

# Munson Healthcare Press Conference



**MUNSON HEALTHCARE**

# Today's Speakers

Tuesday, January 10, 2023

**Christine Nefcy, M.D., FAAP, Chief Medical Officer, Munson Healthcare**

**Christopher Ledtke, M.D., Infectious Disease, Munson Healthcare**

**Bonnie Kruszka, DNP, FNP-C, ENP-BC, RN, Vice President and Chief Nursing Officer, Ambulatory Services, Munson Healthcare**

**Brian Lawson, Regional Marketing and Corporate Communications Manager, Munson Healthcare**



**Christine Nefcy, M.D., FAAP**

Chief Medical Officer

Munson Healthcare

# Current Data: COVID-19 in Michigan

**State of Michigan**      **Cumulative Cases**  
2,998,447      **Increase**  
9,793

	CUMULATIVE CASES	CUMULATIVE DEATHS
<b>MHC Regions</b>	136,011	2,276
<b>State of Michigan</b>	2,998,447	40,836
<b>USA</b>	99,423,758	1,082,265
<b>Global</b>	655,689,115	6,671,624

## State of Michigan Breakout

	CUMULATIVE CASES	CUMULATIVE DEATHS	RECENT CASES*	RECENT DEATHS*
<b>Confirmed</b>	2,579,861	36,983	7,930	54
<b>Probable</b>	418,586	3,853	1,863	15
<b>TOTAL</b>	2,998,447	40,836	9,793	69

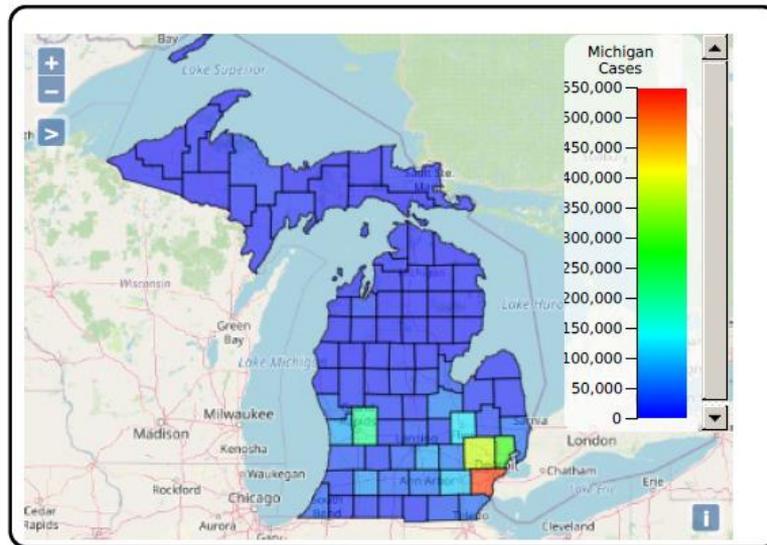
\*Cases and deaths since previous report from State of Michigan

## State of Michigan Diagnostic Tests

	POSITIVE	NEGATIVE	TOTAL	% POSITIVE
<b>YTD</b>	3,114,479	24,207,147	27,321,626	11.4%
<b>14 Day Avg</b>	1,537	9,907	11,444	13.4%
<b>12/28/2022</b>	1,775	11,180	12,955	13.7%

## State of Michigan Cases Per 100,000 Persons

	CUMULATIVE	LAST 14 DAYS
<b>Confirmed</b>	25,833	167
<b>Probable</b>	4,191	41
<b>TOTAL</b>	30,024	207



