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Today’s Speakers
Tuesday, August 3, 2021

Christine Nefcy, M.D., FAAP, Chief Medical Officer, Munson Healthcare
Jennifer Morse, M.D., M.P.H., FAAFP, Medical Director, District Health Department #10
Brian Lawson, Regional Marketing & Corporate Communications Manager, Munson Medical Center
Christine Nefcy, M.D., FAAP
Chief Medical Officer
Munson Healthcare
Current Data: COVID-19 in Northern Michigan

### MHC Region

<table>
<thead>
<tr>
<th>MHC Region</th>
<th>Cumulative Cases</th>
<th>Cumulative Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>MHC Regions</td>
<td>42,998</td>
<td>846</td>
</tr>
<tr>
<td>State of Michigan</td>
<td>1,011,106</td>
<td>21,187</td>
</tr>
<tr>
<td>USA</td>
<td>34,564,448</td>
<td>607,095</td>
</tr>
<tr>
<td>Global</td>
<td>196,553,009</td>
<td>4,200,412</td>
</tr>
</tbody>
</table>

### MHC Region Breakout

<table>
<thead>
<tr>
<th>MHC Region</th>
<th>Cumulative Cases</th>
<th>Cumulative Deaths</th>
<th>Daily Cases</th>
<th>Daily Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>Confirmed</td>
<td>35,283</td>
<td>781</td>
<td>116</td>
<td>1</td>
</tr>
<tr>
<td>Probable</td>
<td>7,715</td>
<td>65</td>
<td>41</td>
<td>0</td>
</tr>
<tr>
<td>TOTAL</td>
<td>42,998</td>
<td>846</td>
<td>157</td>
<td>1</td>
</tr>
</tbody>
</table>

*Weekend State daily volume may be combined for Saturday and Sunday

### MHC Region Diagnostic Tests

<table>
<thead>
<tr>
<th></th>
<th>Positive</th>
<th>Negative</th>
<th>Total</th>
<th>% Positive</th>
</tr>
</thead>
<tbody>
<tr>
<td>YTD</td>
<td>35,373</td>
<td>522,216</td>
<td>557,589</td>
<td>6.3%</td>
</tr>
<tr>
<td>14 Day Avg</td>
<td>21</td>
<td>589</td>
<td>610</td>
<td>3.5%</td>
</tr>
<tr>
<td>7/29/2021</td>
<td>42</td>
<td>677</td>
<td>719</td>
<td>5.8%</td>
</tr>
</tbody>
</table>
Current Data: COVID-19 Inpatients at Munson Healthcare

Inpatients are those COVID-19 patients requiring hospitalization.

<table>
<thead>
<tr>
<th>SYSTEM</th>
<th>DAILY COVID-POSITIVE IPS</th>
<th>DAILY COVID-SUSPECTED IPS</th>
<th>PATIENT DEATHS 3/30/2020 TO DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>KMHC</td>
<td>18</td>
<td>1</td>
<td>258</td>
</tr>
<tr>
<td>MHC Cadillac</td>
<td>0</td>
<td>0</td>
<td>32</td>
</tr>
<tr>
<td>MHC Charlevoix</td>
<td>0</td>
<td>0</td>
<td>3</td>
</tr>
<tr>
<td>MHC Grayling</td>
<td>2</td>
<td>0</td>
<td>43</td>
</tr>
<tr>
<td>MHC Manistee</td>
<td>0</td>
<td>0</td>
<td>7</td>
</tr>
<tr>
<td>MHC MMC</td>
<td>14</td>
<td>1</td>
<td>169</td>
</tr>
<tr>
<td>MHC OMH</td>
<td>2</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>MHC POMH</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Munson Healthcare Hospitalization Trends

Inpatient COVID Cases by Day

- Total Daily COVID IP Count
- Daily COVID-positive IPs
- Daily COVID-suspected IPs

Updated: 08/03/2021
Delta Variant Confirmed in northern Michigan.

