

# the Pulse

February 2018

News for Munson Healthcare Paul Oliver Memorial Hospital Medical Staff

## Paul Oliver Memorial Hospital is Committed to Our Communities

With every new year comes a renewed commitment by many of us to improve our health. Whether we want to lose weight, increase our physical activity, quit smoking, or make other positive lifestyle changes, improving our health is one of our major goals.

In collaboration with the Munson Healthcare system and community health care providers, Paul Oliver Memorial Hospital (POMH) performed Community Health Needs Assessments in 2013 and 2016 to better understand the health status of people in our community. The

goal was to pinpoint the most pressing health issues in our communities and determine what more can be done to improve the health of the people we serve.

The 2016 Community Health Needs Assessment identified seven areas of focus:

1. Improve access to high-quality medical services in our community
2. Achieve and maintain a healthy weight for all of our neighbors
3. Prevent and manage diabetes
4. Improve substance abuse treatment and prevention services

5. Expand access to behavioral health services
6. Ensure healthy pregnancies and improve the health of mothers and children
7. Increase the affordability and utilization of healthy foods

Your friends and neighbors at POMH, along with other organizations in our area, are working hard to address these and other needs in our community. Why? Because the health and wellbeing of our patients are priorities to us. With this new year, POMH is renewing its commitment to improving the

health of our community. As part of our commitment, we recently launched a monthly column for the Benzie Record Patriot, "POMH: Committed to Communities." This column will be focused on programs and services that are available in our area to help your patients achieve their personal health goals, and to improve the overall health of our community. We encourage you to please share this column with your patients.

Our wish for you and your patients is a healthier 2018, and we look forward to partnering with you to make that happen.

## Betsie Hosick Health and Fitness Center: Choose to Be Well

Munson Healthcare Paul Oliver is dedicated to helping community members take small steps towards improved wellness. No matter what your patient's age or fitness level, the Betsie Hosick Health and Fitness Center has a class for them.

For less than \$1 a day, patients can invest in themselves and begin taking steps toward their health and wellness goals. All

memberships include unlimited free fitness classes.

In addition to our regularly scheduled daytime classes, expanded evening offerings include bootcamps, yoga, Pilates, and Zumba. Every Monday evening, we encourage patients to bring their kids along for free youth yoga at 5:30 pm.

A service of Paul Oliver Memorial Hospital, we provide

Benzie County residents access to great fitness equipment including circuit equipment, cardio equipment, and a well-stocked free-weight room. We also have a basketball court, racquetball court, and aerobic room.

For more information including membership rates and a listing of upcoming classes: [munsonhealthcare.org/betsiehosickhealthandfitnesscenter](http://munsonhealthcare.org/betsiehosickhealthandfitnesscenter)

### Location

Betsie Hosick Health and Fitness Center  
102 Airport Rd.  
Frankfort, MI 49635  
231-352-9661 phone  
[bhhfc@mhc.net](mailto:bhhfc@mhc.net)

### Hours

Monday - Friday, 6 am - 8 pm  
Saturday/Sunday, 8 am - 3 pm

# Pharmacy Services Expanding in Empire

*Munson Healthcare Empire Pharmacy is expanding its services.*

## Services:

- Prescriptions
- Affordable, over-the-counter medications
- Medical and surgical supplies
- Computerized drug interaction screenings
- Consultations and medication education for your patients

## Coming soon:

- Medication therapy management
- Immunizations

The pharmacy accepts most major insurance plans, including Medicare.

Empire Pharmacy is located within the Munson Healthcare Empire Community Health Center and is a service of Paul Oliver Memorial Hospital. In addition to the pharmacy, the MHC Empire Community Health Center also provides primary care, convenient lab hours, and physical and occupational therapy services. The center provides access to quality health care in Empire, Glen Arbor, Leland, Maple City, Honor, and surrounding communities.

## Location

Munson Healthcare Empire Pharmacy  
9975 W. Ottawa Ave.  
Empire, MI 49630  
231-213-1115 phone  
231-326-0031 fax  
[munsonhealthcare.org/empirepharmacy](http://munsonhealthcare.org/empirepharmacy)

## Hours

Monday - Friday: 9 am - 5 pm  
Saturday: 9 am - 1 pm  
Closed Sundays and holidays



# Paul Oliver Memorial Hospital Receives Performance Award

*“At Paul Oliver we focus on bringing quality care close to home and this award is a reflection of our ongoing commitment to this mission.”*



Paul Oliver Memorial Hospital in Frankfort recently received national recognition for excellence in health care quality for the second year in a row.

The Chartis Center for Rural Health/iVantage Health Analytics and the National Organization of State Offices of Rural Health recognized the hospital along with 14 others in

the state with its “Performance Leadership Award” for 2017. Rankings are determined through a data-driven program designed to identify excellence across a broad spectrum of indicators relevant to hospital performance and patient care using public data sources.

“We’re proud to be recognized as one of 15 top performing rural hospitals across the state,” said Peter Marinoff, president of Paul Oliver Memorial Hospital. “At Paul Oliver we focus on bringing quality care close to home and this award is a reflection of our ongoing commitment to this mission.”

Paul Oliver’s Emergency Department is staffed 24 hours a day, seven days a week with highly trained, experienced ER providers and nurses. Advanced Trauma Life Support education and close connections with Munson Medical Center specialists helps Paul Oliver to provide high quality care to the community. The department typically sees over 5,000 patients each year.

“High quality, safe care doesn’t happen by accident,” Marinoff said. “I’m thankful for our staff and providers who are deeply committed to making these values a part of our everyday culture.”

## Munson Healthcare Paul Oliver Memorial Hospital Contacts

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