

Munson Healthcare Press Conference



MUNSON HEALTHCARE

Today's Speakers

Tuesday, February 8, 2022

Christine Nefcy, M.D., FAAP, Chief Medical Officer, Munson Healthcare

Wendy Hirschenberger, M.P.H., C.P.H.A., Health Officer, Grand Traverse County Health Department

Lisa Peacock, M.S.N., M.P.H., R.N., WHNP-BC, Health Officer, Benzie-Leelanau District Health Department and Health Department of Northwest Michigan

Jennifer Morse, M.D., M.P.H., FAAFP, Medical Director, District Health Department #10

Dianne Michalek, Chief Marketing and Communications Officer, Munson Healthcare



Christine Nefcy, M.D., FAAP

Chief Medical Officer
Munson Healthcare

Current Data: COVID-19 in Michigan

State of Michigan **Cumulative Cases**
2,306,153 **Increase**
11,104

	CUMULATIVE CASES	CUMULATIVE DEATHS
MHC Regions	107,808	1,736
State of Michigan	2,306,153	32,911
USA	75,725,243	893,870
Global	394,381,395	5,735,179

State of Michigan Cases Per 100,000 Persons

	CUMULATIVE	LAST 14 DAYS
Confirmed	20,218	1,136
Probable	2,874	243
TOTAL	23,092	1,380

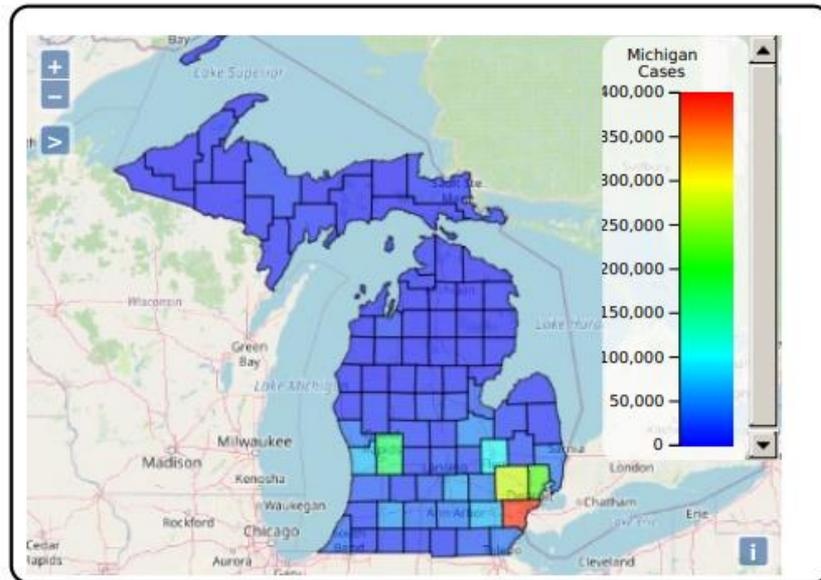
State of Michigan Breakout

	CUMULATIVE CASES	CUMULATIVE DEATHS	RECENT CASES*	RECENT DEATHS*
Confirmed	2,019,119	30,417	9,898	38
Probable	287,034	2,494	1,206	0
TOTAL	2,306,153	32,911	11,104	38

*Cases and deaths since previous report from State of Michigan

State of Michigan Diagnostic Tests

	POSITIVE	NEGATIVE	TOTAL	% POSITIVE
YTD	2,477,798	19,695,488	22,173,286	11.2%
14 Day Avg	8,151	27,469	35,621	22.9%
2/6/2022	4,187	16,981	21,168	19.8%



Current Data: COVID-19 in Northern Michigan

MHC Region **Cumulative Cases**
107,808 **Increase**
653

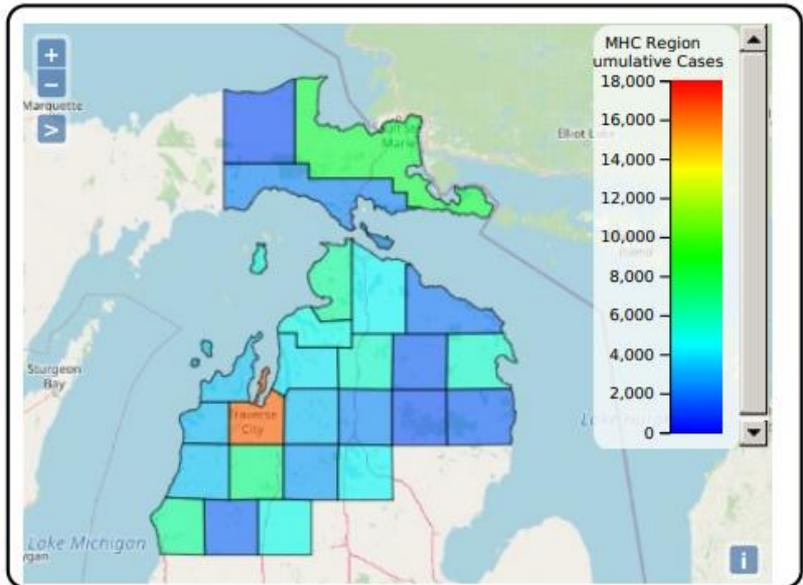
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Global	394,381,395	5,735,179

MHC Region Breakout	CUMULATIVE CASES	CUMULATIVE DEATHS	RECENT CASES*	RECENT DEATHS*
Confirmed	78,685	1,563	617	4
Probable	29,123	173	36	1
TOTAL	107,808	1,736	653	5

