Know Your Medications

What I Need to Know About Each Medication

• What is the name of each medication?
• What is it for?
• How much should I take, and when?
• How should I take it? With food?
• How long should I take it?
• What should I do if I miss a dose?
• Are there any side effects?
• What should I do if I have side effects?
• Is it safe to take with other medication I am taking, including over-the-counter medications, herbs, and vitamins?
• What food, beverages, or activities should I avoid while taking it?

List your Allergies, Sensitivities, & Reactions here:

www.drugs.com
www.safemedication.com
### Current Prescription medications:
<table>
<thead>
<tr>
<th>Name</th>
<th>Dose</th>
<th>Frequency</th>
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Pneumonia Vaccination Received:  
(month/year) __________________________

Influenza Vaccination Received:  
(month/year) __________________________

Tetanus Vaccination Received:  
(month/Year) __________________________

### Routine “Over-the-Counter” Medications:
-________________________________________________________________________________________
-________________________________________________________________________________________
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