus>

NEW - Updated Guidance from the CDC:

- [WHAT TO DO IF YOU TEST POSITIVE FOR COVID-19](#) - last updated 1/6/2022
- [WHAT TO DO IF YOU'RE EXPOSED TO SOMEONE WITH COVID-19](#) - last updated 1/6/2022
- [HOW TO COUNT QUARANTINE OR ISOLATION DAYS AFTER TESTING POSITIVE OR BEING EXPOSED TO COVID-19](#) - last updated 1/6/22

KNOW YOUR ROLE IN PREVENTING THE SPREAD OF OMICRON

<https://www.gtcountymi.gov/2231/COVID-19-Novel-Coronavirus>

WHAT TO DO IF YOU TEST POSITIVE FOR COVID-19

(AKA isolation guidance)

1. Start isolating yourself right away.
 - Stay home except to get medical care.
 - Stay away from everyone else in your household (stay in a separate room, use separate bathroom if possible, etc.).
 - Tell your employer you have COVID-19.
2. Think of the people you were around 48 hours before you developed symptoms or tested positive (whichever came first).
 - Tell them you tested positive so they can follow quarantine guidance.

"Resolving symptoms" means your symptoms have gotten noticeably better.


Some symptoms (like fatigue and loss of smell) may last a longer time. If you have questions, please call your medical provider to discuss.

CDC guidelines for the general population, regardless of vaccination status:
<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

3. On Day 5, do you have no symptoms or are your symptoms resolving?

- If **yes**, you can stop isolation on day 6. Continue to wear a well-fitting mask around others through day 10.
- If **no**, you should not stop isolation - continue isolating until symptoms resolve or 10 days have gone by since you tested positive or first developed symptoms. If you have a fever, continue to isolate until your fever goes away. If your symptoms are not resolving or are worsening, seek medical care.

See page 3 to see how to count days after testing positive

 A well-fitting mask is one that covers your nose and mouth and fits snugly on the sides. A surgical, KN95, or N95 mask is best.

Additional recommendations from the Grand Traverse County Health Department:

Taking these extra steps can further reduce your risk of spreading COVID-19 to others.

- If you end isolation on day 6, be more cautious through day 10. Limit being around others as much as you can.
- If you are often around vulnerable populations (e.g., immunocompromised or elderly people):
 - Consider continuing isolation for a full 10 days.
 - If you stop isolation after 5 days but before 10 days, take a rapid antigen test. If still positive, consider isolating for the full 10 days.

*These are guidelines for the general population. Certain settings like schools and health care facilities may have additional guidance.

WHAT TO DO IF YOU'RE EXPOSED TO SOMEONE WITH COVID-19

(AKA quarantine guidance/guidance for close contacts)

CDC guidelines for the general population:
Note: If you have had COVID-19 in the last 90 days, you do not need to quarantine if exposed.

See pages 3-4 to see how to count days after being exposed

If you...

- are fully vaccinated and have gotten a booster, **OR**
- got your 2nd dose of Pfizer or Moderna vaccine within the last 5 months, **OR**
- got your initial dose of Johnson & Johnson vaccine within the last 2 months, **OR**
- are under age 18 and completed your 2nd dose of Pfizer more than 14 days before exposure.

Then you should...

- Wear a well-fitting mask around others for 10 days.
- Get tested (PCR or rapid antigen) on day 5, if possible. If positive, follow isolation guidance.

*If you develop symptoms, avoid others and get tested (PCR or rapid antigen). If positive, follow isolation guidance. If negative, stay home until symptoms resolve. If symptoms worsen or change, follow up with your medical provider and consider getting another COVID-19 test.


If you...

- are not vaccinated, **OR**
- are over 18 and got your 2nd dose of Pfizer or Moderna vaccine more than 5 months ago and have not gotten a booster, **OR**
- are over 18 and got your initial dose of Johnson & Johnson vaccine more than 2 months ago and have not gotten a booster, **OR**
- are under age 18 and completed your 2nd dose of Pfizer less than 14 days before exposure.

Then you should...

- Stay home (quarantine) for 5 days. Then continue to wear a well-fitting mask around others for 5 more days.
- If you can't quarantine, you must wear a mask around others for 10 days. Keep activities to **essential** tasks only.
- Get tested (PCR or rapid antigen) on day 5, if possible. If positive, follow isolation guidance.

*If you develop symptoms, avoid others and get tested (PCR or rapid antigen). If positive, follow isolation guidance. If negative, stay home until symptoms resolve. If symptoms worsen or change, follow up with your medical provider and consider getting another COVID-19 test.

 A well-fitting mask is one that covers your nose and mouth and fits snugly on the sides. A surgical, KN95, or N95 mask is best.

Additional recommendations from the Grand Traverse County Health Department:

Taking these extra steps can further reduce your risk of spreading COVID-19 to others.