*Cases and deaths since previous report from State of Michigan

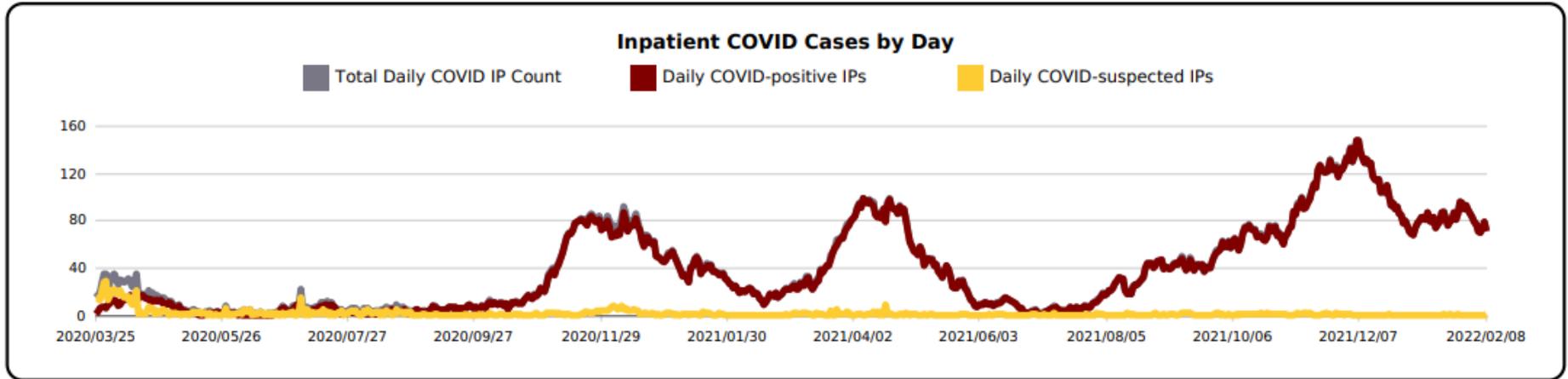
MHC Region Diagnostic Tests	POSITIVE	NEGATIVE	TOTAL	% POSITIVE
YTD	85,482	757,154	842,636	10.1%
14 Day Avg	373	1,092	1,465	25.5%
2/6/2022	298	940	1,238	24.1%

MHC Cases Per 100,000 People	CUMULATIVE	LAST 14 DAYS
Confirmed	13,505	937
Probable	4,998	388
TOTAL	18,503	1,325



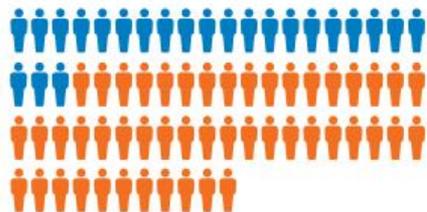
Munson Healthcare Hospitalization Trends

Updated: 02/08/2022



COVID-19 Hospitalizations

February 8, 2022



71 Hospitalized

23 Vaccinated
(6 Boosted)

48 Unvaccinated

These numbers represent the number of patients who are hospitalized due to COVID-19 and not other reasons.



19 In the ICU

2 Vaccinated
(0 Boosted)

17 Unvaccinated

Of the total number of patients hospitalized for COVID-19, this represents how many are in an ICU and their vaccination status.



6 On Ventilator(s)

0 Vaccinated
(0 Boosted)

6 Unvaccinated

Of the total number of patients hospitalized for COVID-19, and in an ICU, this represents how many are on a ventilator and their vaccination status.



Vaccinated



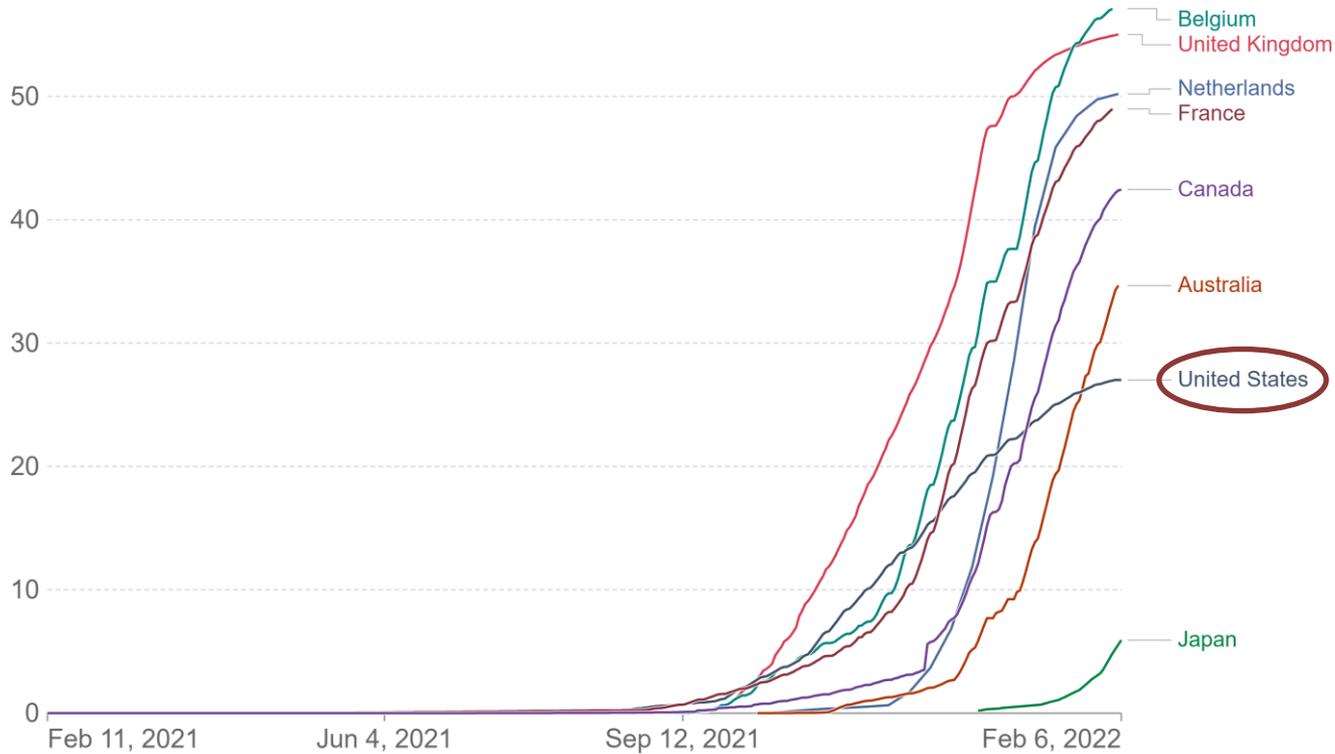
Unvaccinated

For more information, visit munsonhealthcare.org

COVID-19 vaccine boosters administered per 100 people

Total number of vaccine booster doses administered, divided by the total population of the country. Booster doses are doses administered beyond those prescribed by the original vaccination protocol.

