Is it a heart attack?
Look for these signs.

- Shortness of breath
- Tingling or discomfort in arms, back, neck, shoulder or jaw
- Chest pain
- Nausea or vomiting
- Severe weakness
- Extreme fatigue
- Heartburn-like feeling
- Cold sweat

Having Symptoms? Call 911.

If you or someone you know is having symptoms of a heart attack, call 911 immediately.

- Life-saving care can begin immediately in the ambulance.
- The ambulance will alert the hospital and your heart team will be waiting.
- Do NOT drive yourself to the hospital.

When in doubt, call 911. Every second counts.

Care for your amazing heart.