

Membership Rates

Betsie Hosick Health and Fitness Center is owned and operated by Paul Olivier Memorial Hospital

Membership Rate Options	Annual Pre-Pay (20% Discount)	Semi Annual Pre-Pay(20% Discount)
Individual¹	\$399 (\$319)	\$249 (\$199)
Couple²	\$499 (\$399)	\$329 (\$254)
Family³	\$649 (\$519)	\$359 (\$289)

¹Individuals: 18-59 years old

²Couple Two individuals living in the same household

³Family Two individuals and minor (17 and under) dependents living in the same household

Discounts and Special Rates

20% discount on memberships for:

SENIORS : 60 years and older

MILITARY & FIRST RESPONDERS: Veterans and active duty military and EMS, Fire, and Police personnel, with a valid ID.

STUDENTS: Anyone with a valid student ID

POMH PHYSICAL THERAPY, CONTINUED CONDITIONING & PT EXTENSION PATIENTS: POMH physical therapy patients and individuals who completed Continued Conditioning or the Physical Therapy Extension Program with referral.

Guidelines for Minors (17 years and younger)

Parent/Guardian signature required for entry

15-17 year olds may use the facility, including cardio, weight machines, free weights, basketball and racquetball courts, and group fitness classes. While direct parental supervision is not required, parents are responsible for the behavior of their children while at the facility.

12-14 year olds may use the facility, under constant adult supervision, including the appropriate cardio, machine weights, basketball and racquetball courts (No free weight area access). They may participate in group fitness classes with an adult. Parents are responsible for ensuring safe and proper use of equipment.

5-11 year olds may use the facility, under constant adult supervision, may use the basketball and racquetball courts, and participate in scheduled classes with an adult.

Monthly Payment Option (20% Discount)

Individual ¹	Couple ²	Family ³
\$39 /month*	\$49 /month*	\$59 /month*
(\$29/month*)	(\$39/month*)	(\$49/month*)

*Membership fee is auto deducted monthly via credit card. Requires 30 days notice to cancel.

BETSIE HOSICK HEALTH & FITNESS CENTER

 **MUNSON HEALTHCARE** Paul Oliver Memorial Hospital