

Opioid Update:

New Legislation Impacts How Providers Can Prescribe Opioids

At the end of 2017, Michigan passed a package of bills (see side bar) aimed at reducing the opioid epidemic. This legislation was in response to an increase in heroin and prescription opioid overdose deaths in Michigan, which have doubled in the last five years.

In early 2017, Michigan re-launched MAPS (Michigan Automated Prescription System), which allows providers to see what medications have been dispensed to their patients to help better monitor prescription practices. As a result of the recent legislation, licensed prescribers are now REQUIRED (with only a few exceptions) to obtain and review a MAPS report prior to prescribing schedule 2, 3, 4, and 5 controlled substances to their patients. Licensed prescribers who don't obtain and review a MAPS report may be subject to disciplinary action.

The bills also require licensed prescribers to establish a "bona fide prescriber-patient relationship" before they can prescribe opioids. A "bona fide relationship" is defined as: "The prescriber has reviewed the patient's relevant medical records and completed a full assessment of the patient's medical history and current medical condition, including a relevant, in-person, medical evaluation of the patient."

The bills also limit the number of pills that can be dispensed to a patient with acute pain. Licensed prescribers can now only prescribe a 7-day supply within any 7-day period, and must educate patients about the dangers of opioid addiction prior to giving them a prescription. For patients who have previously overdosed, licensed prescribers must now

Opioid Legislation Enacted in December 2017

- Public Act 246 of 2017: Parental Consent for Opioid Prescription
Goes into Effect: June 1, 2018
- Public Act 247 of 2017: Bona Fide Prescriber-Patient Relationship
Goes into Effect: March 1, 2018
- Public Act 248 of 2017: Running MAPS Reports
Goes into Effect: June 1, 2018
- Public Act 249 of 2017: Penalties for Violations
 - Failure to establish bona fide prescriber-patient relationship
 - All other requirements**Goes into Effect: March 1, 2018 - June 1, 2018**
- Public Act 250 of 2017: Post Overdose Patient Education
Goes into Effect: March 28, 2018
- Public Act 251 of 2017: Prescriber Limits for Opioids
Goes into Effect: July 1, 2018
- Public Act 252 of 2017: MAPS Reporting Requirement
Goes into Effect: N/A
- Public Act 253 of 2017: Medicaid Beneficiaries Opioid Treatment Options
Goes into Effect: N/A

obtain acknowledgment that the patient received information about substance abuse treatment services.

Munson Healthcare has a lot to do before this legislation goes into effect and a short time frame in which to get it done. A few things that we know need to happen are:

- Educate medical staff on new legislation
- Educate medical staff on revised MAPS system
- Ensure that ALL licensed prescribers are REGISTERED in MAPS and know how to use it
- Standardize forms and processes

To help develop and implement the changes required by these new laws, Munson Healthcare has launched the new Munson Healthcare Pharmacy & Therapeutics (P&T) Committee, a multidisciplinary team, to take a more systemic approach to pain

management, appropriate use of opioids, substance abuse, and addiction through the lens of continuum of care and the context of each community involved.

With funding from the State of Michigan, Munson Healthcare will also be integrating MAPS into Cerner so that providers with Cerner access (either inpatient or ambulatory) can easily review MAPS scores from within a patient's electronic health record.

We will all need to work together preparing for these new requirements. Look for more opioid updates, in The Pulse and FLASH Pulse.

For more information on this legislation:

- Michigan Health & Hospital Association: mha.org/Issues-Advocacy/Opioid-Epidemic
- Michigan State Medical Society: msms.org

Thomas Judd Care Center Offers HIV Prevention Clinic

The Thomas Judd Care Center now offers northern Michigan residents a PrEVENT clinic to provide medications to help prevent the spread of HIV in the region.

PrEVENT

Northern Michigan's
PrEP Clinic

TJCC Clinic Manager David Rushlow said the clinic is the only one in northern Michigan and initiates PrEP (pre-exposure prophylaxis) with the medication Truvada to stop HIV from replicating and starting an infection.

"PrEP is a beneficial medication that has the potential to change the course of HIV in our community," he said.

"Northern Michigan residents now have access to this preventive treatment, as well as all the resources available through the clinic. It's a step in the right direction for the health of the region."

To be effective, medications prescribed by the clinic must be taken every day. PrEP is covered by most insurance plans, including Medicaid and Medicare.

Thomas Judd meets primary care needs for HIV and AIDS patients through medical case management, mental health and substance abuse counseling, free HIV testing, and more. For more information on the PrEVENT clinic, go to munsonhealthcare.org/prevent.