



Youth Younger than 12 Years Old

Youth younger than 12 years old are not permitted to use the facility, with the exception of group programming designed specifically for this age group. Check with a BHHFC staff member to confirm which group classes are appropriate.

Youth 12 Years - 14 Years Old

Under constant adult supervision, youth may use the facility, including the appropriate cardio, machine weights, basketball and racquetball courts. Parents are responsible for ensuring safe and proper use of equipment. They may participate in group fitness classes with their parents. **No free weight area access.**

Youth 15 Years - 17 Years Old

Youth 15 years and older may use the facility, including cardio, weight machines, free weights, basketball and racquetball courts, and group fitness classes. While direct parental supervision is not required, parents are responsible for the behavior of their children while at the facility.

Youth using the facility must have a fitness center membership. All rules must be observed and the equipment used properly to maintain privileges!

By signing this policy, you agree to the Terms and Conditions above.

Guardian Name (Print) _____

Date _____

Guardian Name (Sign) _____

Thank you for helping to maintain a safe facility for everyone.