Our World
in Data

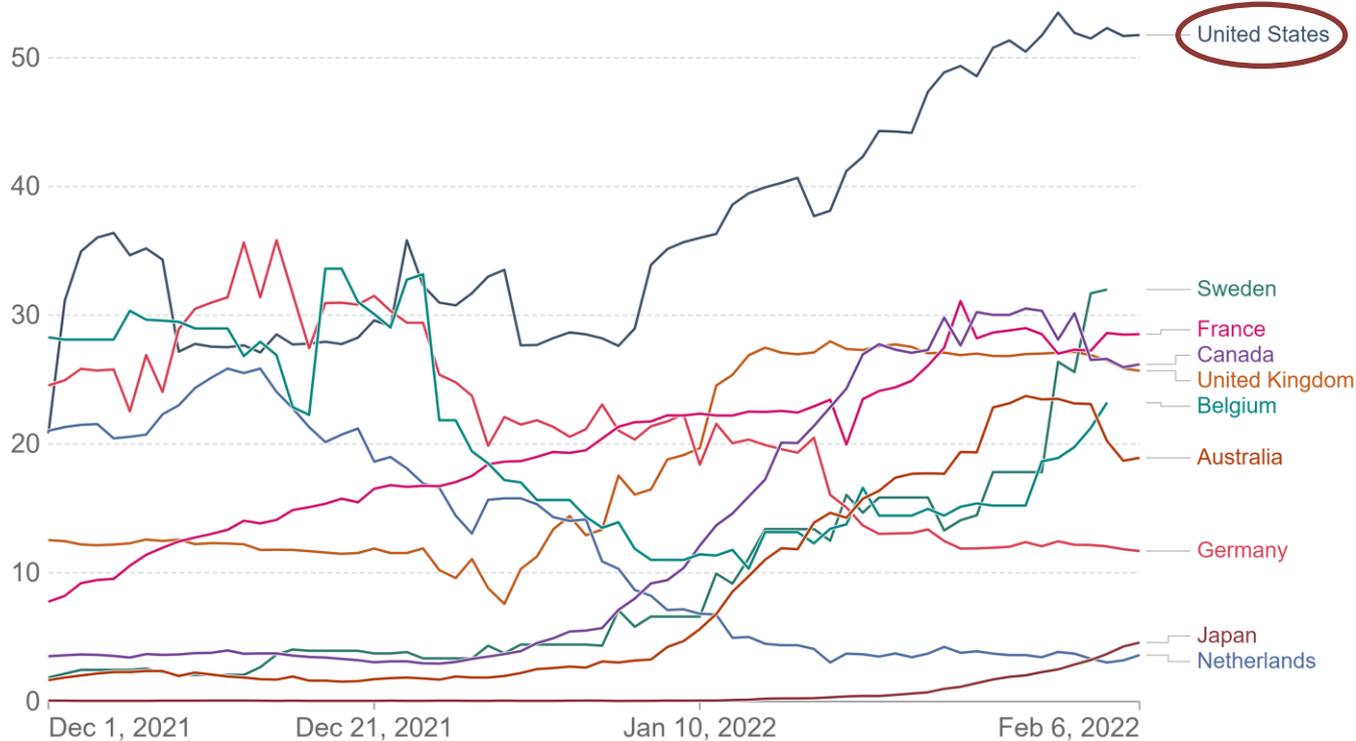


Source: Official data collated by Our World in Data

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Weekly confirmed COVID-19 deaths per million people

Weekly confirmed deaths refer to the cumulative number of confirmed deaths over the previous week. For some countries the number of confirmed deaths is much lower than the true number of deaths. This is because of limited testing and challenges in the attribution of the cause of death.



Deaths During Omicron Wave

December 1, 2021 –
Feb. 6, 2022.

The US crested over
900k deaths over
the weekend.

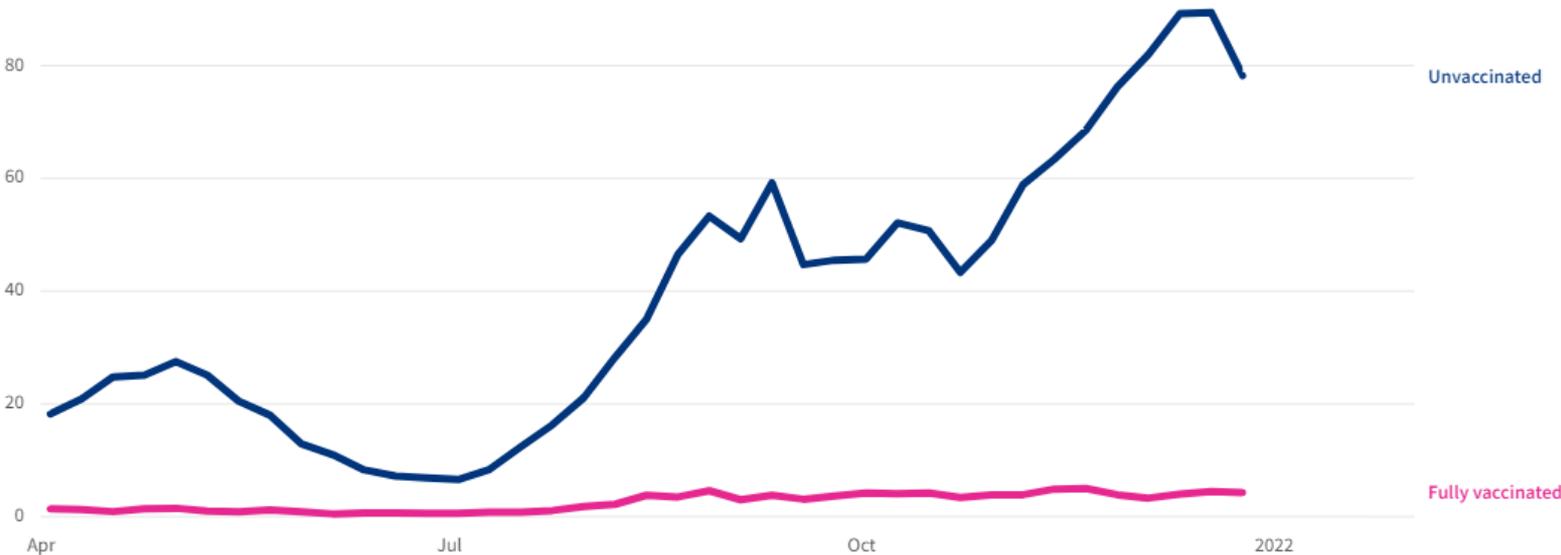
Source: Johns Hopkins University CSSE COVID-19 Data

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Hospitalization Rates Between Unvaccinated and Fully Vaccinated

The gap in hospitalization rates between the unvaccinated and fully vaccinated increased near the end of 2021.