# Current Data: COVID-19 in Northern Michigan

**MHC Region**                      **Cumulative Cases**  
136,011                      **Increase**  
408

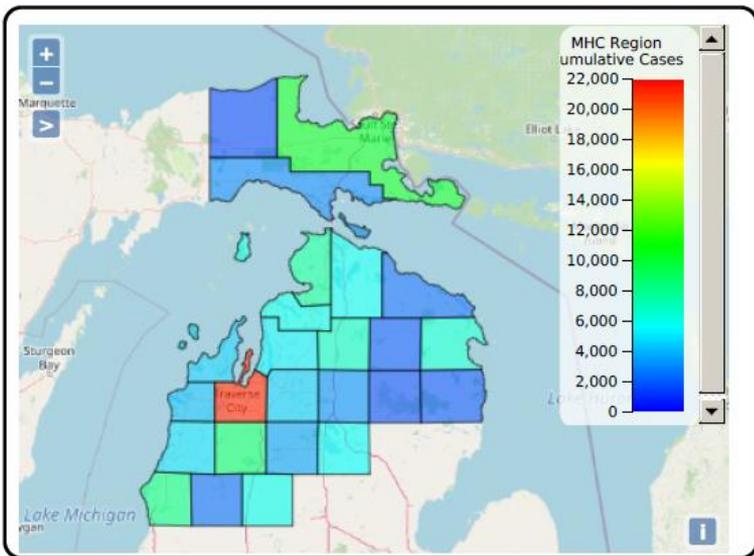
	CUMULATIVE CASES	CUMULATIVE DEATHS
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<b>MHC Region Breakout</b>	CUMULATIVE CASES	CUMULATIVE DEATHS	RECENT CASES*	RECENT DEATHS*
<b>Confirmed</b>	98,457	1,968	302	3
<b>Probable</b>	37,554	308	106	1
<b>TOTAL</b>	136,011	2,276	408	4

\*Cases and deaths since previous report from State of Michigan

<b>MHC Region Diagnostic Tests</b>	POSITIVE	NEGATIVE	TOTAL	% POSITIVE
<b>YTD</b>	109,555	937,746	1,047,301	10.5%
<b>14 Day Avg</b>	81	359	440	18.3%
<b>12/28/2022</b>	90	438	528	17%

<b>MHC Cases Per 100,000 People</b>	CUMULATIVE	LAST 14 DAYS
<b>Confirmed</b>	16,898	104
<b>Probable</b>	6,446	36
<b>TOTAL</b>	23,344	140



# MHC Hospitalization Numbers

**Flu Inpatients Admitted**  
**RSV Inpatients Admitted**  
**COVID-19 Inpatients**

**Mid-December**

(week of 12/18)

18

**Early-January**

(week of 1/1)

55

10

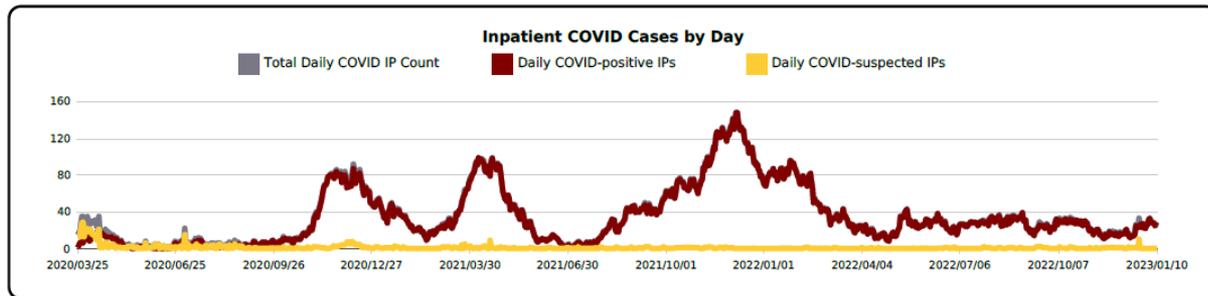
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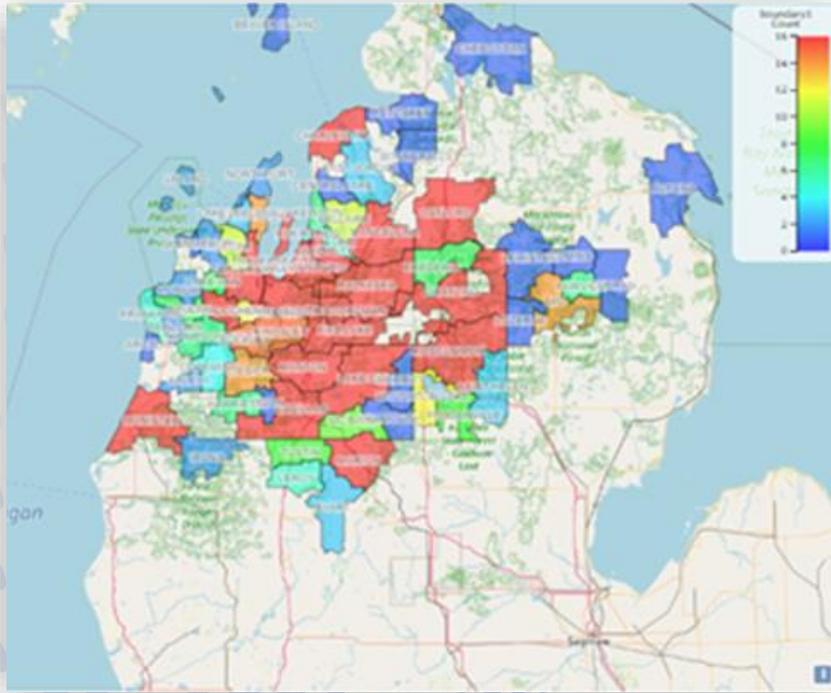
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Trends for **Flu** and **COVID-19** inpatient hospitalizations have steadily increased over the past three weeks.

