

# CARDIAC DIAGNOSTIC SUITE TEST REQUEST

Form #2278 (12/19)

Please mark facility where test is scheduled; please call the facility to make sure they do that particular test

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| <input type="checkbox"/> <b>Munson Medical Center</b><br>Cardiac Diagnostic Suite Scheduling<br>Office: 231-935-6370 Fax: 231-935-6451<br>Central Scheduling: 231-935-2812<br>Toll free: 877-484-4536 Fax: 231-935-3203 | <input type="checkbox"/> <b>Kalkaska Memorial Health Center (KMHC)</b><br>Scheduling: 231-258-7533<br><input type="checkbox"/> <b>Munson Healthcare Cadillac Hospital</b><br>Scheduling: 231-876-7352<br><input type="checkbox"/> <b>Munson Healthcare Grayling Hospital</b><br>Scheduling: 989-348-0380 | <input type="checkbox"/> <b>Munson Healthcare Manistee Hospital</b><br>Scheduling: 231-398-1114<br><input type="checkbox"/> <b>Paul Oliver Memorial Hospital (POMH)</b><br>Scheduling: 231-352-2260 |
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## YOU MUST BRING THIS FORM WITH YOU

PATIENT NAME	D.O.B.	APPOINTMENT DATE	APPOINTMENT TIME
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Information required for test:  
 Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Medications: \_\_\_\_\_

- Please report to Outpatient Registration 15 minutes prior to your scheduled appointment. **Bring this form with you.**
- If you are unable to keep your appointment, it is your responsibility to call and cancel or make arrangements for a new appointment.
- Please do not wear perfume, cologne, or scented lotions to your appointment; many staff and patients are fragrance sensitive.**
- If you have any questions regarding your medications please call your physician.
- Please bring a current list of your medications.**

TEST (Please schedule test)	PREPARATION (needed for this test)
<input type="checkbox"/> <b>EKG-Electrocardiogram (No need to schedule)</b>	No Prep
<input type="checkbox"/> <b>HOLTER MONITOR - (24 hr monitor)</b>	No Prep
<input type="checkbox"/> <b>AMBULATORY BLOOD PRESSURE MONITOR (24 hrs)</b>	No Prep
<input type="checkbox"/> <b>TREADMILL EXERCISE STRESS TEST</b>	Nothing to eat or drink 2 hrs before test.
<input type="checkbox"/> <b>TREADMILL EXERCISE STRESS TEST WITH OXIMETRY</b>	Nothing to eat or drink 2 hrs before test.
<input type="checkbox"/> <b>SAECG - Signal Average EKG</b>	No Prep
<input type="checkbox"/> <b>STRESS ECHO - Echo of heart before stress - exercise on a treadmill - echo of heart after exercise</b>	Nothing to eat or drink 2 hours before the test.
<input type="checkbox"/> <b>DOBUTAMINE STRESS ECHO (IV per CDS protocol)</b>	Nothing to eat or drink 4 hours before the test. Check with primary physician regarding withholding any medications. <b>BETA-blockers should be withheld day of testing and resumed following examination.</b>
<input type="checkbox"/> <b>2 D ECHO DOPPLER, COLOR, FLOW, MODE</b> <input type="checkbox"/> <b>3 D (ultrasound echo of the heart)</b>	No Prep
<input type="checkbox"/> <b>ECHO / DOPPLER / AIR CONTRAST (IV per CDS protocol)</b>	No Prep
<input type="checkbox"/> <b>ECHO and AMYL NITRATE</b>	No Prep
<input type="checkbox"/> <b>ECHO WITH CONTRAST AGENT (for LV opacification-IV per CDS protocol)</b>	No Prep
<input type="checkbox"/> <b>TEE (Transesophageal echocardiogram)</b> <input type="checkbox"/> <b>3 D</b>	Nothing to eat or drink 6 hours before testing. <b>You need to have a driver to drive you home after this test.</b>
*** <b>(NOTE: these tests need to be scheduled with Central Scheduling - see numbers above)</b> <input type="checkbox"/> <b>CARDIOLITE TREADMILL TEST</b> <input type="checkbox"/> <b>LEXISCAN CARDIOLITE STRESS TEST</b> <input type="checkbox"/> <b>ADENOSINE CARDIOLITE STRESS TEST</b>	Nothing to eat or drink 3 hours before testing. NO caffeine or caffeine containing products (including decaffeinated products) after midnight or at least 24 hours prior to test.
Billing diagnosis:	Referred by:

If test done at **Munson Healthcare Grayling Hospital**, please fax results to:

_____ Physician Signature	_____ Date	_____ Time
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## Cardiac Diagnostic Suite Exam Descriptions

In all exams electrodes will be applied on the patient's skin after abrading the area for conduction purposes. Exam times listed are all approximate.

**EKG:** (15 min)

12 views of electrical activity of heart muscle

**SAECG:** (30 min)

Detects conduction abnormalities of the heart

**HOLTER MONITOR:** (15 min)

24 hour recording of the heart beat

**BLOOD PRESSURE MONITOR:** (15 min)

24 hour recording of your blood pressure

**TREADMILL EXERCISE:** (1 hour)

Walk on a treadmill while EKG and blood pressure are monitored.

**TREADMILL EXERCISE WITH OXIMETRY:** (1 hour)

Same as treadmill and includes a monitor with a probe on an ear or finger.

This measures the oxygen saturation in the blood.

**CARDIOLITE TREADMILL:** (Approximately 4 hours)

This is a treadmill that requires an IV in your arm with an injection of Cardiolite (a radioactive isotope) and then scanned in Nuclear Medicine. This camera rotates across the chest taking pictures both at rest and after you exercise on the treadmill.

**ADENOSINE / LEXISCAN STRESS TEST:** (4 hours)

Same as Cardiolite treadmill except that an IV injection of Adenosine/Lexiscan is done at the time of exercise to stress the heart. Adenosine/Lexiscan dilates the blood vessels just as an exercise treadmill would. Used for patients unable to walk on the treadmill. If physically able, patient may be asked to walk on a treadmill at a low level. NO caffeine or caffeine containing products (including decaffeinated products) at least 24 hours before test.

**DOBUTAMINE STRESS ECHO:** (1 1/2 hour)

Exercise the heart with Dobutamine (medication) through an IV for the purpose of evaluating left ventricular cardiac function. Primary physician will instruct patient regarding withholding medications.

**Beta-blockers should be withheld day of testing and resumed following examination.**

**TWO D ECHO AND DOPPLER:** (45 min)

Ultrasound picture of the heart with audio of blood flow evaluation.

**STRESS ECHO:**

Echo of heart before stress exercise on a treadmill. Echo of heart after exercise.

**ECHO/AMYL NITRATE:**

During echo, doctor will have patient inhale medication (Amyl Nitrate). (45 min)

**Echo with Contrast Agent:** (45-60 min)

Contrast agents are used when standard imaging is suboptimal. Agents help to enhance visualization of the lining of the heart muscle within the heart. An IV is needed for this procedure.

**TEE:** (2 hours)

Physician will use scope inserted into esophagus to take ultrasound pictures of the heart.

Patient will have an IV inserted and a mild IV sedative may also be given.

**You have to have a driver to drive you home after this test.**