COVID-19-associated adult hospitalizations by vaccination status per 100,000 people (age-adjusted)

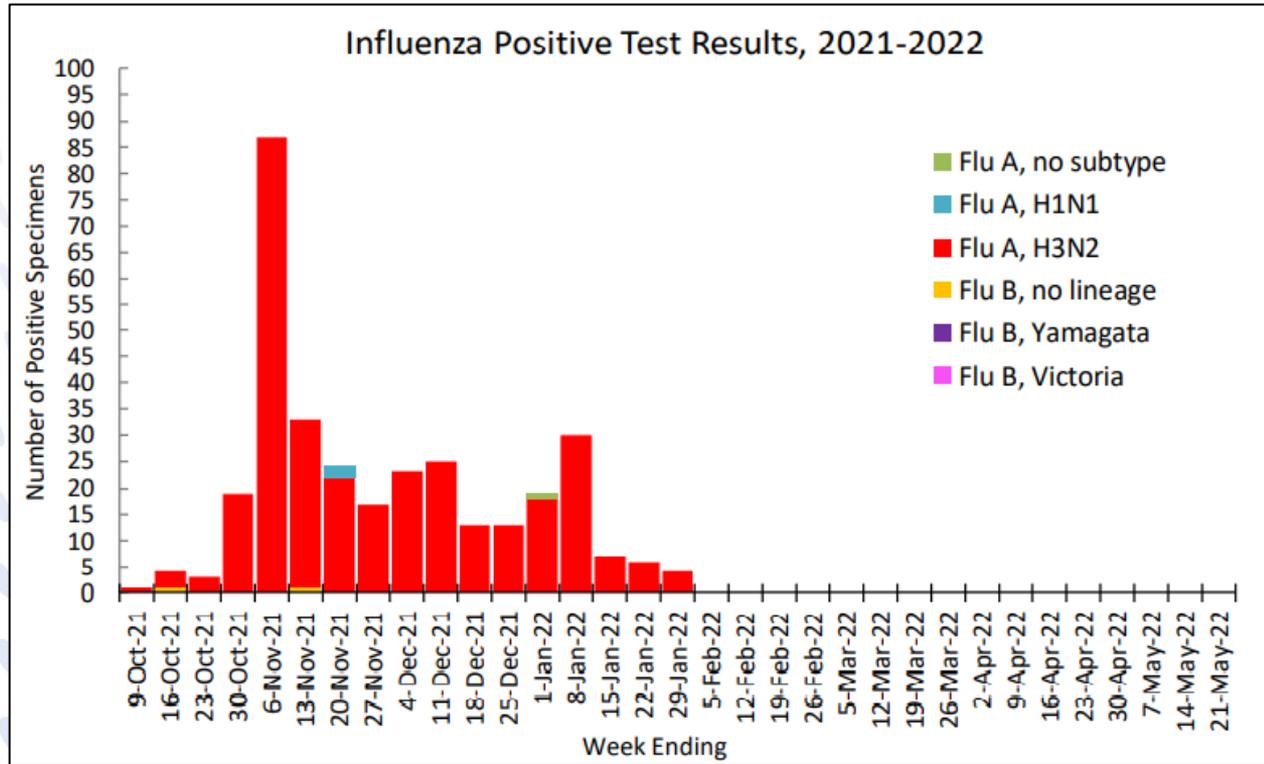


Source: [Centers for Disease Control and Prevention](#).

Data from federal, state, and local health agencies show how less likely vaccinated Americans are to be hospitalized from COVID-19 than unvaccinated Americans.



Flu Cases in Michigan



Two outbreaks have been reported in northern Michigan this flu season.

Michigan Data (10/9/21 – 1/29/22)

Michigan.gov

COVID-19 Treatment Options Remain Limited

Vaccination is Your Best Option to:

- Avoid COVID-19
- Avoid hospitalization
- Avoid serious illness

Supply for Monoclonal Antibody treatment is extremely limited.

Demand continues to exceed current supply.

COVID-19 Infusion Treatment for Patients with Mild to Moderate Symptoms

If qualified, monoclonal antibody therapy for patients 12+ years must be administered within 10 days of the onset of symptoms.





Health Department Updates



Grand Traverse County Health Department

Wendy Hirschenberger, M.P.H., C.P.H.A.
Health Officer

Grand Traverse County COVID-19 Case Numbers and Trends:

Grand Traverse County saw the largest amount of reported positive cases for a month during January with 3,671 cases. Since then, there has been a steady decrease. However, this is in part due to home antigen testing positive cases not being reported. Therefore, it is currently difficult to assess whether or not the transmission is truly decreasing.

