



RECOVERYSM PROGRAM POST COVID-19 OUTPATIENT REHABILITATION

No matter the COVID-19 path your patient has traveled, we're ready to help with everything from a short round of physical therapy to extensive rehabilitation.

ELIGIBILITY

Services are available for adults and children recovering from COVID-19. This includes those affected by persistent symptoms that last weeks or months after the infection has cleared – a group widely known as “long-haulers.”

SYMPTOMS

We're treating the unique needs of patients with an array of COVID-19 symptoms:

Physical

- Chronic pain
- Deconditioning
- Dysphagia
- Fatigue
- Muscle and joint aches or pain
- Rapid heartbeat
- Respiratory problems
- Sleep issues
- Stroke related to COVID-19

Neurological

- Headaches
- Loss of smell or taste
- Memory difficulties and “brain fog”

Psychological

- Anxiety
- Depression

TREATMENT

Our multidisciplinary ReCOVeRySM teams are led by clinicians focusing on COVID-19 research and treatment.

Depending on your patient's needs, our teams include physical and occupational therapists, speech-language pathologists, respiratory therapists, psychologists, pain rehabilitation specialists and nutritionists.

ReCOVeRySM Supportive Treatment Group

COVID-19 can take a toll not only physically but also emotionally, mentally and socially. Our supportive treatment group is facilitated by a health psychologist trained in managing chronic conditions.

Your patient receives mental health support, education on symptom management and coping skills development.

REFERRALS

**Mary Free Bed
Rehabilitation Hospital**
235 Wealthy St. SE
Grand Rapids, MI 49503
P: 616.840.8005
F: 616.840.9642

**Mary Free Bed at Cancer
& Hematology Centers of
Western Michigan - East**
5800 Foremost Drive SE
Grand Rapids, MI 49546
P: 616.949.3583
F: 616.840.9697

**Mary Free Bed Kalamazoo
Southwest**
7125 Stadium Drive
Kalamazoo, MI 49009
P: 269.492.6575
F: 269.492.6577

Mary Free Bed Holland
3290 N. Wellness Drive,
Building D, Suite 150
Holland, MI 49424
P: 616.294.4066
F: 616.994.6062

**Mary Free Bed at Cancer &
Hematology Centers of West
Michigan - Muskegon**
6425 S. Harvey St.
Norton Shores, MI 49444
P: 231.798.4866
F: 231.798.6391

**Mary Free Bed at Munson
Healthcare - Long Lake**
5191 Rosewood Drive
Traverse City, MI 49685
P: 231.946.1979
F: 231.946.1984

You also may use **MiHIN**.

Virtual Services

We're also providing treatment virtually throughout Michigan. Just call 616.840.8005 or 800.668.6001.