What does this mean for our region?
The number of new cases is increasing steadily.
Average daily cases per 100,000 people in past week
Risk for unvaccinated people, based on cases and test positivity
Delta Variant (B.1.617.2)

• The Delta Variant is the 'fastest and fittest' variant yet, according to the World Health Organization.
• Emerging research from the CDC suggests that the variant may carry a high viral load even among vaccinated people.
• The Delta variant is about 50 percent more transmissible than the COVID-19 Alpha variant (B.117), which in turn was 40-60 percent more transmissible than the original virus strain.
• This more easily spreadable variant is already here in northern Michigan, including both Grand Traverse and Crawford Counties.
• Just a few positive cases of the Delta variant can cause a surge.
Is the Delta Variant Affecting Fully Vaccinated Individuals?

- So far, studies suggest that the available authorized vaccines are working well to protect vaccinated people from the Delta variant’s more serious symptoms that could lead to significant illness, hospitalization and even death.
- A small percentage of vaccinated people may be infected with the Delta variant – however, based on trends, those vaccinated typically feel mild symptoms, if at all.
- COVID-19 vaccines are protective against serious illness and hospitalization.
- Current data does suggest skipping a second dose of a two-dose vaccine affects the immune response to Delta.
- If you’re scheduled to receive a Pfizer or Moderna two-dose vaccine, make sure to receive your second dose as scheduled for the highest level of protection.
Breakthrough Cases

- A small percentage of people fully vaccinated against COVID-19 will still develop COVID-19 illness.
- Large-scale clinical studies found that COVID-19 vaccination prevented most people from getting COVID-19.
- New variants of the virus that causes COVID-19 illness are spreading in the United States. Current data suggest that COVID-19 vaccines authorized for use in the United States offer protection against most variants.
- If you get COVID-19 after vaccination, your symptoms might be less severe.
- CDC is monitoring COVID-19 vaccine breakthrough cases for patterns.
- CDC is working with state and local health departments to investigate COVID-19 vaccine breakthrough cases.
COVID-19 Treatment Options Remain Limited

Vaccination is Your Best Option

- Avoid COVID-19
- Avoid hospitalization
- Avoid serious illness

If qualified, monoclonal antibody therapy for patients 12+ years must be administered within 10 days of the onset of symptoms.
COVID-19 Vaccine Distribution

Munson Healthcare has provided more than 86,900 doses of vaccine through Mass Vaccination Clinics, Family Doctors, and Local Health Departments.
COVID-19 Vaccine

• As of August 3, 69.3% of eligible employees have been vaccinated.

• At this time Munson Healthcare is not requiring employees to get the COVID-19 vaccine.

• The Senior Leadership Team continues to evaluate and discuss employee vaccination.
COVID-19 Vaccine Dashboard: Region 7

COVID Vaccination Coverage - Initiation

Dashboard Updated: July 30, 2021. "Completion" is the percentage of Michigan residents receiving 2 doses of Pfizer or Moderna or 1 dose of J&J. "Initiation" is the percentage who have received either 1 or more doses of ANY vaccine. See the "Learn More" page to learn how.

Region 7

Week Ending Date: 12/19/2020 - 7/31/2021

Residents Vaccinated: 240,806

Coverage (% of Residents Vaccinated): 61.4%

MI Population*: 8,594,864

*2019 US Census estimates for persons 12 years of age and older.
Total Vaccinations in the United States

Reports of complications are rare

Most common side effects remain sore arm, redness, swelling at injection site, some nausea and fever
It’s OK to Have Questions!

• Your primary care doctor knows you best.

• Talk to your primary care doctor if you have questions about the COVID-19 vaccine.

• Munson Healthcare also offers an Ask a nurse line.
CDC Recommendations For Fully Vaccinated Individuals

To reduce their risk of becoming infected with the Delta variant and potentially spreading it to others, CDC recommends that fully vaccinated people:

• Wear a mask in public indoor settings if they are in an area of substantial or high transmission.
• Get tested if experiencing COVID-19 symptoms.
• Isolate if they have tested positive for COVID-19 in the prior 10 days or are experiencing COVID-19 symptoms.
• Get tested 3-5 days after exposure to someone with suspected or confirmed COVID-19 and wear a mask in public indoor settings for 14 days after exposure or until they receive a negative test result.
• Continue to follow any applicable federal, state, local, tribal, or territorial laws, rules, and regulations.
Even With a Vaccine, We Can’t Let Our Guard Down

- Keep your distance (6 or more feet) from people outside your immediate household
- Wear your mask when you go out
- Wash your hands frequently (or use hand sanitizer with 60% or more alcohol)
Why Get Tested If You Are Experiencing COVID-19 Symptoms?