- 396 newly identified cases and 3 deaths in last 7 days
- Average of 57 cases per day for the last 7 days
- Percent Positivity: 23.5%
- Deaths rates have increased in the past 2 weeks (4 total)
- New vaccinations/Booster appointments decreasing since Jan 10th

Grand Traverse County COVID-19 Case Numbers and Trends:

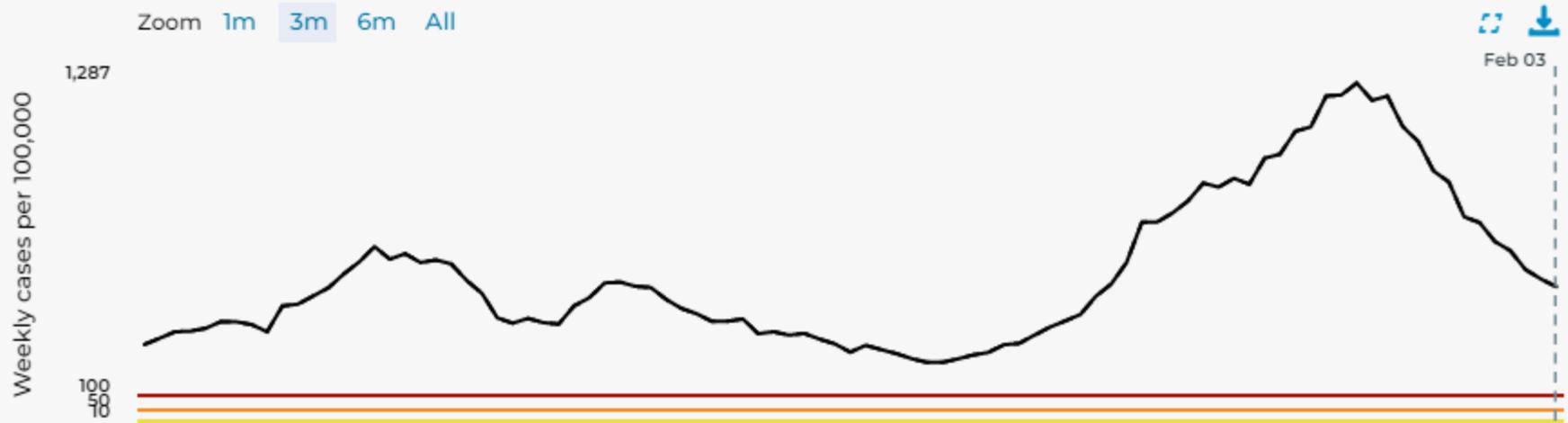
✓ **New Cases**
Jan 28 - Feb 03

515.6
weekly cases per
100,000 population

480
weekly cases



Weekly cases per 100,000
GRAND TRAVERSE COUNTY



Vaccination Clinics:

All ages 5+ now welcome at the Cherryland Mall Clinic (1700 South Garfield Ave., TC)

- **WALK-IN ONLY, appointments are not required**
 - Tuesday 2/8, Wednesday 2/9, Thursday 2/10, and Sunday 2/13
 - Times: 9 a.m. - 4:00 p.m.
- Pfizer, Moderna, and J&J offered (dose 1, dose 2s, and boosters).
- Check online at www.gtcountymi.gov/2211 for up-to-date clinic times.

Curbside COVID-19 Testing at 1320 Airport Access Road, Traverse City

<https://www.gtcountymi.gov/2496/COVID-19-Testing-Information>

- Currently, M, W, Th and F through 2/18 - check scheduling link daily for openings.
- Appointments are required and released on a rolling basis; check daily for new appointments
- All ages are welcome
- Curbside - remain in your vehicle and please wear a mask during testing
- Please bring a form of ID
- No cost
- No doctor's order needed
- Test results will be provided onsite (while those being tested remain in their vehicle)

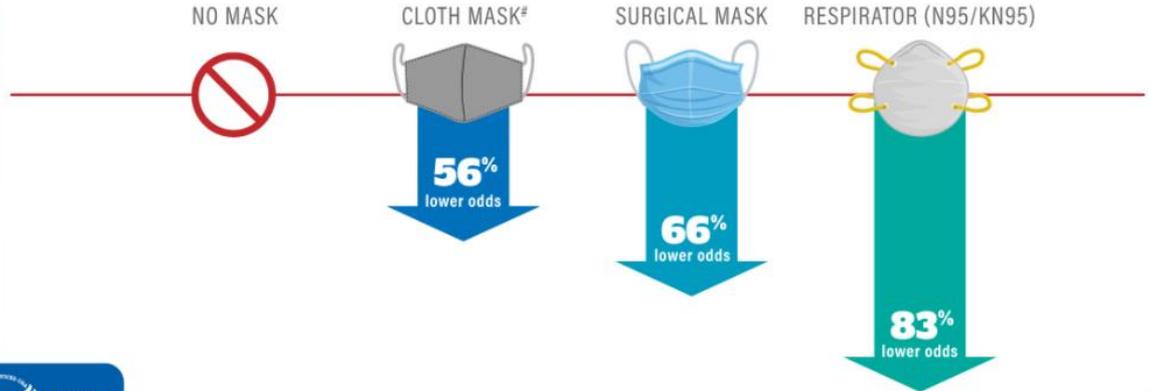
FREE KN95 Masks at 1320 Airport Access Road, Traverse City

- Tuesday 2/8 and 2/15
- 9 am - 4 pm or until gone
- Curbside pickup

People who reported always wearing a mask in indoor public settings were less likely to test positive for COVID-19 than people who didn't*

WEARING A MASK LOWERED THE ODDS OF TESTING POSITIVE

Among 534 participants reporting mask type[†]



SHIFTING CONTRACT TRACING and CASE INVESTIGATION PROCESS

- Due to significant case increases and more efficient spread of the COVID-19 omicron variant in Michigan and locally, combined with waning public participation in contact tracing and case investigation - Grand Traverse County Health Department is shifting away from individual level contact tracing and case investigations to focus on high priority community groups and those in congregate settings.
- The health department asks that individuals who test positive for COVID-19 notify any and all potential close contacts to help mitigate the spread of COVID-19 in Grand Traverse County.
- This shift is consistent with state and other local health departments and will begin immediately.

KNOW YOUR ROLE IN PREVENTING THE SPREAD OF OMICRON

<https://www.gtcountymi.gov/2231/COVID-19-Novel-Coronavirus>

NEW - Updated Guidance from the CDC:

- [WHAT TO DO IF YOU TEST POSITIVE FOR COVID-19](#) - last updated 1/6/2022
- [WHAT TO DO IF YOU'RE EXPOSED TO SOMEONE WITH COVID-19](#) - last updated 1/6/2022
- [HOW TO COUNT QUARANTINE OR ISOLATION DAYS AFTER TESTING POSITIVE OR BEING EXPOSED TO COVID-19](#) - last updated 1/6/22

KNOW YOUR ROLE IN PREVENTING THE SPREAD OF OMICRON

<https://www.gtcountymi.gov/2231/COVID-19-Novel-Coronavirus>

WHAT TO DO IF YOU TEST POSITIVE FOR COVID-19

(AKA isolation guidance)

1. Start isolating yourself right away.

- Stay home except to get medical care.
- Stay away from everyone else in your household (stay in a separate room, use separate bathroom if possible, etc.).
- Tell your employer you have COVID-19.

