



General Guidelines:

- “Constant adult supervision” is defined as having a line of sight on your children at all times.
- Parents are responsible for proper use of equipment and any damages that occur.
- All youth using the facility must have a fitness center membership or pay a day rate.
- Youth <15 may not be left unattended anywhere in the facility, including in the Loft when scheduled classes are not in session.
- To guarantee availability, call ahead to reserve the basketball and/or racquetball court.
- Youth <14 are encouraged to use the restroom in the lobby vs. the locker room.
- All rules must be observed and the equipment used properly to maintain privileges.

Youth Younger than 5 Years Old

Under constant adult supervision, youth may use the basketball and racquetball courts and The Loft.

Youth 5 Years – 12 Years Old

Under constant adult supervision, youth may use the basketball and racquetball courts, participate in scheduled Loft programming, or participate in scheduled classes with an adult.

Youth 12 Years - 14 Years Old

Under constant adult supervision, youth may use the facility, including the appropriate cardio, machine weights, basketball and racquetball courts (No free weight area access). They may participate in group fitness classes with an adult. Parents are responsible for ensuring safe and proper use of equipment.

Youth 15 Years - 17 Years Old

Youth 15 years and older may use the facility, including cardio, weight machines, free weights, basketball and racquetball courts, and group fitness classes. While direct parental supervision is not required, parents are responsible for the behavior of their children while at the facility.

By signing this policy, you agree to the Terms and Conditions above.

Guardian Name (Print) _____

Date _____

Guardian Name (Sign) _____

Thank you for helping to maintain a safe facility for everyone.