- In high-risk, congregate settings (like long-term care facilities, jails, etc.) or if you are often around vulnerable populations (e.g., immunocompromised or elderly people)
 - Consider staying home/quarantining for a full 10 days after exposure

*These are guidelines for the general population. Certain settings like schools and health care facilities may have additional guidance.

How to count quarantine or isolation days after testing positive or being exposed to COVID-19

IF YOU TEST POSITIVE

SUN	MON	TUE	WED	THU	FRI	SAT
You get a positive test result or start having COVID symptoms. Start isolation. Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Day 7	Day 8	Day 9	Day 10	Day 11	*Continue to wear a well-fitting mask when around others until Day 11	

GTCHD recommendation: If you're often around vulnerable populations (e.g., immunocompromised or elderly people), consider continuing isolation for a full 10 days. If doing this, Day 11 would be when you are done with isolation. If you are a healthcare worker, see the CDC "Managing Healthcare Personnel" guidelines for details regarding health care workers.

IF YOU'RE EXPOSED TO SOMEONE WITH COVID-19

And you...

- are fully vaccinated and have gotten a booster, **OR**
- got your 2nd dose of Pfizer or Moderna vaccine within the last 5 months, **OR**
- got your initial dose of Johnson & Johnson vaccine within the last 2 months, **OR**
- are fully vaccinated and under age 18, **OR**
- had a confirmatory positive COVID test in the last 90 days:

SUN	MON	TUE	WED	THU	FRI	SAT
You're exposed. Start wearing well-fitting mask around others. Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Day 7	Day 8	Day 9	Day 10	Day 11	Get tested on this day if possible. Masking is strongly recommended when around others.	

GTCHD recommendation: In high-risk, congregate settings (like long-term care facilities, jails, etc.) or if you are often around vulnerable populations (e.g., immunocompromised or elderly people), consider staying home/quarantining for a full 10 days after exposure. If doing this, Day 11 would be when you can stop quarantining. If you are a healthcare worker, see the CDC "Managing Healthcare Personnel" guidelines for details regarding health care workers.



**Benzie-Leelanau District Health Department
and
Health Department of Northwest Michigan**
Lisa Peacock, M.S.N., M.P.H., R.N., WHNP-BC
Health Officer

Benzie-Leelanau District Health Department and Health Department of Northwest Michigan

Guiding Principles

To prioritize **equity** in each of the following objectives.

01

Prevent death and severe outcomes

Prioritize uptake of vaccinations and booster doses.

Protect the most vulnerable

- ❖ Mitigate risks in congregate settings using all available tools.

Maximize early access to testing and therapeutics.

02

Protect health care capacity (from hospitals to first responders to LTFS)

Reduce community spread during a surge through all available tools.

Reduce severity of cases, need for ICU/ventilators through vaccines and therapeutics.

03

Keep vital infrastructure (schools, corrections) functioning, while planning for recovery

Establish a new normal at every phase of the pandemic.

- ❖ Utilizing all available tools and the concept of "risk budget".

Provide tools to the public to protect themselves.

- ❖ Including OTC testing and instructions for isolation and contact tracing.

Benzie-Leelanau District Health Department and Health Department of Northwest Michigan

- Changes to home test reporting
 - ❑ No longer necessary to report positive home test but may report if contact from health department staff needed.
- Public health resources shifting from individual case investigation/contact tracing to support most vulnerable and at risk for outbreak
 - ❑ Congregate living residents/staff, elderly, employers, schools
- Health department expanding resources for public through media, social media and dedicated information lines. Public health professionals still readily available to answer questions about your health, isolation or quarantine guidelines of close contacts.
 - ❑ HDNW call 1-800-386-5959
 - ❑ BLDHD email hotline@bldhd.org



