

Autumn Chopped Salad

Salad ingredients

6-8 cups chopped romaine lettuce
2 medium pears, chopped
1 cup dried cranberries
1 cup chopped pecans
8 slices natural bacon, crisp-cooked and crumbled

Dressing

1/3 cup avocado oil
3T apple cider vinegar
2T honey
1T poppy seeds