

COVID-19 Code of Conduct

Betsie Hosick Health & Fitness Center

The Betsie Hosick Health & Fitness Center is following orders and recommendations from the Michigan Department for Health and Human Services and Munson Healthcare.

Our ability to remain open is dependent on member and visitor adherence to the below policies.

By signing this form, I understand that noncompliance with any of the below will result in immediate removal from the facility and termination of membership with no refund. Any staff member may request your removal from the facility.

I agree to the following:

1. I will not come to the fitness center if I have any of the following symptoms not explained by a known medical or physical condition or if I have been in contact with a known positive COVID-19 case.
 - Fever
 - An uncontrolled cough
 - Shortness of breath
 - Or at least two of the following not explained by a known medical or physical condition:
 - Loss of taste or smell
 - Muscle aches (“myalgia”)
 - Sore throat
 - Severe headache
 - Diarrhea
 - Nausea
 - Vomiting
 - Abdominal pain
2. I will stop at the health screening station upon entering the facility and respond accurately and honestly to the questions asked. If the screener determines, per the algorithm provided, that I should not enter the facility, I agree to leave immediately and minimize contact with others on my way. Upon reporting to the screener station, I will maintain at least 6 feet between myself and the screener and any other member or visitor waiting in line.
3. I agree to scan in with my key fob after passing through the screener station and before working out.
4. I agree to practice good hand hygiene, including washing or sanitizing my hands when entering the building.
5. I will maintain at least 6 feet of distance between myself and all other individuals in the building, including adherence to social distancing marks on the floor.

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6. I agree to wear a CDC approved face covering over my nose and mouth at all times while in the building.
7. I understand that I am required to keep all personal belongings with me or in my vehicle. Membership tags and keys may not be stored at the front desk and all personal equipment and belongings must be removed when I leave the facility.
8. I will wipe down all equipment that I touch or use immediately after using it, before transitioning to another piece of equipment.
9. I will not enter a room that is already at capacity.
10. I will observe a 60 minute time limit while in the facility and a 30 minute time limit on cardio machines.
11. To ensure proper capacity in the facility, I will verbally check out with the front desk screener upon leaving.

Signature

Print Name

Date

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