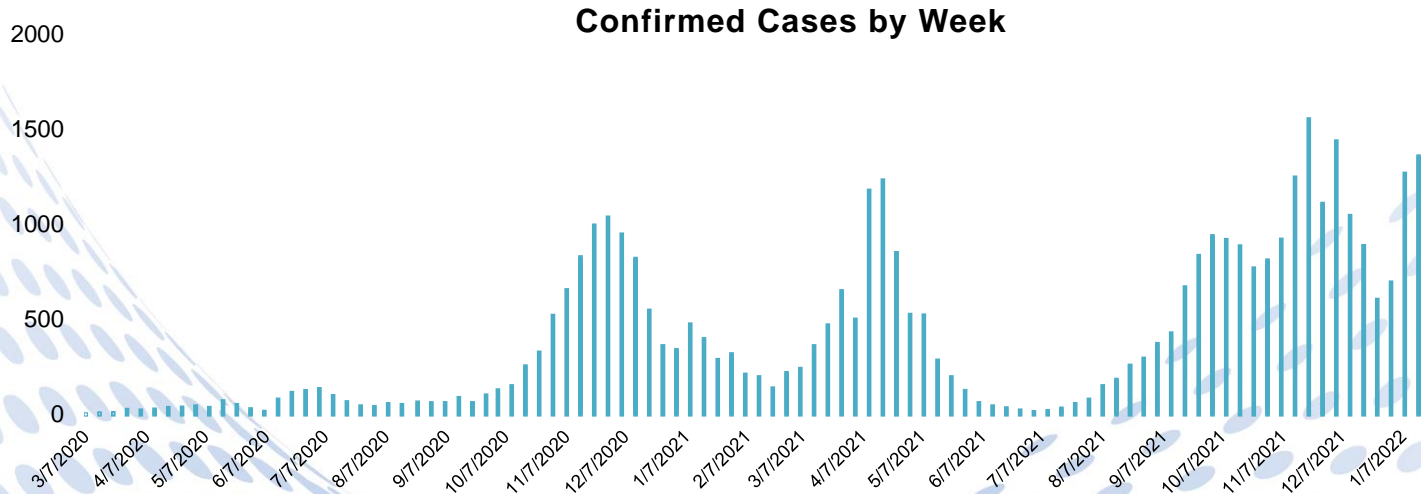
District Health Department #10

Jennifer Morse, M.D., M.P.H., FAAFP
Medical Director

District Health Department #10 COVID-19 Case Trends

Jennifer Morse, Medical Director

- Cases **increasing (+43.5%)**: January 8 -January 14 = **1252 cases**; January 15 - January 21= **1796 cases**
- Daily cases per million **increasing**: January 13= **826.9**; January 20= **908.2**
- Percent positivity **increasing**: January 13 = **23.6%**; January 20= **26.4%**



District Health Department #10 Community COVID-19 Testing Sites

Jennifer Morse, Medical Director

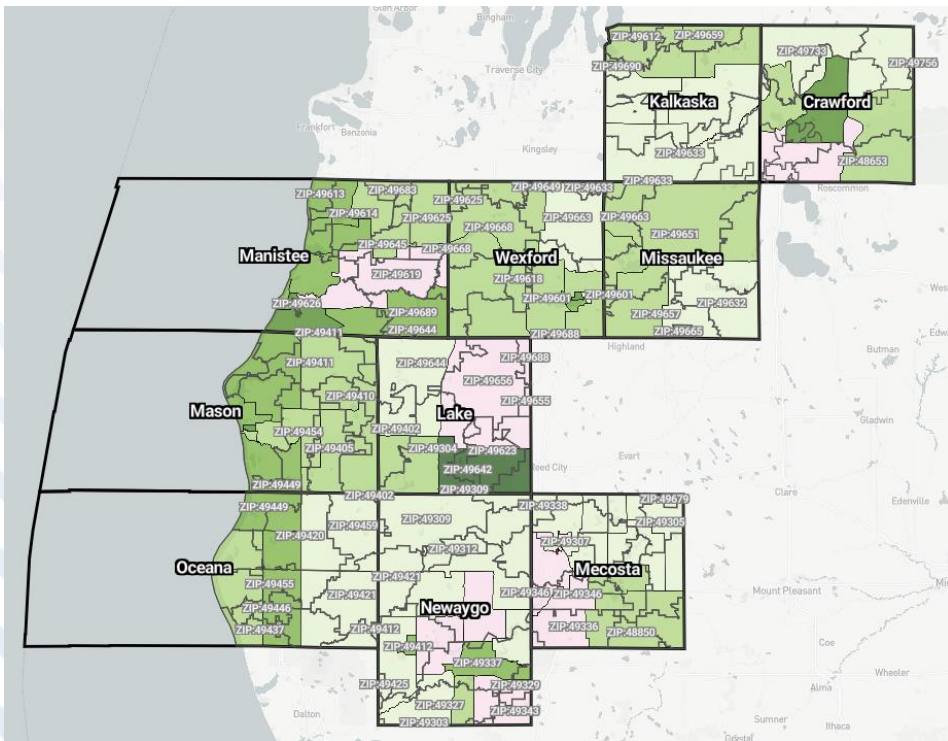
Current Testing Results

- **Big Rapids** (as of 1/14/22)
 - **2336 completed tests**
 - 659 (28.3%) positive
- **Kalkaska** (as of 1/16/22)
 - **3954 completed tests**
 - 1105 (28.1%) positive
- **Newaygo/NCRESA** (as of 1/14/22)
 - **3796 completed tests**
 - 1033 (27.4%) positive
- **Cadillac** (as of 1/14/22)
 - **988 completed tests**
 - 226 (22.9%) positive
- **Ludington** (as of 1/16/22)
 - **980 completed tests**
 - 229 (23.6%) positive
- **Hart** (as of 1/16/22)
 - **408 completed tests**
 - 107 (26.3%) positive

