

Restraint Types

- **Non-Violent Restraints** are initiated to ensure the physical safety or medical treatment of a non-violent, non-self-destructive patient.
 - Examples of situations where this type of restraint may be ordered:
 - Patients who are at risk of dislodging lines, tubes, drains, or other medical equipment.
 - Patients who are at risk for significant injury due to an underlying medical condition, where other interventions have failed to protect the patient from injury.
 - Twice as Tough restraints do not imply the patient needs violent restraint orders.
- **Violent Restraints** are initiated to manage violent or self-destructive behavior that jeopardizes the immediate safety of the patient, staff, or others.
 - This type of restraint would be initiated in emergency situations only and would be used primarily for a behavioral health problem.
 - Violent restraints do not imply the patient need for Twice as Tough restraints.

Restraint Orders

1. The RN immediately contacts the provider (Physician, PA or NP) to evaluate and place the order.
 - If restraints have been applied prior to an order being obtained, due to urgent patient safety concerns, the RN describes the need for restraints, obtains the order for the specific restraint type(s) applied, and documents a Focus Note.
2. Restraints Non-Violent or Restraints Violent order entered.

Note: When entering a verbal restraint order, enter the Provider's name and Verbal Order with Read Back. **Do not use Nurse Per Protocol.**

The screenshot shows the 'Orders' section of the PowerChart interface. A search bar contains the text 'restraints'. Below the search bar, a list of restraint types is displayed, with 'Restraints Non-Violent' and 'Restraints Violent' highlighted in red. A dropdown menu is open, showing a list of specific restraint types and their associated points. The dropdown menu includes the following items: 'Wrist, soft, BILATERAL (2 pts)', 'Wrist, soft limb, LEFT (1 pt)', 'Wrist, soft limb, RIGHT (1 pt)', '4 Side Rails (1pt)', 'Mitt, LEFT (1 pt)', 'Mitt, RIGHT (1 pt)', 'Roll Belt (1 pt)', and 'Wedge cushion (1 pt)'. The 'Mitt, LEFT (1 pt)' and 'Mitt, RIGHT (1 pt)' items are highlighted in blue. A red box highlights the text 'HOLD CTRL KEY TO SELECT MULTIPLE' at the top of the dropdown menu. Below the dropdown menu, the text '*Restraint Type, Non-Violent:' is visible, followed by a dropdown menu showing 'Mitt, LEFT (1 pt) | Mitt, RIGHT ('.

- The type of restraints applied must match type of restraint ordered.
- If a different type of restraint or less restrictive type of restraint would be more appropriate for the patient than what was ordered, the following needs to occur:
 - Original restraint order needs to be discontinued via the restraint monitoring form.
 - New order must be placed (See **Restraints: Changing Device/Points for Nurses**).

Restraint Documentation

3. Once the restraint order is placed a **Restraint Initiation and Monitoring Tasks** generates to the Nurse.
 - Monitoring tasks generate depending on the restraint type:
 - Non-Violent every 4 hours.
 - Violent every 15 minutes.

Restraint Initiation

The Restraint Initiation Date/Time indicates the beginning of an episode of restraints, and it is a contributing value for calculating the length of an episode of restraints.

Restraint Initiation Date/Time: 06/20/2022 1203

Restraint Initiation Pathway

Restraint Initiation Pathway:
 Non-violent restraints
 Violent restraints
 Seclusion (ED or C1M)

System Use Only

Open Open

Please update the patient's precautions to reflect restraints by checking "restraint."

Precautions THIS visit only

<input type="checkbox"/> None	<input type="checkbox"/> Elopement	<input type="checkbox"/> no heparin/heparin products
<input type="checkbox"/> Guard at bedside	<input type="checkbox"/> fall risk	<input type="checkbox"/> Pain pump
<input type="checkbox"/> latex sensitive	<input type="checkbox"/> insulin pump	<input type="checkbox"/> radium implant
<input type="checkbox"/> odor sensitive	<input type="checkbox"/> limb alert LLE	<input checked="" type="checkbox"/> restraint
<input type="checkbox"/> aspiration precautions	<input type="checkbox"/> limb alert LUE	<input type="checkbox"/> security risk
<input type="checkbox"/> behavioral health 1:1 monitoring	<input type="checkbox"/> limb alert RLE	<input type="checkbox"/> seizure precautions
<input type="checkbox"/> behavioral health observation	<input type="checkbox"/> limb alert RUF	<input type="checkbox"/> suicide precautions

Restraint Monitoring Non-Violent Patient

Restraint Initiation Date/Time: 06/20/2022 1000 The Restraint Initiation Date/Time indicates the beginning of an episode of restraints.