"Resolving symptoms" means your symptoms have gotten noticeably better.

2. Think of the people you were around 48 hours before you developed symptoms or tested positive (whichever came first).

- Tell them you tested positive so they can follow quarantine guidance.

Some symptoms (like fatigue and loss of smell) may last a longer time. If you have questions, please call your medical provider to discuss.

CDC guidelines for the general population, regardless of vaccination status:
<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

3. On Day 5, do you have no symptoms or are your symptoms resolving?

- If **yes**, you can stop isolation on day 6. Continue to wear a well-fitting mask around others through day 10.
- If **no**, you should not stop isolation - continue isolating until symptoms resolve or 10 days have gone by since you tested positive or first developed symptoms. If you have a fever, continue to isolate until your fever goes away. If your symptoms are not resolving or are worsening, seek medical care.

See page 3 to see how to count days after testing positive

 A well-fitting mask is one that covers your nose and mouth and fits snugly on the sides. A surgical, KN95, or N95 mask is best.

Additional recommendations from the Grand Traverse County Health Department:

Taking these extra steps can further reduce your risk of spreading COVID-19 to others.

- If you end isolation on day 6, be more cautious through day 10. Limit being around others as much as you can.
- If you are often around vulnerable populations (e.g., immunocompromised or elderly people):
 - Consider continuing isolation for a full 10 days.
 - If you stop isolation after 5 days but before 10 days, take a rapid antigen test. If still positive, consider isolating for the full 10 days.

WHAT TO DO IF YOU'RE EXPOSED TO SOMEONE WITH COVID-19

(AKA quarantine guidance/guidance for close contacts)

CDC guidelines for the general population:

Note: If you have had COVID-19 in the last 90 days, you do not need to quarantine if exposed.

See pages 3-4 to see how to count days after being exposed

If you...

- are fully vaccinated and have gotten a booster, **OR**
- got your 2nd dose of Pfizer or Moderna vaccine within the last 5 months, **OR**
- got your initial dose of Johnson & Johnson vaccine within the last 2 months, **OR**
- are under age 18 and completed your 2nd dose of Pfizer more than 14 days before exposure.

Then you should...

- Wear a well-fitting mask around others for 10 days.
- Get tested (PCR or rapid antigen) on day 5, if possible. If positive, follow isolation guidance.

*If you develop symptoms, avoid others and get tested (PCR or rapid antigen). If positive, follow isolation guidance. If negative, stay home until symptoms resolve. If symptoms worsen or change, follow up with your medical provider and consider getting another COVID-19 test.

If you...

- are not vaccinated, **OR**
- are over 18 and got your 2nd dose of Pfizer or Moderna vaccine more than 5 months ago and have not gotten a booster, **OR**
- are over 18 and got your initial dose of Johnson & Johnson vaccine more than 2 months ago and have not gotten a booster, **OR**
- are under age 18 and completed your 2nd dose of Pfizer less than 14 days before exposure.

Then you should...

- Stay home (quarantine) for 5 days. Then continue to wear a well-fitting mask around others for 5 more days.
- If you can't quarantine, you must wear a mask around others for 10 days. Keep activities to essential tasks only.
- Get tested (PCR or rapid antigen) on day 5, if possible. If positive, follow isolation guidance.

*If you develop symptoms, avoid others and get tested (PCR or rapid antigen). If positive, follow isolation guidance. If negative, stay home until symptoms resolve. If symptoms worsen or change, follow up with your medical provider and consider getting another COVID-19 test.

 A well-fitting mask is one that covers your nose and mouth and fits snugly on the sides. A surgical, KN95, or N95 mask is best.

Additional recommendations from the Grand Traverse County Health Department:

Taking these extra steps can further reduce your risk of spreading COVID-19 to others.

- In high-risk, congregate settings (like long-term care facilities, jails, etc.) or if you are often around vulnerable populations (e.g., immunocompromised or elderly people)
 - Consider staying home/quarantining for a full 10 days after exposure

How to count quarantine or isolation days after testing positive or being exposed to COVID-19

IF YOU TEST POSITIVE						
SUN	MON	TUE	WED	THU	FRI	SAT
Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Day 7	Day 8	Day 9	Day 10	Day 11		

IF YOU TEST POSITIVE:

- You get a positive test result or start having COVID symptoms. Start isolation.
- If you have no symptoms or if symptoms are resolving, this could be last day of isolation.
- If you have no symptoms or if symptoms are resolving, done with isolation*.
- *Continue to wear a well-fitting mask when around others until Day 11.

GTCHD recommendation: If you're often around vulnerable populations (e.g., immunocompromised or elderly people), consider continuing isolation for a full 10 days. If doing this, Day 11 would be when you are done with isolation. If you are a healthcare worker, see the CDC "Managing Healthcare Personnel" guidelines for details regarding health care workers.

IF YOU'RE EXPOSED TO SOMEONE WITH COVID-19						
SUN	MON	TUE	WED	THU	FRI	SAT
Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Day 7	Day 8	Day 9	Day 10	Day 11		

IF YOU'RE EXPOSED TO SOMEONE WITH COVID-19:

- And you...
 - are fully vaccinated and have gotten a booster, **OR**
 - got your 2nd dose of Pfizer or Moderna vaccine within the last 5 months, **OR**
 - got your initial dose of Johnson & Johnson vaccine within the last 2 months, **OR**
 - are fully vaccinated and under age 18, **OR**
 - had a confirmatory positive COVID test in the last 90 days:

IF YOU'RE EXPOSED TO SOMEONE WITH COVID-19:

- You're exposed. Start wearing well-fitting mask around others.
- Get tested on this day if possible.
- Masking is strongly recommended when around others.

