

Parsley Pesto

My favorite sauce to use on pasta, wraps, sandwiches, crackers, you name it!

In a food processor, combine:

- 1 large bunch washed fresh parsley (trim off half of the stems)
- 1/4 cup rice bran oil
- 1 cup unsalted raw cashews
- 1/4 cup water
- 1 tsp minced garlic or add more to fit your taste
- 1/4 tsp sea salt

Process in food processor until smooth and store in the refrigerator.