

Cerner PowerChart and FirstNet EDUCATION

Violent Restraint Initiation Guidelines

- A restraint is used only as a **last resort** and when the patient's behavior presents an immediate danger to the safety of the patient, other patients, or staff. Type of restraint/seclusion will be the least restrictive intervention to protect the patient, a staff member, or others from harm.
- Violent Restraints: Used only in situations where the patient's behavior becomes <u>self-destructive</u>, violent, aggressive, or assaultive and presents an immediate danger to the safety of the patient, other patients, or staff.

With the initiation of Violent Restraints, the Provider must:

• Evaluate the patient within one hour of initial **Violent Restraint** application with a face-to-face assessment.

In an emergent situation, a **Registered Nurse** (RN) may initiate intervention of **Violent Restraints**. During or immediately after (within minutes) the RN must:

- Contact the Provider.
- Describe the need for restraints and obtain the order for the specific restraint type applied.
- Document a Focus Note.

Violent Restraint Initiation

1. Enter Restraints in the Order Search window. Select:

🚽 🔮 High Alert Restraints Violent

a. Reference text available. **Note**: Links to MHC Policy.



- 2. Enter the Provider's name.
 - a. Sign using: Verbal Order with Read Back.
 - **Do not use** per Protocol/Policy/Existing Order.
 - b. Click: OK.

	iuni		
Order			
Proposal *Physician name	_		
Test MD, Physician	2		٩,
*Order Date/Time	· ·		
05/03/2024		1055	📄 FDT
*Communication ty	pe	DO NO	TUSE
Per Protocol/Pol	licy/Exis	iting On	ter
Cosign Require	d		
Verbal Order wit	th Read	Back	a
Written			
Proposed Order			
b	0	К	Cancel



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Violent Restraint Initiation continued

 A High Alert reminder will fire indicating the face-to-face requirements for Provider. Select: Continue.

Restraints \	/iolent					
NON-Behavio one hour of in Restraints.	ral Health Ui itial restraint	nit Patients: A initiation and	A face to fa every 24 f	ace visit M hours there	UST be comp after if still in ^v	oleted within √iolent
Behavioral He by a Physiciar expiration of t	ealth Unit Pai n or PA within he order if co	tients Only: A n one hour of intinued use	Face to F frestraint in of restraint	ace Asses hitiation AN is is clinica	sment MUST ID 30 minutes Ily indicated.	be completed prior to

- 4. **Restraint Device Type** selected **must** match the order and fit the circumstances documented.
 - a. Hold CTRL to select multiple restraint devices.
 - b. Sign.

			a	HOLD CTRL KEY TO SELECT MULTIPLE
				Mitt, RIGHT
∠ Patient Care				Mitt, BILATERAL
🛛 📾 🗙 🛛 🥙 Restraints Violent	Order	5/18/2024 5:08 EDT	5/18/2024 5:08 EDT	Alarm Belt (Pt unable to self remove)
				Wrist, soft limb, LEFT
Destada Mistada				Wrist, soft limb, RIGHT
				Wrist, soft limb, BILATERAL
Diagnoses				Wrist, Twice-as-Tough, LEFT
				Wrist, Twice-as-Tough, RIGHT
🛨 🐀 h. 🛛 🖳 🔛				Wrist, Twice-as-Tough, BILATERAL
				Physical Hold 🗸 🗸
*Start Date/Time: 05/18/2024 • 0508	EDT	r 🏉	*Restraint Type, Violent:	·
				b Sign

- 5. In CareCompass, LaunchPoint, and PowerChart Maternity Tracking Board, select: Restraint Initiation Task (Violent).
 - a. Click: Document.





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Violent Restraint Initiation continued

- 6. **Restraint Initiation Task (Violent)** will open in Interactive View (IView).
 - a. Create a Dynamic group, address all yellow fields.
 - b. Select: OK.

Note: Restraint Device documentation in Dynamic Group must match the Provider's Order.

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Restraint Initiation Task (Violent)
⊿ Restraint Initiation Task (Violent) a
P Dynamic Group - PASMUNSON, KAITLYN - MM0004816
Label:
<restraint date="" start="" time=""><restraint type=""><restraint devic<="" td=""></restraint></restraint></restraint>
Restraint Start Date/Time
//****
Restraint Type
NonViolent
Violent
Seclusion (BH Unit ONLY)
Restraint Device
Mitt, LEFT
Mitt, RIGHT
Mitt, BILATERAL
Alarm Belt (Patient unable to self remove)
Wrist, soft limb, LEFT
Wrist, seft limb, RIGHT
Ankle, soft limb, LEFT
Ankle soft limb, BILATERAL
Ankle Twice-as-Tough LEFT
Ankle Twice-as-Tough RIGHT
Ankle, Twice-as-Tough, BILATERAL
4 Side Rails
Restraint chair
D OK Cancel

7. Select: Initiate episode.

- a. Address all yellow fields.
- b. Sign.

Restraint Initiation Task (Violent)	
⊿ Restraint Initiation Task (Violent)	
⊿ <5/17/2024 6:30 Violent Wrist, Twice-as-Tough, BILATERAL http://www.astron.com/ 2	
*Restraint Activity Type	Initiate episode
*Restraint Alternatives Attempted	\diamond
*Restraint for Violent Behavior Reason	\diamond
♦ *Violent Restraint Goals	\diamond
♦ *Violent Restraint Interventions	\diamond
*CG/Guardian Notified, Restraint Episode	\diamond
*Reviewed Restraint DC Criteria w Patient	\diamond



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Violent Restraint Initiation continued

8. Document the Restraint Patient Care Plan (Violent) Task every 15 minutes.

*** Document all Restraint Activity using scheduled Tasks. ***

a. If **no changes** in restraint device are made, select: **Continue restraint, same episode**.