GTCHD recommendation: In high-risk, congregate settings (like long-term care facilities, jails, etc.) or if you are often around vulnerable populations (e.g., immunocompromised or elderly people), consider staying home/quarantining for a full 10 days after exposure. If doing this, Day 11 would be when you can stop quarantining. If you are a healthcare worker, see the CDC "Managing Healthcare Personnel" guidelines for details regarding health care workers.

*These are guidelines for the general population. Certain settings like schools and health care facilities may have additional guidance.

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**Benzie-Leelanau District Health Department
and
Health Department of Northwest Michigan**
Lisa Peacock, M.S.N., M.P.H., R.N., WHNP-BC
Health Officer

Benzie-Leelanau District Health Department

- Testing available weekly:
 - ❑ VFW in Leelanau on Mondays and Thursdays
 - ❑ Paul Oliver Hospital in Frankfort on Tuesdays and Fridays
- Vaccine clinics available for 5-17 year olds, and 12 and older
 - ❑ Schedule www.bldhd.org
- Free KN95's available at both office locations
- Public health professionals still readily available to answer questions about your health, isolation or quarantine guidelines of close contacts
 - ❑ Call **231-882-2197**

Health Department of Northwest Michigan

- Mobile unit testing in community
 - Testing dates, locations and links to schedule mobile unit testing and weekly testing with HONU – www.nwhealth.org
- Vaccine clinics now combined for all ages
 - Self-schedule on website or call 800-432-4121 for assistance.
- Free KN95's available at all offices during business hours
 - Also available at community locations, including local libraries, emergency management services, food pantries and some churches.
 - Contact community agency for availability.
- Public health professionals still readily available to answer questions about your health, isolation or quarantine guidelines of close contacts







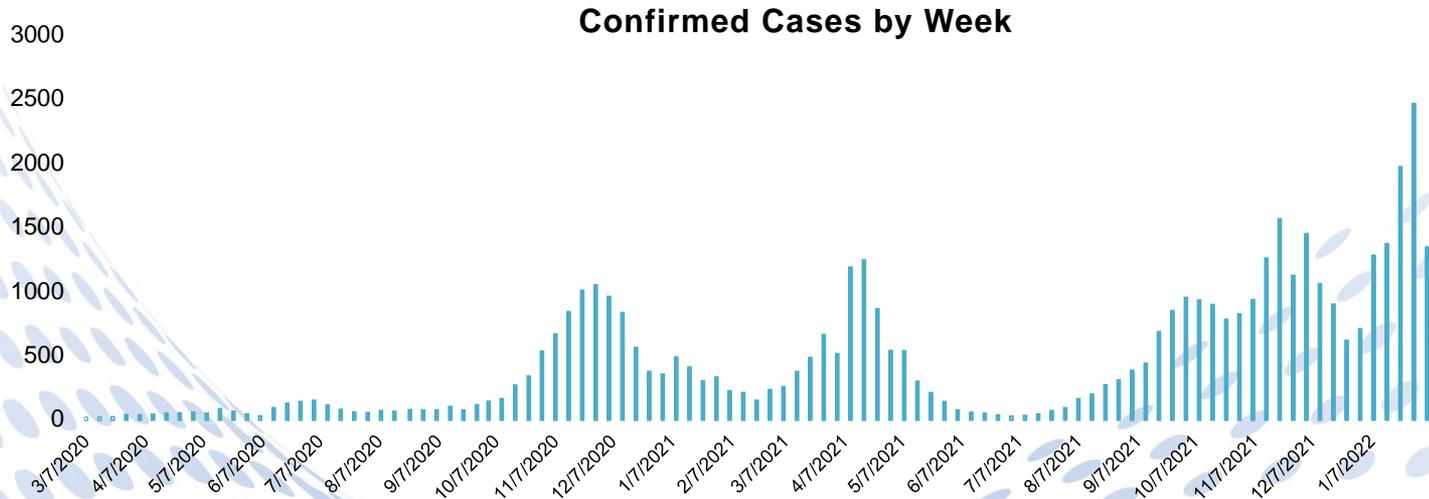
District Health Department #10

Jennifer Morse, M.D., M.P.H., FAAFP
Medical Director

District Health Department #10 COVID-19 Case Trends

Jennifer Morse, Medical Director

- Cases **decreasing (-43.2%)**: January 25 -January 31 = **2212 cases**; February 1 - February 7= **1257 cases**
- Daily cases per million **decreasing**: January 20= **1315.8**; January 27= **1062**
- Percent positivity **decreasing**: January 20 = **27.0%**; February 3= **24.6%**