Implementation of a test site is being explored in **Manistee County**. For more information on these sites visit www.dhd10.org/events

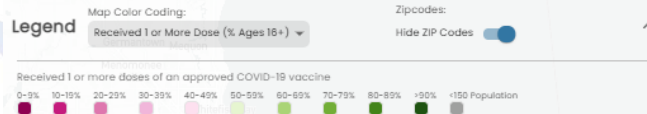
District Health Department #10 COVID-19 Vaccination Trends

Jennifer Morse, Medical Director



- **60.1%** of DHD#10 residents have **initiated** vaccination
- **54.9%** of DHD#10 residents have **completed** vaccination series
- Map shows vaccination rates among 16+ age group by zip code
 - Darker pink = lower vaccination rate
 - Darker green = higher vaccination rate

*Data as of 1/19/2022



District Health Department #10 Clinics & Information

Jennifer Morse, Medical Director

- Vaccination for **5–11-year-olds** began in early November at our clinics and by appointment: 15.2% of DHD#10 residents aged 5-11 years have initiated vaccination
 - Parents can schedule appointments for children at www.dhd10.org/schedule
 - Parent/Guardian must be present for vaccinating minors
 - COVID-19 vaccine widely available locally, and parents/guardians should go wherever works best for their family
- Home Test Report button available on our website: www.dhd10.org
- Numerous pop-up clinics scheduled – go to www.dhd10.org/events
- COVID-19 vaccine page: www.dhd10.org/covid-19-vaccine
- Coronavirus page: www.dhd10.org/coronavirus
- Sign up for Public Health Alerts at www.dhd10.org/subscribe



Thank you.
Questions?

Community Resources

www.vaccines.gov

211 Michigan

211 or 844-875-9211

www.mi211.org

Area Agency on Aging of Northwest Michigan (AAANM)

1-800-442-1713, 231-947-8920

info@aaanm.org

Senior hotline: 231-715-5557

Northwest Michigan Health Services

www.nmhsi.org

231-947-0351

Grand Traverse County Health Department

www.grandtraverse.org/2394

gtchd@gtcountymi.gov or 231-995-6111

Health Department of Northwest Michigan and Benzie Leelanau District Health Dept.

www.nwhealth.org

www.bldhd.org

District Health Department #10

covid@dhd10.org or www.dhd10.org

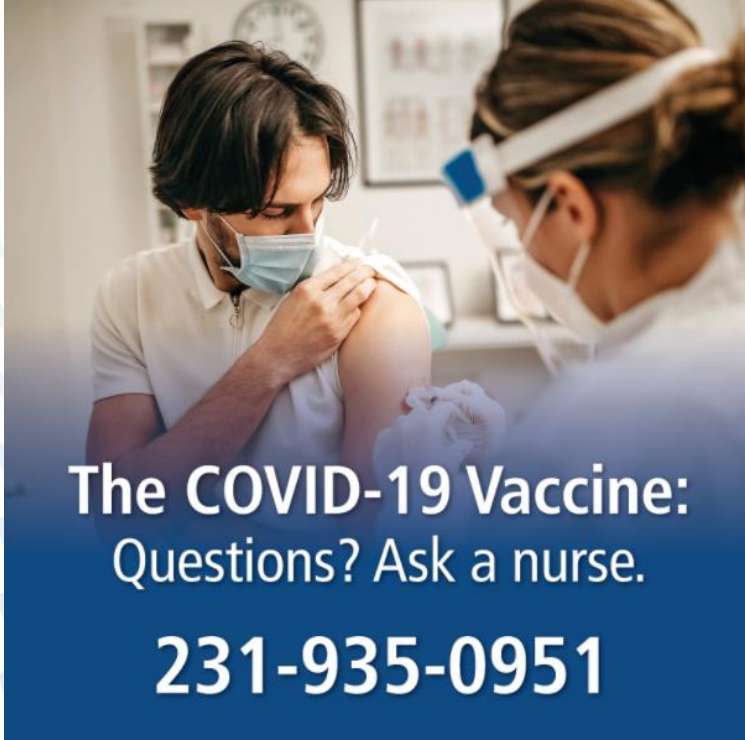
Sign up for Public Health Alerts
at www.dhd10.org/subscribe

COVID-19 Testing Resources

If You Have Symptoms, Get Tested

- Local Health Departments
- Primary Care Provider
- Walgreens and Rite-Aid
- www.michigan.gov/coronavirus
(Click Find a Testing Site)
- Michigan COVID-19 Hotline:
888-535-6136, Press 2
- Munson Healthcare Ask-A-Nurse Line:
231-935-0951





The COVID-19 Vaccine:
Questions? Ask a nurse.

231-935-0951



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munsonhealthcare.org/newsletter



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Instagram, Twitter, and YouTube



Visit us at munsonhealthcare.org