

Limited Shares Available!  
Sign up by May 1st!



learn. love. give... real food

locally grown.

farm-fresh.

non-gmo.

chemical free.



# 2019 FARM SHARE program

## "VeggieShare" (18 Weeks)

**1/2 Share : \$400 (\$22/week - \$40 biweekly payroll deduct options)**

**1 Share : \$700 (\$39/week - \$70 biweekly payroll deduct options)**

Full "Veggie Share" includes weekly delivery of 1 dozen farm-fresh eggs and all vegetables and fruits that are in season that week with recipes. Once a month, share holders will also receive 1 qt. of Maple Syrup, 1 qt. of honey, and 1 bar of goat's milk soap. 1/2 Share holders will receive the same items on a bi-weekly basis.

## "MeatShare" (18 Weeks)

**1/2 Share : \$400 (\$22/week - \$40 biweekly payroll deduct options)**

**1 Share : \$700 (\$39/week - \$70 biweekly payroll deduct options)**

Full "Meat Share" includes weekly delivery of 1 dozen farm-fresh eggs, recipes. of 5lbs of non-gmo, chemical and antibiotic free meat (beef, pork, chicken, & rabbit upon request). You must put in special request for Rabbit or Goat. These requests should be listed on your contract. Once a month, share holders will also receive 1 qt. of Maple Syrup, 1 qt. of honey, and 1 bar of goat's milk soap. 1/2 Share holders will receive the same items on a bi-weekly basis. 2019 start the 1st year of Lim Flex Beef. 3DF is only 3 farms in the start of Michigan raising this type of beef.

## "FarmShare" (18 Weeks)

**1/2 Share : \$700 (\$39/week - \$70 biweekly payroll deduct options)**

**1 Share : \$1200 (\$67/week - \$120/biweekly payroll deduct options)**

Full Share includes all items listed in the "Veggie Share", as well as, weekly delivery of 5lbs of non-gmo, chemical and antibiotic free meat (beef, pork, chicken, & rabbit upon request). These requests need to be written on your signed contract. 1/2 Share holders will receive the same items on a bi-weekly basis. 2019 start the 1st year of Lim Flex Beef. 3DF is only 3 farms in the start of Michigan raising this type of beef.

### FARM SHARE HOLDER PERKS:

-Ability to buy what is available all year long

-Free admittance to Beginning Beekeeping, Soap Making, and Beginning to Farm Classes for them and their families

### DELIVERY DATES:

June 6 — October 3. These dates are subject to change due to growing conditions. Deliveries will arrive on Thursdays around 1pm.

### SPRING/SUMMER SAMPLE:

8 Varieties of Salad Greens, Kale, Broccoli, 20 varieties of Tomatoes, Garlic, Cucumbers, Beets, Carrots, Watermelon, Eggplant, Zucchini, Rhubarb, Strawberries, Summer Squash, Corn, Herbs, Sweet Peppers, Hot Peppers, Beans, Spinach, Garlic Scapes, Fennel, Celery

### FALL SAMPLE:

Onions, 6 varieties of Winter Squash, Potatoes, Beans, Red Skin Potatoes. Cabbage, Radishes, Herbs, Shallots, Green Onion, Pumpkin, Raspberries, Apples, Kale, Carrots, Pickles

### SHARE SIZE:

Shares usually include 7-10 different veggies and fruits. Which can weigh between 5-30lbs. Amounts vary based on ripe crop size each week.