- Protect others around you by preventing the spread of the virus.
- Monoclonal Antibody Therapy must be completed within the first 10 days of the onset of symptoms.
- COVID-19 has a 2.2% mortality rate and it 20 times more lethal than Influenza.
COVID-19 Testing and Resources
If You Have Symptoms, Get Tested

- [www.michigan.gov/coronavirus](http://www.michigan.gov/coronavirus) (Click Find a Testing Site)
- Primary Care Provider
- Walgreens and Rite-Aid (free)
- Local Health Departments
Practice Respect, Patience, and Kindness

Reasons Why People May Still Be Masking

• They may be immunocompromised.
• Work in a healthcare setting, like Munson Healthcare where masking is still required by OSHA.
• Hesitation around unmasked people who may not be fully vaccinated.
• Practicing extra caution around those ineligible for vaccination, like kids under 12.
• Concerns over the Delta variant.
• All staff and providers continue to screen for symptoms daily.
• Universal masking still in place in all clinical settings.
• Patients and visitors continue to be screened at entrances.
Health Department Updates
District Health Department #10
Jennifer Morse, M.D., M.P.H., FAAFP
Medical Director
District Health Department #10
Jennifer Morse, Medical Director

• Case trends:
  • Cases **increasing**: July 17-July 23 = 57 cases; July 24 - July 30 = 68 cases
  • Daily cases per million **increasing**: July 16 = 24.54; July 23 = 27.79
  • Percent positivity **increasing**: July 16 = 1.28%; July 23 = 2.83%
• Total vaccines administered by DHD#10: **104,349** as of 8/1/21
• Numerous pop-up clinics scheduled – go to [www.dhd10.org/events](http://www.dhd10.org/events)
• Walk-ins welcome during the week, encourage calling ahead or coming during normal clinic dates and times – vary for each county, check website for more info
• Coronavirus page: [www.dhd10.org/coronavirus](http://www.dhd10.org/coronavirus)
  – Added Transmission Tracker Map on website and variant table to Data Dashboard
• Sign up for Public Health Alerts at [www.dhd10.org/subscribe](http://www.dhd10.org/subscribe)
GTCHD expands **FREE COVID-19 testing hours:**

- Testing is drive-up and is done in the parking lot behind the main building under the carports
- Location: 2600 LaFranier Rd. Traverse City, MI, 49686
- Regular hours: Monday and Wednesday from 9 a.m. - 12:00 p.m. and 1 - 4:00 p.m.
- Additional hours this week:
  - Friday, August 6 from 9 a.m. - 12:00 p.m. and 1 - 4:00 p.m.
- Results are delivered electronically (email/text) within two hours
- Additional testing will be offered each week as demand dictates up to 5 days a week
WALK-IN CLINIC SCHEDULE - August 2 - 6: Offering Pfizer, Moderna and J&J

Date: Tuesday, August 3  
Clinic Location: Cherryland Mall  
Time: 11:00 a.m. - 6:30 p.m.

Date: Thursday, August 5  
Clinic Location: Cherryland Mall  
Time: 9:00 a.m. - 4:00 p.m.

*12-15 require a guardian present, 16-17 require guardian consent

Protect yourself and the community… get your shot today!
Thank you.
Questions?
Community Resources

211 Michigan
211 or 844-875-9211
www.mi211.org

Area Agency on Aging of Northwest Michigan (AAANM)
1-800-442-1713, 231-947-8920
info@aaanm.org
Senior hotline: 231-715-5557

Northwest Michigan Health Services
www.nmhsri.org
231-947-0351

Grand Traverse County Health Department
www.grandtraverse.org/2394
gtchd@gtcountymi.gov or 231-715-5557

Health Department of Northwest Michigan and Benzie Leelanau District Health Dept.
www.nwhealth.org
www.bldhd.org

District Health Department #10
covid@dhd10.org or www.dhd10.org
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