Surgical Services

Your Guide to Outpatient Surgery

Ear, Nose, and Throat
- H. Borovik, MD
  - Tonsils, Tubes

Endoscopy
- Colonoscopy
- Upper Endoscopy

Eye Surgery
- Cataract
- Eyelid Surgery
- K. Gum, MD

General Surgery
- Biopsy
- Hernia
- Lumpectomy
- M. Vanderkolk, MD, FACS
- J. P. Milliken, MD
- R. Dotterer, MD

Gynecologic Surgery
- Ablation
- Diagnostic
- Laparoscopic Surgery
- Tubal Ligation
- Urinary Incontinence
- W. Nowak, DO

Orthopedic Surgery
- Carpal Tunnel
- Minor Fractures
- Trigger Finger
- Knee Arthroscopy
- S. Groseclose, MD

Podiatry
- Bunionectomy
- Foot Surgery
- R. Olm, DPM

Appointment Information

Date: __________________________

We will call you with the arrival time prior to your procedure.

If you cannot keep your appointment, please call Central Scheduling at (231) 258-7533. You may arrange another appointment at that time.

Please bring a current list of medications to your appointment.

Kalkaska Memorial Health Center
419 S. Coral St.
Kalkaska, MI 49646
(231) 258-3639
Hours: Monday - Friday, 8 am - 4 pm
munsonhealthcare.org
Day of Your Procedure

Go to Outpatient Services Registration at:

Kalkaska Memorial Health Center
419 S. Coral Street
Kalkaska, MI 49646

Please park and enter at the north entrance of the Outpatient Services building. After you register at the reception desk on the main floor, you will be directed to the Surgical Procedures Suite on the second floor.

Bring the COMPLETED Outpatient Health History form with all medications listed. Dress casually in comfortable clothing. Leave your valuables and jewelry at home. Please do not wear perfumes, lotions, or any fragrances.

Bring your necessary insurance information with you, including any arrangements made through the patient financial counselor.

Be sure your driver accompanies you on the day of your procedure. Your driver must stay at the hospital while you are in the Medical Procedure Room. Your driver may wait in the waiting room near the Medical Procedure Room.

Your physician will talk to you before you leave. We recommend that your driver listens to what the physician tells you because you may not remember due to the medications you received.

Things to Remember

1. Do not drink or eat anything after midnight before the procedure.
2. Have someone else drive you because you will be sedated. Please arrive promptly.
3. Be certain you have discussed whether or not to take any prescription or over-the-counter medications you may be presently taking.
5. Leave jewelry, earrings, and other piercings at home.
6. Please shower with surgical soap before arrival.
7. It is okay to wear deodorant unless directed otherwise.
8. Most procedures do not require removal of dentures.
9. A responsible adult must be present during the entire time a minor child is undergoing surgery.

Before Your Procedure

- Complete the Outpatient Health History form. A nurse will call you to discuss your health history. This call will take about 20-30 minutes. During this time, the nurse will complete a health assessment, including medical history and a review of the medications you are taking.
- Prior to your procedure, talk with your physician about any prescription or over-the-counter medications you are taking.
- Follow the instructions your physician gave you about preparing for your procedure.
- You will be sedated and unable to drive. Arrange to have someone drive you home. Without a driver, your procedure will be canceled and rescheduled.
- Do not eat or drink anything after midnight on the day of your procedure unless instructed differently by your physician.
- Review your pre-procedure instructions to be sure your preparation is complete.
- If you have any questions or are unable to keep your appointment, please call your physician’s office as soon as possible.

After Your Procedure

Plan on a day of rest at home. Having a support person available during the first 24 hours is highly recommended.

Follow the written discharge instructions provided to you by the Medical Procedure Room nurse.

If you have questions or concerns after your procedure, please contact your physician. In an emergency, please come to the Emergency Department.

The Medical Procedure Room Staff hopes this information will be helpful to you as you prepare for your procedure and a resource to you following your procedure.

Call us with questions or concerns at (231) 258-3639. If no answer, please leave a message with your name and the best phone number and time to contact you.