



PFT Patient Pre-Test Instructions

Patient Preparation

1. Refrain from smoking for at least 6 hours before test.
2. Refrain from having a heavy meal or alcohol at least 2 hours before testing.
3. Do not wear restrictive clothing that could restrict breathing.
4. Do not take medications that affect lung function see list below:

Stop these inhaled medicines for at least 24 hours before your appointment

- Advair® (*Serevent® and Flovent®*)
- Serevent® (*Salmeterol*)
- Symbicort® (*Pulmicort® and Foradil®*)
- Dulera® (*Azmanex® and Foradil®*)
- Foradil® (*Formoterol*)
- Perforomist® (*Formoterol*)
- Brovana (*Arfomoterol*)
- Spiriva® (*tiotropium*)

Stop these inhaled medicines for at least 6 hours before your appointment:

- Atrovent® (*Ipratropium*)
- DuoNeb® (*Albuterol and Ipratropium*)
- Combivent® (*Albuterol and Ipratropium*)

Stop these inhaled medicines for at least 4-6 hours before your appointment:

- Proventil HFA®
- Ventolin HFA®
- Maxair® (*Pirbuterol*)
- ProAir® (*any form of Albuterol or albuterol sulfate*)
- Alupent®
- Metaprel® (*Metaproterenol*)
- Xopenex® (*Levalbuterol*)