Restraint Care Plan Task (NonViolent)				
⊿ Restraint Care Plan Task (NonViolent)				
△ 5/19/2024 16:32 NonViolent Wrist, soft limb, BILATE	RAL 🔽			
*Restraint Activity Type	Restraint Activity Type	>		
*Restraint for NonViolent Behavior Reason	Initiate episode			
*Evaluation of Status in Restraints	Continue restraint, same episode			
♦ *Restraint ROM	Change Device (inactivate Dynamic Group)			
*Restraint Nutrition/Hydration	Discontinue episode (inactivate Dynamic Grou	Discontinue episode (inactivate Dynamic Group)		
♦ *Restraint Elimination	♦			
♦ *Restraint Oral Care	♦			
♦ *Restraint Hygiene Care	♦			
♦ *Restraint Linen Change				
♦ *Restraint Perineal Care	b ♦			
*Interventions to Promote Restraint D/C	◆			
♦ *Release Criteria Restraint, NonViolent	♦			
♦ *NonViolent Restraint Goals	♦			
*NonViolent Restraint Interventions	♦			
*Educate Family/Patient Restr DC Criteria	♦			

Note: Add restraints to Patient Care Alerts.

Violent Restraint Change Device

- 1. Select current Restraint Care Plan Task (Violent).
 - a. Click: Document.

b. Address all

c. Sign.

yellow fields.

- 2. Select: Change Device (inactivate Dynamic Group).
 - a. Sign.
 - b. Right click on title, select: Inactivate.
 - c. Sign.
- 3. Continue with previous steps 1-7 to complete a new Restraints Order with updated device type.





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Violent Restraints for Nurses

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Violent Restraint Discontinuation Guidelines

Violent Restraint Discontinue Note: Restraint should be discontinued at the earliest possible time, regardless of the length of time identified in the order. Discontinuation is based on the assessment of the RN or Provider caring for the patient.

If restraint is discontinued and the patient later demonstrates behavior requiring restraints, a new order from a Provider must be obtained.

△ 5/18/2024 9:17 Violent Wrist, soft limb, BILATERAL

When restraints are discontinued, documentation should be completed by the RN.

Restraint Care Plan Task (Violent)

*Restraint Activity Type

Restraint Care Plan Task (Violent)

Violent Restraint Discontinue

- 1. Select the most current Restraint Care Plan Task (Violent).
 - a. Select: Discontinue episode (inactivate Dynamic Group).
 - b. Sign.
 - c. Right click on title, select: **Inactivate**.
 - d. Sign.

Note: Remove restraints from Patient Care Alerts.

Activate

Inactivate

Unchart...

Restraints Discontinue Task

- 1. Select: **Restraints Discontinue Task** when documentation has been completed in IView and Dynamic Group has been inactivated.
 - a. Select: Done.

Violent Restraint Debrief Task

- 1. Select: Violent Restraint Debrief Task.
 - a. Click: Document.
- 2. Complete all yellow fields.
 - a. Note: Reference text available.
 - b. Sign.

Circumstances, Restraints Reference Text	23 EDT	14:00 - 14:59 EDT	
Violent Restraint Debrief Task	<u>لا</u>		
⊿ Violent Restraint Debrief Task	$\overline{}$		
*Use Circumstances, Restraints			~
*Future Treatment Plan, Restraint Debrief			
*Patient Needs/Rights, Restraint Debrief			\sim
*Trauma Counsel, Restraint Debrief			
*Trauma Counsel Detail, Restraint Debrief			
*Modify Plan of Care, Restraint Debrief			

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Initiate episode

*Restraint Activity Type

Continue restraint, same episode Change Device (inactivate Dynamic Group)

Discontinue episode (inactivate Dynamic Group)



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Obtain Violent Restraint Order Task

The **Obtain Violent Restraint Order Task** frequency fires based on the patient's age.

Restraint Type	Provider Evaluation & Documentation	New Restraint Order	
Violent	A Face-to-Face Assessment required within 1 hour of Restraint Application. After 24 hours,	18 y/o and older	Every 4 hours
	<i>before</i> entering a new order, a provider must see, assess, and document a Face-to-Face	9-17 y/o	Every 2 hours
	assessment.	Under 9 y/o	Every 1 hour
	BH Unit Only: A Face-to-Face Assessment MUST be completed by a Physician or PA within one hour of restraint initiation.		
	Continued use of Violent Restraints BH Unit Only:		
	A Face-to-Face Assessment MUST be completed 30 minutes prior to expiration of the order if continued use of restraints is clinically indicated.		
	Note : A Nurse Practitioner cannot order restraints or complete Face to Face Evaluation.		

1. Select: Obtain Violent Restraint Order Task.

- a. Click: Document.
- b. Complete all yellow fields.
- c. Sign.

Violent Restraint Order Task			
Violent Restraint Order Task			
*Provider Notified		1	9
*Time Provider Notified			
Notification Response Comments	<u> </u>		