District Health Department #10 Community COVID-19 Testing Sites

Jennifer Morse, Medical Director

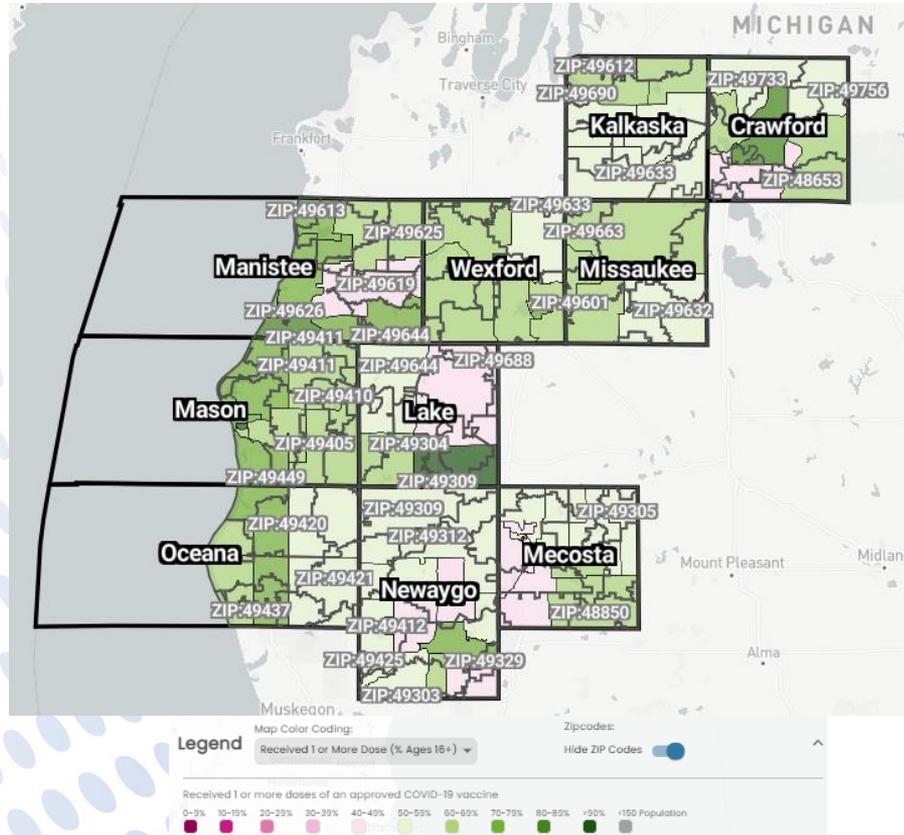
Current Testing Results

- **Big Rapids** (as of 2/4/22)
 - **2853 completed tests**
 - 870 (30.6%) positive
- **Kalkaska** (as of 2/3/22)
 - **4458 completed tests**
 - 1318 (29.7%) positive
- **Newaygo/NCRESA** (as of 2/4/22)
 - **4457 completed tests**
 - 1258 (28.4%) positive
- **Cadillac** (as of 2/4/22)
 - **1572 completed tests**
 - 434 (27.8%) positive
- **Ludington** (as of 2/4/22)
 - **1416 completed tests**
 - 378 (27.1%) positive
- **Hart** (as of 2/3/22)
 - **562 completed tests**
 - 151 (30.0%) positive

Implementation of a test site is being explored in **Manistee County**. For more information on these sites visit www.dhd10.org/events

District Health Department #10 COVID-19 Vaccination Trends

Jennifer Morse, Medical Director



- **60.3%** of DHD#10 residents have **initiated** vaccination
- **55.2%** of DHD#10 residents have **completed** vaccination series
- Map shows vaccination rates among 16+ age group by zip code
 - Darker pink = lower vaccination rate
 - Darker green = higher vaccination rate

*Data as of 2/2/2022

District Health Department #10 Clinics & Information

Jennifer Morse, Medical Director

- Vaccination for **5–11-year-olds** began in early November at our clinics and by appointment: 15.9% of DHD#10 residents aged 5-11 years have initiated vaccination
 - Parents can schedule appointments for children at www.dhd10.org/schedule
 - Parent/Guardian must be present for vaccinating minors
 - COVID-19 vaccine widely available locally, and parents/guardians should go wherever works best for their family
- Home Test Report button available on our website: www.dhd10.org
- Numerous pop-up clinics scheduled – go to www.dhd10.org/events
- COVID-19 vaccine page: www.dhd10.org/covid-19-vaccine
- Coronavirus page: www.dhd10.org/coronavirus
- Sign up for Public Health Alerts at www.dhd10.org/subscribe



Thank you.
Questions?

Community Resources

www.vaccines.gov

211 Michigan

211 or 844-875-9211

www.mi211.org

Area Agency on Aging of Northwest Michigan (AAANM)

1-800-442-1713, 231-947-8920

info@aaanm.org

Senior hotline: 231-715-5557

Northwest Michigan Health Services

www.nmhsi.org

231-947-0351

Grand Traverse County Health Department

www.grandtraverse.org/2394

gtchd@gtcountymi.gov or 231-995-6111

Health Department of Northwest Michigan and Benzie Leelanau District Health Dept.

www.nwhealth.org

www.bldhd.org

District Health Department #10

covid@dhd10.org or www.dhd10.org

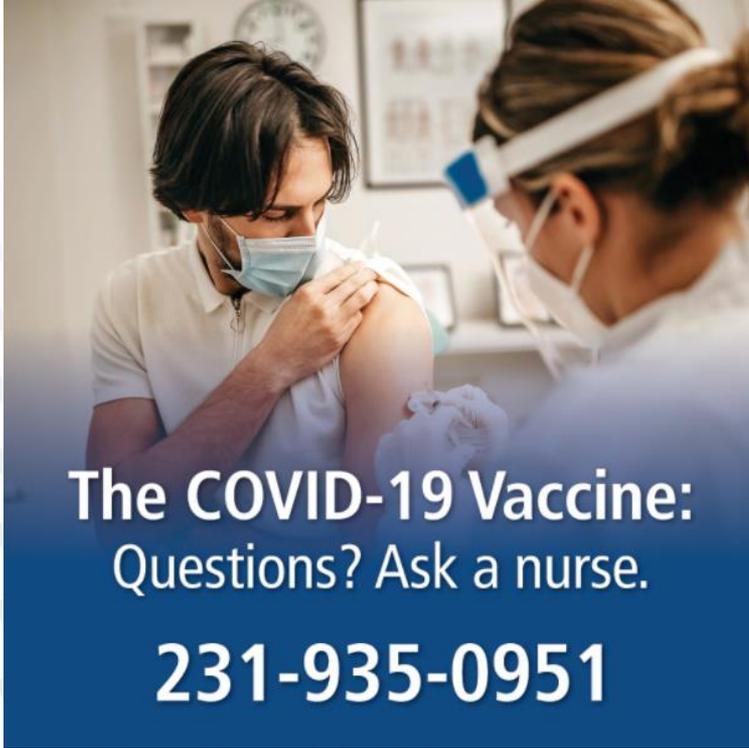
Sign up for Public Health Alerts
at www.dhd10.org/subscribe

COVID-19 Testing Resources

If You Have Symptoms, Get Tested

- Local Health Departments
- Primary Care Provider
- Walgreens and Rite-Aid
- www.michigan.gov/coronavirus
(Click Find a Testing Site)
- Michigan COVID-19 Hotline:
888-535-6136, Press 2
- Munson Healthcare Ask-A-Nurse Line:
231-935-0951
- www.covidtests.gov/
(Free tests)





The COVID-19 Vaccine:
Questions? Ask a nurse.

231-935-0951



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munsonhealthcare.org/newsletter



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Instagram, Twitter, and YouTube



Visit us at munsonhealthcare.org