Updated: 01/10/2023



# MDHHS Flu Activity Report | January 2023



## United States:

Majority remains **high activity** with some states moving to moderate.

## Michigan:

Moved from high to **moderate activity**.

## Northern Michigan:

**High activity** for majority of the region.

# COVID-19 Vaccination | as of 12/28/2022

Age Group	% Updated Booster**	U.S. % Boosted**
Total Population	NA	NA
≥ 5 years	16.5%	15.1%
≥ 12 years	17.8%	16.3%
≥ 18 years	19.0%	17.3%
≥ 65 years	42.0%	37.5%

Among those at highest risk: Age 65+

**58%** HAVE NOT received a booster.

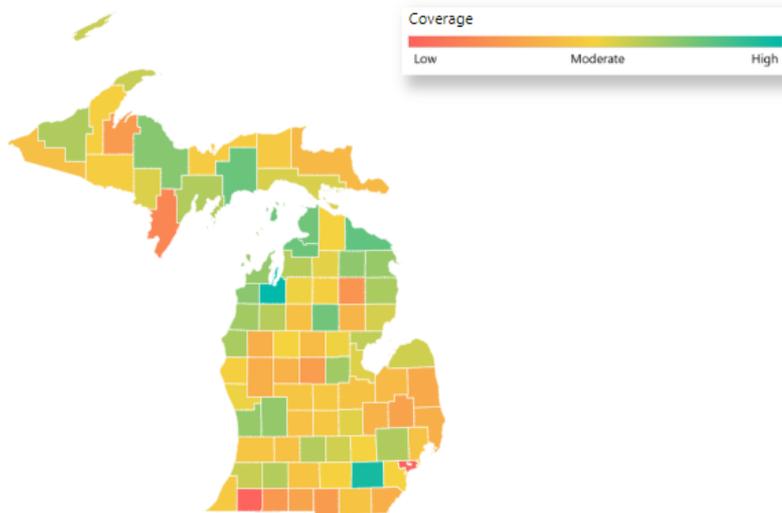
**MORE THAN 62%** HAVE NOT received the most recent bivalent booster.

62.2% of the total population in Michigan have completed the primary series



# Flu Vaccination | as of 12/31/2022

Influenza Vaccination Coverage Rate by County



Michigan

Data as of :  
12/31/22

Number of Doses Administered  
in 2022-23 Season

2,835,389

Vaccination Coverage

27.11%

Population Count

10,457,689

**26% - 41% of the population in the MHC region have received a flu shot.**



# Let's Band Together.

- Get vaccinated or get your booster.
- Avoid close contact with people who are sick.
- If you are sick, limit contact with others as much as possible.
- Masking can help prevent the spread of flu, RSV and COVID-19, all of which we are seeing in our communities.
- Avoid large gatherings if possible.
- Wash hands frequently.
- Continue your regular screenings and preventive care schedule.



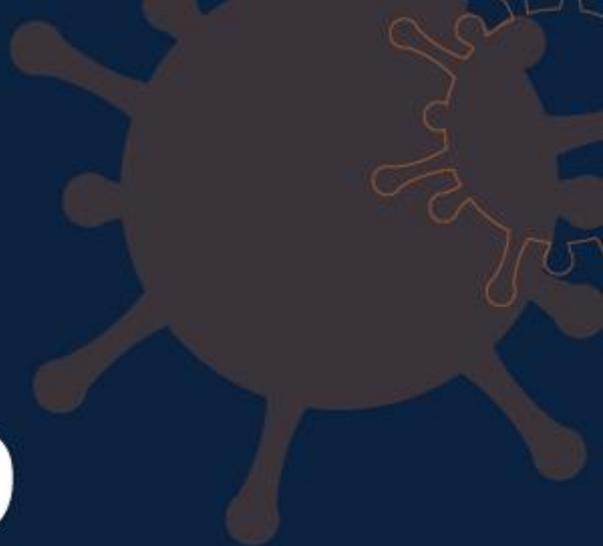
**Christopher Ledtke, M.D.**

Infectious Disease

Munson Healthcare



**COVID-19**



**Variant Update**

# COVID-19 Variant Update

- **XBB.1.5 variant is at 7.3 % in our region (Region 5) with increasing proportion but with the BQ subvariants still dominating.**
- **Nationwide, the proportion of XBB.1.5 is increasing significantly faster with now 27.6% of isolates identified as XBB.1.5 and increasing significantly in the past few weeks.**

