



Munson Healthcare Hospice

Spring 2024 Grief Support Schedule

ON-GOING GRIEF SUPPORT GROUPS			
Cadillac	New location and time to be determined.		Will resume April 2024
	Please call Lori Smith at 231-510-5523 for details if you are interested.		
Houghton Lake	Houghton Lake Senior Center	2625 Town Line Rd. Houghton Lake	Every second and fourth Monday at 11:00am
	Please RSVP with Lonnie Wilkerson by calling 800-252-2065		
Manistee	Manistee Senior Center	260 St. Mary S. Parkway, Manistee	First Thursday of every month at 11:00am in the library
	Please RSVP with Doug Klee by calling 970-388-3114		
Traverse City	Hospice House	450 Brook St., Traverse City	Every Tuesday at 11:00am
	Please RSVP with Erin Gray by calling 231-935-2053		
Traverse City	Grief Recovery Office	955 E. Eighth St. Suite 2B, Traverse City	Every Saturday at 10:00am
	Please RSVP with Sharon Neumann by calling 231-633-8384		
Virtual	Zoom Grief Support Group	Every Thursday at 10:00am	Sharon Neumann (sneumann@mhc.net)
Virtual	Zoom Grief Support Group	Every Friday at 10:30am	Karen Henderlong (khenderlong@mhc.net)
Please email HospiceBereavement@mhc.net for more information and links to our virtual support groups			
SCHEDULED CLASSES			
Virtual	Understanding Your Grief	Every Wednesday: April 10th - June 12th	5:30pm-7:30pm
	Grief Recovery (limit 10 participants)	Every Thursday: April 11th - June 13th	3:00pm-5:00pm
In-Person <i>Traverse City</i>	Understanding Your Grief	Every Wednesday: April 10th - June 12th	3:00pm-5:00pm
	Grief Recovery (limit 10 participants)	Every Thursday: April 11th - June 13th	5:30pm-7:30pm
Please contact Sharon Neumann at 231-633-8384 or sneumann@mhc.net to register for a class. Dates and times are subject to change depending number of participants for each class.			

Please RSVP with the leader prior to attending. Schedule subject to change depending on the number of participants in each group. In-person groups are canceled if school is cancelled due to snow.

For more information on any of our groups or grief support services, call 800-252-2065 or email: HospiceBereavement@mhc.net

Schedule Valid Through June 30th, 2024