Previous Fall Risk Score: Display of last charted Fall Risk Score and Braden Scale Score.

Previous Braden Scale Score:

Restraints Still Needed:
 Yes No, restraints no longer needed Changed device/points

Comment:

Go To: Focus Note Open Document in Focus Note an unanticipated condition change or a patient injury due to restraint use.

Go To: Vital Signs Open

4. The **provider is required to evaluate** the patient within:
 - 24 hours of Non-Violent restraint application.
 - 1 hour of Violent restraint application with a face-to-face assessment.
5. The **provider will be electronically alerted to renew the restraint** order. The frequency of the renewal is determined by the restraint type (and patient age for Violent restraints):
 - Non-Violent restraints renewal order is required every 72 hours but recommended each calendar day.
 - Violent restraints renewal is required with the following time frames for a maximum of 24 hours:
 - Every 4 hours for adults 18+ years of age.
 - Every 2 hours for children and adolescents 9-17 years of age.
 - Every 1 hour for children under 9 years of age.
 - After 24 hours a new order must be entered, and a provider face-to-face assessment must occur.

Note to Providers: Use the Restraint Face to Face Violent Auto Text to ensure documentation requirements are met. To access, type: `.hos/.int/.ed/.tacs/fp_restraint_violent_face_to_face`

Restraint Discontinuation for Nurses

1. Select the Restraint Monitoring (Non-Violent or Violent) form from a task or from AdHoc.

Restraint Monitoring Non-Violent Patient

Restraint Initiation Date/Time: 06/14/2022 0700. The Restraint Initiation Date/Time indicates the beginning of an episode of restraints.

Previous Fall Risk Score: [] Display of last charted Fall Risk Score and Braden Scale Score.

Previous Braden Scale Score: []

Restraints Still Needed: Yes No, restraints no longer needed Changed device/points

Restraint Discontinuation Non-Violent Patient

Discontinuation Date/Time: 06/14/2022 0930

Total Restraint Time: 150 minute(s) minutes. Automatically calculated by the system based on Restraint Initiation Date/Time and the Discontinuation Date/Time.

Discontinue Restraint Order: Yes. The restraint orders and subsequent tasks will automatically be discontinued by the system when you sign this form.

Discontinue Criteria Met:

- Urmet: Changed to a different device/points
- Patient's mental status has returned to baseline
- Patient communicating needs appropriately
- Pt not pulling at lines or hindering therapeutic modalities
- Patient at lower risk for falling

When changing device/points, obtain a new order and document a new initiation via the PAL task.

Uncheck the "restraint" option in the box below when discontinuing restraints.

Precautions (THIS visit only):

- None
- Guard at bedside
- latex sensitive
- odor sensitive
- aspiration precautions
- behavioral health 1:1 monitoring
- behavioral health close observation
- behavioral health general
- Elopement
- fall risk
- insulin pump
- limb alert LLE
- limb alert LUE
- limb alert RLE
- limb alert RUE
- neutropenic precautions
- no heparin/heparin products
- Pain pump
- radium implant
- restraint
- security risk
- seizure precautions
- suicide precautions
- swallowing precautions

Uncheck "restraint." If there are no other precautions selected, then check the "None" option.

Uncheck restraint

2. Click No, in the Restraints Still Needed field.
3. Complete the required fields.
4. Remove restraints from the Precautions field.
5. Signing the form discontinues the order and all tasks.

6. If the provider entered a Discontinue Restraint Task order, complete the task.

Restraints Discontinue Task (Chart Done) - CERNNS, ANNE

Date/Time: 06/14/2022 0946 EDT

Performed by: Mack RN, Lindsey

OK Cancel

7. *For Violent Restraints complete the Debrief task generated to the Nurses' Pal/LaunchPoint upon discontinuation.

Note: Patients who expire within 24 hours of application of restraints, or who expire while restraints are in use must be reported to risk management. CMS regulations mandate a report be submitted within 24 hours of the patient's death.