Region 5 includes Illinois, Indiana, Michigan, Minnesota, Ohio, and Wisconsin

# COVID-19 Treatment Options Remain Limited

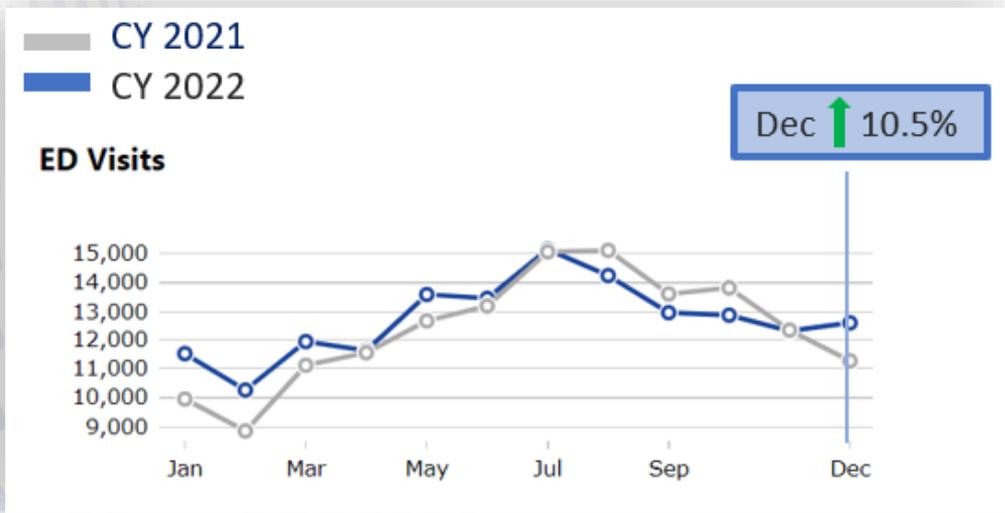
- **Paxlovid is the #1 preferred oral therapy** for patients at high risk of severe disease.
- **High risk patients** include those who are **elderly, overweight, diabetic, chronic lung or heart disease among other risk factors.**
- This is **free to patients** and **readily available at local pharmacies.**
- **Remdesivir** is an alternative but can **only be given in the hospital setting at this time.**



**Bonnie Kruszka, DNP, RN, NP, FNP-BC,  
ENP-BC,**  
Vice President and Chief Nursing Officer  
Ambulatory Services  
Munson Healthcare

# Where to Go For Care

Current State



December 2021 v. December 2022



Emergency Room Visits



ER Wait Times – Due to non-medical emergencies.



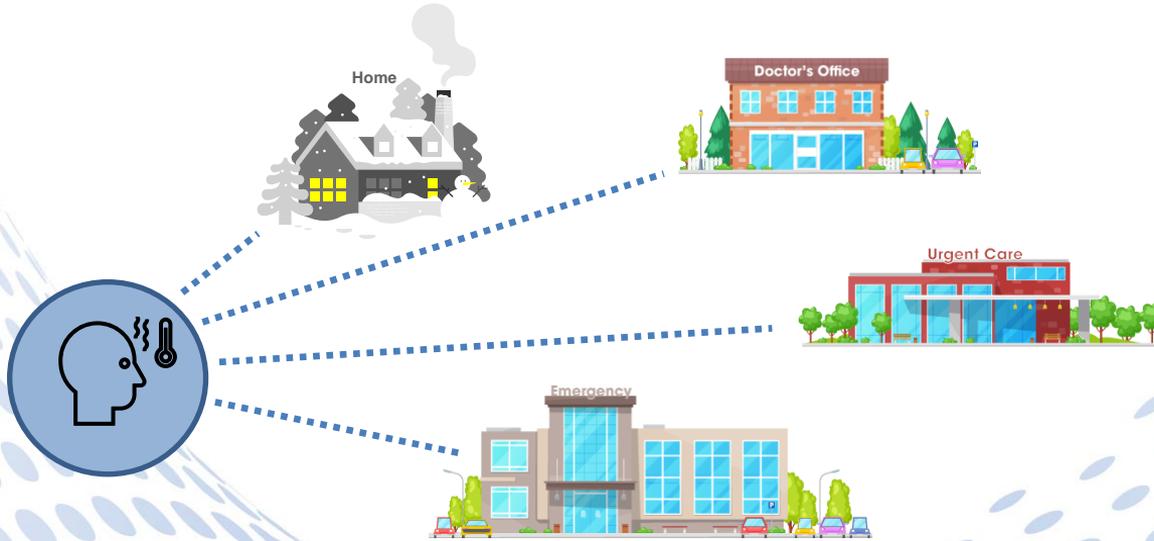
November 2022 v. December 2022

Urgent Care and Walk-in Clinic Visits

# Where to Go For Care

Understanding Your Options

Home Care, Primary Care, Urgent Care or Emergency Department?



# Where to Go For Care

## Emergency Department Visits: Immediate, life-threatening events

Certain injuries and illnesses require immediate treatment from our emergency medicine specialists and specialty-trained teams of physician assistants, nurse practitioners, nurses, and technicians.

Always call 9-1-1 in the event of a severe, life-threatening emergency. If you think you're having a heart attack or a stroke, do not drive yourself to the Emergency Department or travel by car to the hospital. Minutes matter. Life-saving care can begin in an ambulance, and you need care immediately.



# Where to Go For Care

You should always go to the nearest emergency room in a life-threatening situation. But in other cases, even for urgent injuries and illness, you have other options that can save you time and money.

- **Home Care:** For the majority of children and adults with COVID-19, influenza and RSV, symptoms can be successfully managed at home. Fever and pain can be treated with over-the-counter medications like acetaminophen (Tylenol) and ibuprofen.
- **Primary Care Your Medical Home:** Trust your primary care provider (also known as your family doctor, internist, pediatrician, nurse practitioner or physician assistant) as your starting point when you need non-life-threatening care. Same-day appointments; on-call weekend hours; and virtual visits may be available.
- **Walk-in Clinic or Urgent Care:** When your PCP isn't available and You Need Non-Life-Threatening Care NOW this is your next stop for troublesome symptoms or injuries that are causing you pain or discomfort. Evening and Weekend Hours are routinely available. Free COVID-19 antigen tests as supplies last. Wait times available online for most locations.



# Where to Go For Care

**Munson Healthcare Virtual Urgent Care** for urgent injuries and illnesses. Quick and easy virtual care is available for **ages 3 and up** from anywhere in Michigan. No app or download needed.

## Conditions That Virtual Urgent Care Treats

The conditions below are guidelines and not a complete list:

- Allergies
- Cough, cold (without earache)
- COVID PCR testing (symptomatic only)
- COVID treatment consultation
- Light sprains, strains
- Painful urination (female, age 18+)
- Pink Eye
- Sinus infection (without earache)
- Skin rash, cold sore, insect bites, abrasions
- Sore throat (without earache)
- Tooth pain

*\* The conditions above are guidelines and not a complete list. In-person visits are sometimes necessary.*

*Munson Healthcare Virtual Urgent Care is for Michigan residents only, ages 3 years and up.*



# Virtual Visits

**Munson Healthcare providers and medical specialists** are offering virtual visits. Simple, secure, and convenient, Munson Virtual Visits connects you with a provider through virtual chat from the comfort of your home.

## Types of Virtual Visits

- Primary care and same-day visits
- Pediatrics
- Behavioral health
- OB/GYN
- Rehab
- Medical and surgical specialties
- Chronic disease management, and more
- Urgent Care



# Munson Healthcare Ask-A-Nurse



Whether you have a health concern or need advice on where to go for care, a Munson Healthcare registered nurse is here for you.

Our expert nurses help you and your family receive the care you need, when and where you need it.

- Available to the community from 7 am - 11 pm daily at no cost
- No insurance required
- Call **231-935-0951**
- Visit: <http://munsonhealthcare.org/ask-a-nurse>



Thank you.  
Questions?



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[munsonhealthcare.org/newsletter](https://munsonhealthcare.org/newsletter)



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**Health questions?**

**Ask-A-Nurse**  
**231-935-0951**

